

i-CARE

1st Quarter 2010

AN EYE OPENING TALE



5 year old Arif Ismatullah



Arif's surgery being performed.



Arif enjoying toys after surgery.

Ismatullah of Qilla Abdullah-Gulistan, together with his brother supplied Electronic items to Quetta. One day while on duty, Ismatullah received a call from a relative that his 5 year old son Arif got severely burnt when he touched a transformer, causing electric shock and fire which engulfed him. Panicked that he was, he rushed to his village but due to road closure he had no choice but to reach the village on foot, which took him 2 days. Upon arriving he found out that the boy had severe injuries and his treatment was not possible in the village and needed to be taken to Quetta. Ismatullah spent all his savings and admitted his son into a hospital where he stayed for 2 months undergoing various treatments. During this period, Ismatullah went through the toughest phase of his life, he had to borrow money from his family and villagers; living under a parking shed and sometimes under the open sky outside the hospital. He had to pacify his terribly upset wife, and Ismatullah admits that he too was reduced to tears several times. After two months the doctors advised him to take his son home as he could not be treated further. The parents took him home, very upset seeing their son's condition, his chin rested on his chest and his burns had fused his neck to his chin. To top it all Arif was tormented by some of the other children.

Life was already miserable but the last straw was on the day when Ismatullah found out that his son could not see. This was the reason why he used to sit at one place all day long.

He immediately took Arif to the Government hospital where he found out that due to the electric shock, Arif's both eyes had developed cataract. Determined that he was, he took his son to various hospitals but all doctors refused to guarantee a successful operation. He was advised to take his son to Karachi or Lahore where the surgery alone would cost more than Rs. 50,000. Upon hearing this Ismatullah lost hope and brought his son back home hoping for a miracle to happen. Probably it was his prayers that changed his son's fate. Amongst the many villagers who came to see Arif's condition, there was an old man who upon finding out about Arif's blindness told Ismatullah about a free eye hospital in Quetta on Sariab Road. Although not too optimistic, Ismatullah took Arif to LRBT Free Eye Hospital praying throughout for a free treatment as he had absolutely no money to pay. When he reached there, he was surprised to see that the hospital was actually free. He thought the staff must have pitied his condition and for sure they will charge for the surgery but was told that surgeries on Arif's eyes will be performed absolutely free and he will also be given free medication. This left Ismatullah dumbfounded. On the day of surgery, the anaesthetist upon seeing his joined chin and



AN EYE OPENING TALE

neck said that it would be very difficult to give him anaesthesia but promised he would design the tube in a way that the surgery can be performed. When his son recovered after the operation, Ismatullah could not believe his eyes - when Arif looked at him and 'smiled'. Ismatullah tells every one, "It was the most precious moment of my life as I could tell from the smile that the operation had been successful", and his son could see again. Arif now plays with toys like normal children. His parents say that they are deeply indebted to the entire hospital staff for their kindness and generosity. Ismatullah says he will always pray for LRBT, their staff and above all donors who made this miracle possible. He also appeals to all parents to keep their children away from dangerous objects.

LRBT SCHOOLS CAMPAIGN "CHANGE A LIFE"

Imagine for a moment that you are blind. Close your eyes and try to navigate around your room. This will give you an idea about how helpless a blind person feels and how dark and hopeless his/her life is. By communicating this message, LRBT has recently launched a campaign in the schools of Karachi which will help inculcate the importance of social responsibility in our young leaders.

Students are encouraged to help LRBT in our fight against blindness amongst 'Children'. By adopting blind children, these students will become agents of change and give the blind children the most precious gift of sight.

The campaign is being supported by DHA schools and we are grateful to DHA Education Directorate for all their support.

If you can help in adding more schools to our schools' campaign please contact us at: lrbt@cyber.net.pk

Change
a life

Donate Rs. 5615/- to help a child see.

Millions of children in Pakistan suffer from blindness and vision impairment. Your support will restore a child's vision and plant hope for a better tomorrow.

LRBT
FREE EYE CARE

Log onto www.lrbt.org.pk

Treating 36% of all eye patients in Pakistan

OCULOPLASTIC & STRABISMUS PROCEDURES

LRBT Lahore and Korangi (Karachi) Hospitals are the only eye hospitals in Pakistan where Oculoplastic & Strabismus procedures are being carried out absolutely free of any cost. Dr. Sameera Irfan of Lahore Hospital is a specialist in this field and has performed 239 operations on voluntary basis including Strabismus, Ptosis, Eye Lid Reconstruction/ Tumor Excision, Enucleation and Orbital Implant, management of Entropion and Ectropion. During the reported period she has performed 88 surgeries.

REMEMBERING CHRIS ABBAS – THE LADY WHO DONATED HER EYES TO 17 YEAR OLD INZEMAN



MRS. CHRIS ABBAS WAS A LEGENDARY LADY, AN INSPIRATION FOR ALL. BELOW ARE THE EXCERPTS FROM AN ARTICLE “REMEMBERING CHRIS ABBAS” PUBLISHED IN DAWN NEWSPAPER ON FEB 17, 2010

“So it was not at all unexpected that Chris Abbas willed her corneas for transplantation. “After she breathed her last, we informed her doctor at the Layton Rehmatullah Benevolent Trust Eye Hospital. He arrived without delay. He removed her corneas and it was a job very neatly done. The procedure took less than five minutes and there were no tell-tale marks left behind,” Mariam told me while recounting her mother’s obsession with the idea of donating her eyes to someone who was sightless”.

Corneal donation carries no such constraint as anyone with corneas in good shape can become a donor. That is how Chris Abbas presented the precious gift of sight to Inzeman, a young lad of 17 who lives in Baldia. Suffering from Corneal Opacity, the boy had to leave school due to his failing vision. A bleak future awaited him. Today he can see clearly and plans to return to school next term. Inzeman and his family talk fondly and gratefully of the benefactor they never knew but who gave the youth the sight he needed to start life afresh.

Chris Abbas’s fervent desire to be remembered after death has come true. Today a part of her lives on in Inzeman’s eyes to derive joy from the rich colours of the sunset and sunrise, the blooming flowers and the clouds she wrote about. It certainly gives a good feeling when one is not so ‘possessive’ about one’s body, as Chris had described Pakistanis as being.

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CONGRATULATIONS!

We extend our heartiest felicitations to the following for being successful in their examinations:

FCPS - II

- Dr. Muhammad Azam – Korangi Hospital
- Dr. Moazzam Babar – Lahore Hospital
- Dr. Baber Attique Malik – Lahore Hospital
- Dr. Jawad Bin Yamin Butt – Lahore Hospital

EYE CARE TRAINING PROGRAMS

- Dr. M. Afzal & Dr. M. Fayyaz attended Micro Surgical Training Programme at our Lahore Hospital.
- Dr. Syeda Aisha Bokhari and Dr. Zafar Taj from our Korangi Hospital attended a two week short course for FCPS-II Residents in Community Ophthalmology at CPSP Karachi from March 8 ~ 20, 2010.
- 7 OT Technicians from various hospitals attended a four week refresher course at Korangi Hospital in January 2010.
- Two candidates one each from Korangi and Gambat Hospitals are undergoing B.Sc. Vision Science Course with Allama Iqbal Open University.
- 4 candidates from various hospitals are undergoing one year Ophthalmic Technician Course with ISRA University for the year 2009-10.
- 5 candidates from various hospitals are undergoing one year Ophthalmic Technician Course with College of Ophthalmology & Allied Vision Sciences COAVS Lahore for the year 2009-10.

WORKSHOPS / CONFERENCES

Conference / Workshop	Held On	Location	Attended by
Ophthalmology Conference 2010	Jan 01~03, 2010	Lahore	Dr. Khalid M. Ashraf Dr. M. Hasnain Dr. Abdul Hameed Dr. Shahid Hamid
Launching Ceremony of National Glaucoma Awareness Campaign	Jan 29, 2010	Islamabad	Mr. M. Sharif Lillah Chief Operating Officer
Karophth Conference	Feb 13, 2010	Karachi	Dr. Z.A. Qazi Dr. Khurram Azam Mirza

- Dr. Khalid Masood Ashraf of our Mandra Hospital, presented a paper on "Phaco in Phacomorphic Glaucoma" and participated in a symposium on Cataract Surgery in Ophthalmology Conference 2010.
- Dr. Behrul Amin from Akora Khattak, Dr. Adil Nawaz Khan, Dr. Washoo Mal and Dr. Abdul Samad Khan from Korangi Hospital attended skill development workshops at CPSP Karachi.

COPING WITH THE EVER-GROWING PATIENT VOLUME

To serve the growing number of patients each year, LRBT is progressively expanding facilities at its hospitals:

Gambat (Khairpur) Hospital Expansion

Mr. Justice (R) Shamim Ahmed Sarwana has arranged donations of Rs. 2.5 million for the expansion of Operation Theatre and procurement of a generator at our Gambat Hospital. The generator has been procured and installed. The expansion work is in progress and expected to be completed by August 2010.





Korangi Hospital (Karachi) - New OPD Complex

Construction of the new OPD wing (covered area 14,000 sq.ft.) consisting of patients' waiting area, lecture hall, screening rooms and consultants' rooms is in progress and scheduled to be completed by June 2010. The project is being funded by the Bhaimia family.

REACHING THE UNREACHABLE

- Dr. Saleem Akhtar (Ophthalmologist Lahore Hospital) visited 5 schools under LRBT's School Screening Programme.

Free Eye Screening Camps in collaboration with DHQ Sibi, CMH Sibi

Free Eye Screening Camp at the Sibi Mela was held from March 1~7, 2010 in collaboration with District Head Quarters Sibi and CMH Sibi. A Total of 907 patients were examined, out of which 568 were medicated, 412 were refracted and 51 were referred to LRBT Hospital for detailed examination and or surgeries.



Free Eye Screening Camps in collaboration with Bolan Scout Muslim Bagh

Free Eye Screening Camp was held in Muslim Bagh (District Sibi) in collaboration with Bolan Scouts, Muslim Bagh. A total of 716 patients were examined, out of which 540 were medicated, 287 were refracted and 104 were referred to LRBT Hospital for detailed examination and or surgery.

Some more Free Eye Screening Camps were conducted in different areas including Civil Hospital Badin (Tando Bago), Much Jail (Quetta), AES Lal Pir Camp (Multan), Noor Pur Thal & Khushab (Shahpur Saddar) - where a total of 2,531 patients were screened, 1,597 were medicated, 790 refracted and 572 referred to our nearest hospital for detail examination and surgeries.

SEEING IS BELIEVING – VISITS TO LRBT HOSPITAL

Mr. Marcus Bailey – Standard Chartered Bank’s Regional Head of Corporate Affairs-Middle East, North Africa & Pakistan visited LRBT Korangi (Karachi) Hospital on February 22, 2010.

- The following visited LRBT, Lahore Hospital:
 - o A team from Punjab TV visited on March 18, 2010.
 - o A team from CNBC TV channel visited on March 20, 2010.
 - o Mr. Bilal Hayee, Foreign Service of Pakistan.



Mr. Najmus Saquib Hameed - CEO, LRBT with Mr. Marcus Bailey of Standard Chartered Bank and his team.

OUR BIGHEARTED SUPPORTERS

We gratefully acknowledge donations from the following during the period - January to March 2010:

- | | | |
|--|---|--|
| <ul style="list-style-type: none"> • Sight Savers International • Graham Layton Trust • The I-Care Foundation • LRBT America • Khurshid Bhaimia • Shell Pakistan Ltd. • Subhan Food Industries • Standard Chartered Bank | <ul style="list-style-type: none"> • Punjab Welfare Trust for the Disabled • Pakistan Bait-ul-Mal • Raaziq International (Pvt) Ltd. • Asiatics Group • World Medical Relief Inc USA • Miss Shahida Raja • Miss Zahida Raja | <ul style="list-style-type: none"> • Mr. Sajjad Ahmad • Mr. Azhar Zafar • Mr. Nasir Ahmed Mehmood • Mrs. Amna Tariq • Mr. Sultan Nadir Ali Pasha • Mrs. Bakht Noor • Bilal Engineering • Justice(R) Shamim Ahmed Sarwana |
|--|---|--|



As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.
-John Fitzgerald Kennedy

Other donors who gave less than Rs. 500,000/-

- Fred Hollows Foundation Pakistan have very kindly donated funds for the infrastructure development for Vitreo Retinal (VR) & Paediatric Clinics at LRBT’s Quetta and Korangi hospitals respectively. They have committed to provide appropriate equipment for Paeds Clinic at Korangi and VR set up at Quetta as well as training of Doctors and Paramedic Staff.

PARTNERSHIP AGREEMENTS

PAKISTAN-ITALIAN DEBT FOR DEVELOPMENT SWAP AGREEMENT (PIDSA)



LRBT signed an agreement with the Italian Government under their programme “Pakistan – Italian Debt for Development Swap Agreement (PIDSA)” through which Rs. 50 million have been received for provision of equipment for LRBT hospitals in Mansehra, Arifwala and Pasrur. Order of Procurement for these medical equipment has already been placed and is expected to be commissioned by June this year.



**Ambasciata d’Italia
Islamabad**



ROTARY CLUB KARACHI SOUTH

- o 75 Optyse have been received and distributed in accordance with MOU signed between LRBT and Rotary Club (Karachi South).
- o LRBT signed a Memorandum of Understanding (MOU) on March 30, 2010 with Rotary Club (Karachi South) in collaboration with the Rotary Club of Spring Township, USA for performing 824 Sight Restoration Surgeries on poor patients at LRBT Rashidabad (Tando Allayar) hospital.



THE BRITISH ASIAN TRUST
PROUD OF ALL WE SHARE

BRITISH ASIAN TRUST (BAT), UK

Memorandum of Understanding (MOU) for funding £30,000 per year for screening facilities at LRBT's hospitals located at Tando Bago, Gambat, Rashidabad, Lar, Pasrur & Quetta has been signed with British Asian Trust (BAT), UK. This is a 3 year project which began in January 2010.

AWARDS & RECOGNITION

- LRBT was awarded "4th CSR National Excellence Award-2009" shield by Help International Welfare Trust (HIWT). The ceremony was held on January 21, 2010 at Avari Towers, Karachi.
- Khawaja Zafar Hassan, Chairman LRBT has been nominated for "Jonathan Mann Award for Global Health & Human Rights". The Jonathan Mann Award for Global Health & Human Rights was established in 1999 to honor Dr. Jonathan Mann and highlight the vital link between health and human rights. The award is bestowed annually to a leading practitioner in health and human rights and comes with a substantial financial reward. Formal announcement about the winner will be made at their annual awards ceremony in Washington, D.C at the end of May / beginning of June each year.

LRBT CEO VISIT TO DUBAI

The CEO made a presentation about LRBT's activities and future plans to distinguished donors in Dubai on February 13, 2010.

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PLEASE HELP

RESTORING SIGHT



CHANGING LIVES

- Rs. 1,876 is the cost of a cataract surgery with Intra Ocular Lens Implant
- Rs. 20,000 is the cost of a Vitreo Retinal Surgery.



The Layton Rahmatulla Benevolent Trust (LRBT)

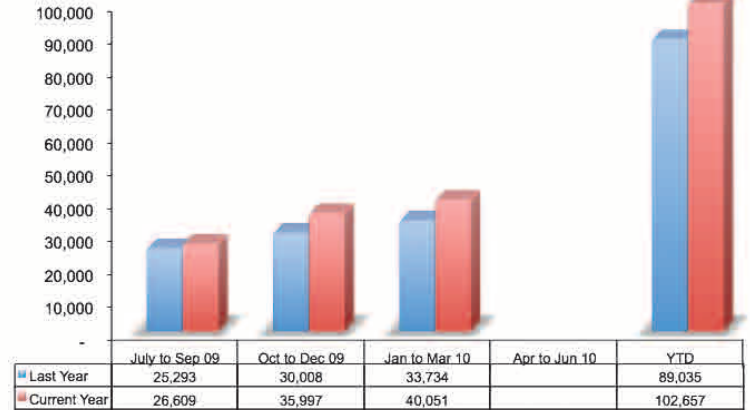
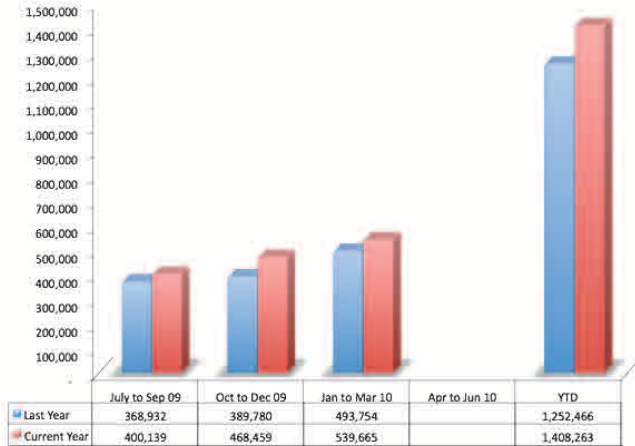
37-C, Sunset Lane No.4, Phase II Extension, DHA, Karachi-75500

Phones: 021-35396600-5 (6 Lines) Fax: 021-35396606 Email: lrbt@cyber.net.pk Website: www.lrbt.org.pk

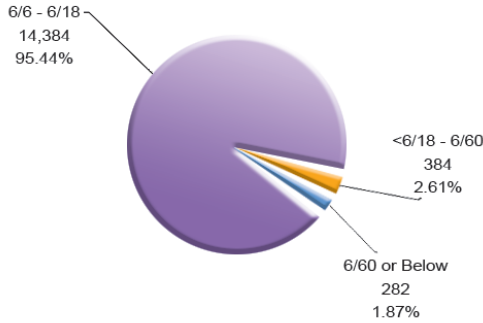
PERFORMANCE DATA

OPD VISITS

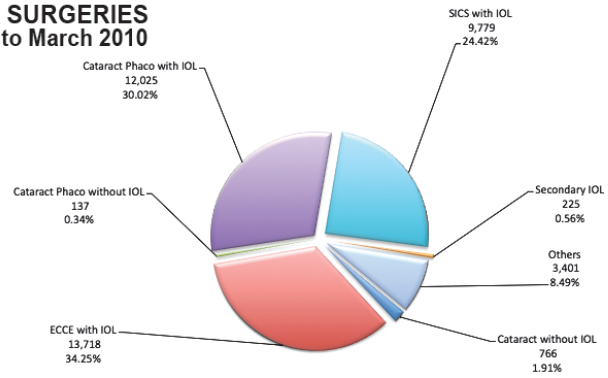
MAJOR SURGERIES



POST - OPERATIVE CORRECTED VISUAL STATUS Oct to Dec 2009



MAJOR SURGERIES January to March 2010



Total Major Surgeries 40,051
 Total Cataract Surgeries 37,023 (92.44% of Total Major Surgeries)
 Cataract Surgeries with IOLs 36,092 (97.49% of Total Cataract Surgeries)

CUMULATIVE SUMMARY SINCE INCEPTION TO MARCH 31, 2010

Hospital	KORANGI	LAHORE	Rashidabad	TANDO BAGO	GAMBAT	LAR	AKORA KHATTAK	Bart Kot (Kala Katay 25/05/93 to 28/07/08)	QUETTA	Shahpur Saddar	MANDRA	MANSEHRA	KHANEWAL	Pasrur	Arifwala	SIBI	KHEWRA (ICI)	GAWADAR (MALC)	TURBAT (MALC)	ENT Surgeries	TOTAL
Commencement Date	26 Oct 1986	14 May 1987	02 June 2008	15 Nov 1985	29 Mar 1988	15 Feb 1999	20 Oct 1990	15-Dec-08	23 Oct 2000	5 Nov 2004	15 Mar 2005	8 Nov 2005	2 Jan 2006	17-Mar-08	15-Dec-08	1 Jul 2003	May 1991	15 Nov 1985	15 Nov 1985	15 Nov 1987	
Total OPD Patients	3,579,788	4,069,828	1,057,672	1,261,693	992,990	754,844	1,055,531	779,981	693,028	488,429	316,854	213,157	254,466	124,749	104,697	81,354	122,659	27,296	9,929	-	15,988,945
Total Surgeries	457,588	339,261	150,740	118,721	153,909	109,395	125,648	129,751	61,234	74,050	50,352	24,093	28,509	15,956	9,234	5,644	11,685	3,073	1,011	272	1,870,126
Total	4,037,376	4,409,089	1,208,412	1,380,414	1,146,899	864,239	1,181,179	909,732	754,262	562,479	367,206	237,250	282,975	140,705	113,931	86,998	134,344	30,369	10,940	272	17,859,071

Name: _____
 Profession: _____
 Address: _____

 Telephone: _____ Fax: _____
 Email: _____
 Amount Donated: _____
 Zakat / Fitrah / Sadqah etc. _____

Pakistan:

- The Layton Rahmatulla Benevolent Trust (LRBT)
 37-C, Sunset Lane No.4, Phase-II Ext. D.H.A., Karachi, Pakistan.
 Email: lrbt@cyber.net.pk Website: www.lrbt.org.pk
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 Email: enquiries@glt.org.uk Website: www.glt.org.uk
(Registered Charity No.290464).

U.S.A.:

- LRBT - America
 66 Charles St. #445, Boston, MA 02114, USA.
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(Exempt under Section 501 (c) (3) of Internal Revenue Code).