

i-CARE

2nd Quarter 2010

CHANGING LIVES

Bushra – Our 18 Millionth patient

Each person facing vision loss has a unique and compelling story to tell. Bushra is a 20 year old girl, youngest of her 8 siblings. She was very young when her mother became ill and regularly visited the hospital. Her father operated a small carpentry shop and also kept poor health. Her parents' illness meant that most of the income was spent towards hospitals' fees. Resultantly, Bushra was forced to drop out of school when she was very young. Later, unfortunately for her, both her parents passed away. At that time seven of her brothers and sisters were married. Bushra started to live with her unmarried sister, and since she did not have any formal education and her elder brothers were doing part-time jobs to take care of their families, Bushra began looking for a job as a housemaid. Luckily she found one in a beauty parlour and through hard work and interest in the job she soon opened her own small salon at her residence in Korangi 2-1/2, earning approximately Rs. 4,000 every month. Bushra struggled hard as she was determined to grow and do well in her profession, but after sometime she realized that her vision had begun to deteriorate and she was unable to provide quality service to her clients. Due to paucity of funds, she tried several local remedies but in vain. She felt frustrated as all her dreams were shattering one by one and she could do nothing about it. She asked her siblings for help but they were helpless as they also had no money to get her treated. Bushra finally had to close down her parlour as she had almost lost her vision, and hope too. She felt extremely helpless and depressed as she often found herself in a situation when there was barely enough food in the house. She had become dependant upon her siblings for virtually everything in life.



LRBT's 18 millionth patient – Bushra, an aspiring Beautician

One year later, some good news finally came her way. A former colleague of her father told her that she could get her eyes treated in a free eye hospital nearby. She immediately went to the LRBT Free Eye Hospital in Korangi and after a thorough examination, she was diagnosed with Cataract in both her eyes. Her surgery was performed the very next week that not only gave her back her eyesight but also restored her livelihood. Bushra was able to restart her salon and her performance improved dramatically.

Bushra says, "LRBT has made a significant difference in my life. It has transformed me from being dependant and a burden on my family to a beautician who aspires to become a true professional and provide excellent services to her clients. I am deeply thankful to God along with all the doctors, the staff and the donors for bringing back my lost vision."

SAVED FROM A LIFE OF PERPETUAL DARKNESS - FIVE SIBLINGS FROM BALOCHISTAN

Everyone wants their children to be happy, find joy and meaning in life, build relationships, and be successful. But not everyone is as lucky as Amanullah who narrates his story: "I am an Afghan refugee who migrated from the war-torn country in the 1980's to Qila Saifullah near Quetta to live a peaceful life. Later I got married here and started a new life leaving behind my past that was filled with violence and poverty. God blessed me with three daughters and two sons but instead of becoming a source of joy, they added to my sufferings as all of them were blind and I could not afford their treatment. I had lost all hope and accepted this fact as my fate when a ray of hope emerged. A couple of days back, I was told by a friend about LRBT free eye care hospital in Quetta. I immediately took my children to the hospital where they were diagnosed with congenital cataract. I was worried about the expenditure but was comforted by the staff that LRBT provides all treatment absolutely free of cost. One by one, my children's surgeries were performed and by the grace of God they were successful. I was in a state of disbelief when I first saw them being able to see the world in all its colors. I am thankful to God Almighty along with the entire staff, doctors and particularly the donors of LRBT who helped to give my children a colorful, brighter future."



Amanullah's five children after their successful surgeries.

CARING FOR OUR FUTURE LEADERS

Sight Savers International and LRBT launched a three year partner project (Jan 2009 – Dec 2011) for screening school children at Tehsil Sohawa (District Jhelum) for assessment of possible refractive errors, common eye problems and to provide prompt and appropriate care to the children. The major project activities include identification of school children with significant refractive errors or other common eye conditions followed by on-the-spot medicinal treatment, provision of standard refractive services & free glasses delivery, or referring those needing expeditious hospital care to LRBT Free Secondary Eye Hospital, Mandra. In addition, we plan to train a pre-determined number (at least 200) of teachers in vision testing so that they are able to identify students facing vision problems.

Four days a week, the screening team is in the field, frequently traveling on uneven pathways with ascending and descending slopes, to reach the target population (school children) in the deprived areas. Once a week on Saturday, the referrals reporting at LRBT Mandra, are thoroughly examined and provided totally free of cost treatment (medicinal, refractive or operative). So far 16,340 children have been screened, 555 children found with refractive errors were provided with standard refractive services, 234 free glasses delivered to the deserving children, whereas 267 teachers trained in vision testing and basic eye care for school children.

FEW GLIMPSES OF SOHAWA PROJECT



A student being examined by the screening team member.



After screening, children are provided with glasses.

REACHING THE UNREACHABLE



Villagers coming over for examination in Kohlo Free Eye Camp.

We manage to regularly find access to those living in remote areas. To fight blindness and give the gift of sight to the residents of Kohlo, a three day Free Eye Camp was organized by LRBT Quetta Hospital team. In this camp, 395 patients were examined and provided with free medicines. Out of these, 125 patients were referred to LRBT Quetta Hospital for surgeries. LRBT intends to organize such camps in different areas of Balochistan in order to reach those who are unable to visit our hospitals for any reason.

In pursuance of the school visit programme, Dr. Saleem Akhtar (Ophthalmologist) & Dr. Arsalan Ahmed (RMO) visited Gulab Devi Primary School situated on Ferozepur Road, Lahore on May 3 & 14 2010, under a joint venture of LRBT & Punjab Welfare Trust for the disabled, where they examined 110 students.

CONGRATULATIONS!

We extend our heartiest felicitations to the following doctors for passing their Intermediate Module examinations:

- Dr. Javed Khaliq
- Dr. Sidrah Riaz
- Dr. Haris Ansari
- Dr. Bilal Zaheer
- Dr. M. Luqman Bahoo
- Dr. Masood Ahmed

LRBT'S GOLD MEDALIST

Dr. Khurram Azam Mirza (Consultant Ophthalmologist) was awarded Gold Medal by the Ophthalmologic Society of Pakistan (OSP) in recognition of his services in the field of Ophthalmology.

EYE CARE TRAINING PROGRAMMES

- Dr. Syed Fawad Laiq Bukhari attended the Micro Surgical Training Programme (NESCOM hospital, Islamabad).
- Dr. Munira Shakir from LRBT Korangi Hospital is attending training on Retcam & Management of Retinoblastoma at Civil Hospital, Karachi from May 2010.
- Mr. Muhammad Asif Sheikh from LRBT Korangi Hospital is undergoing B.Sc. Vision Science Course with Allama Iqbal Open University.
- 4 candidates from various hospitals are undergoing one year Ophthalmic Technician Course with ISRA University in the year 2009-10.
- 5 candidates from various hospitals are undergoing one year Ophthalmic Technician Course with College of Ophthalmology & Allied Vision Sciences (COAVS) Lahore in the year 2009-10.
- Dr. Sana Siddiq Motiyar and Dr. Bhagwan Das attended skills development workshops at CPSP Karachi.

WORKSHOPS / CONFERENCES

Conference / Workshop	Held On	Location	Attended by
- Islamabad Ophthlmo	April 2-4, 2010	Bhurban	- Dr. Khurram A. Mirza - Dr. Amjad Saleem Sahi
- Institutional Ethic Review Committee (IERC) Capacity Building Workshop	May 14-15, 2010	JPMC, Karachi	- Dr. S. Fawad Rizvi - Dr. Pervaiz A. Siddiqui - Dr. Shakir Zafar - Dr. M. Abdullah Khan

- Dr. Anwar-ul-haq (FRCS) from Jannat Aziz Hospital, Burewala visited LRBT Hospital, Lahore on March 29, 2010, to generate debate & exchange views on “corneal refractive surgery”.
- The monthly clinical meeting of OSP Lahore Branch was held at LRBT Hospital, Lahore on May 15, 2010. Doctors from other hospitals also attended the meeting.
- Dr. Syed Fawad Rizvi from the Korangi Hospital was appointed as Examiner for Intermediate Module (Ophthalmology) TOACS & Clinical Examination at CPSP Karachi on May 10, 2010.
- Dr. Munira Shakir & Dr. Hari Kirshan from the Korangi Hospital attended Retino Blastoma Meeting at Civil Hospital, Karachi on May 25, 2010.
- Dr. Munira Shakir & Dr. Shakir Zafar from the Korangi Hospital were appointed as External Examiners for Eye Grand OSCE Examination at Aga Khan University on June 19, 2010.
- Dr. Shakir Zafar & Dr. Munira Shakir from the Korangi Hospital were appointed as Assessors for FCPS-II (Ophthalmology) Theory Examination at CPSP Karachi on June 21 & 22, 2010 respectively.

COPING WITH THE EVER-GROWING PATIENT VOLUME

LRBT Free Eye Hospital, Korangi, Karachi – New OPD Complex

We are pleased to announce the completion of a new OPD wing (covered area 14,000 sq ft.) consisting of patients’ waiting area, lecture hall, screening and consultants rooms. We are deeply thankful to the Bhaimia family for funding the entire project.

LRBT Free Eye Care Hospital, Gambat (Khairpur) – Expansion

Owing to an increase in the number of OPD visits and subsequently the surgeries, LRBT decided to expand its Gambat Eye Hospital. Justice (R) Shamim Ahmed Sarwana very kindly arranged Rs. 2.5 million for the expansion of the operation theatre and the purchase of a generator, and we are grateful to him for all his support. The construction work has been completed which includes expansion of the operation theatre, four new rooms for the OPD and some ancillary works. The generator has already been procured.

LRBT Free Eye Care Hospital, Khanewal – New Ward

The construction of new wards for male and female patients comprising of 40 beds has been completed. The construction was funded by Mr. Nasir Mehmood from Dubai. Apart from the wards, some minor adjustments in the existing hospital layout have also been made.

LRBT Free Eye Care Hospital, Shahpur – Family Accommodation

Construction of a doctor’s family accommodation and a single room for an unmarried doctors has been completed at Shahpur hospital on the first floor of the hospital building.

SEEING IS BELIEVING – VISITS TO LRBT HOSPITAL

- A team consisting of 18-20 under training (CSS) officers from Civil Services Academy visited LRBT hospital, Lahore on May 19 & 20, 2010.
- Dr. Rabia Nusrat from “British Asian Trust” visited LRBT Hospital Lahore on May 7, 2010
- A visit was paid to LRBT Korangi hospital on April 30, 2010 by the inspection team from Human Organs Transplant Authority, Ministry of Health. Major General (R) Abdul Qadir Usmani from the team says: “It is indeed a pleasure visiting this state-of-the-art facility which is doing a superb job for the eye patients. The infrastructure and human resources are remarkable. Well done and keep it up!. May God be with you (Ameen)”.



Team from Human Organs Transplant Authority, Ministry of Health with LRBT doctors at our Korangi Hospital, Karachi



Dr. Raheela Hameed Durrani, Minister for Prosecution, Govt. of Balochistan with Mr. M Sharif Lillah & Mr. Umar Ghafoor of LRBT

- Dr. Raheela Hameed Durrani, Minister for Prosecution, Govt. of Balochistan visited LRBT Korangi, Karachi on April 20, 2010 and commented, "I visited LRBT Karachi and was really impressed by the work they are doing. I wish I could help them and take part in their noble cause. I wish all the best and success for them, and especially the doctors and the technicians team who are the backbone of LRBT. My all prayers are with them. May Allah bless them always."
- "Mrs. Jacqueline Novogratz of Acumen Fund paid a visit to the LRBT Korangi Hospital on June 3, 2010.

OUR BIG-HEARTED SUPPORTERS

We gratefully acknowledge donations from the following during the period April to June 2010:

Mr. Zahid Iqbal Bhatti
 The Fred Hollows Foundation
 Graham Layton Trust
 Sight Savers International
 Punjab Welfare Trust For The Disabled
 Central Zakat Administration
 Infaq Foundation
 Asiatics Group
 Pakistan Bait-ul-Mal
 The I-Care Foundation
 Subhan Food Industries
 Mr. Mohammad Abdul Aleem
 Unilever Pakistan Limited

The British Asian Trust
 Khurshid Bhaimia (A/c AEB)
 Standard Chartered Bank
 Mrs. Zulekha Kasim
 International Development & Relief Foundation
 Mr. Qasim Kazmi
 Mr. Mohammad Arif
 Mrs. Ayesha Zaidi
 Mr. Samee-ul-Hasan
 EFU Life Assurance Ltd.
 Waheed Asghari Memorial Trust
 Dubai Islamic Bank

And our **Anonymous Donors** along with others who gave less than Rs. 500,000/-

PARTNERSHIP AGREEMENTS

Fred Hollows Foundation

- Fred Hollows Foundation's commitment for providing Observership Training in Pediatric Ophthalmology to LRBT doctors & paramedical staff in Alder Hey Children's NHS Foundation Trust UK made a breakthrough as the programme has now been firmed up. According to the programme, the team will begin a six month course commencing August 1, 2010.
- FHF, in their effort to support the development of our secondary hospitals, agreed to fund state-of-the-art equipment in Lar, Quetta and Gambat. In addition, they provided equipment and infrastructure support for setting-up a Vitro Retinal Unit at the Quetta Hospital and a Paediatric Clinic at the Korangi Hospital.

- An MOU was also signed between FH & LRBT for the funding of direct cost of 6,300 cataract surgeries at Barikot Hospital during the year 2010.

LRBT takes this opportunity to thank FHF for their unflinching support extended in our endeavor to alleviate curable blindness in the country, and in reaching out to the neglected, underprivileged and needy people of the country.

ROTARY CLUB

Rotary Club South (RCS), in collaboration with Rotary Club of Spring Township Centennial, USA have sponsored a Matching Grant Project for carrying out free cataract surgeries by LRBT on 824 poor and disadvantaged individuals at LRBT Free Secondary Eye Hospital in Rashidabad

Pakistan-Italian Debt for Development Swap Agreement (PIDSA)

LRBT signed an agreement with the PIDSA through which Rs. 50 million were approved for provision of equipment for LRBT hospitals in Mansehra, Arifwala and Pasrur. The equipment has been received, installed and made operational. The equipment will remain the property of the Government of Pakistan and maybe transferred to LRBT at the GoP's discretion.

OTHER ACTIVITIES

- In April 2010, Dr. Azhar Salahuddin visited LRBT Korangi Hospital, Karachi and performed free surgeries using the medical supplies provided by SEE Intl.
- Mr. Saquib Hameed, CEO-LRBT was interviewed by CNBC on May 24, 2010 with reference to Telethon closing ceremony sponsored by Standard Chartered Bank.
- A volunteering activity by Standard Chartered bank employees was carried out at LRBT Korangi Hospital, Karachi on June 19, 2010.
- Pakistan Centre for Philanthropy (PCP) arranged a Provincial NGO Seminar on June 3, 2010 at Sheraton Hotel, Karachi. The main objective of the seminar was to provide an interactive forum to government, donors, certified CSOs (CCSOs) and other organizations that are contributing towards social development of the country. LRBT had setup an organizational stall during the event. COO (D) and GM (Ops) personally attended the seminar.
- Sindh Prevention and Control for Blindness (PCB) Cell organized a five year strategic planning meeting for eye healthcare with the key stakeholders including a provincial steering committee for eye health on April 29-30, 2010 in Karachi. Amongst other topics the meeting also reviewed the progress and achievements in prevention of blindness and the role of the International NGOs for improvement of eye healthcare services. LRBT was invited to participate and was represented by Mr. Sharif Lillah, COO and Mr. Umar Ghafoor, COO (D).
- Dr Saeed Khan & Dr. Haroon Rashid along with other staff put up a stall on the June 24, 2010 at the Unilever Head Office, Karachi to participate in the "Inluc day" which aims to give volunteers a platform from where they can contribute towards society and interact with various NGOs.
- Dr. Munira Shakir and Mr. Abdul Shakoor attended the "Focus Group on Corneal Transplantation" on June 26, 2010 organized by SIUT.

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PLEASE HELP

RESTORING SIGHT

CHANGING LIVES

- Rs. 2,382 is the cost of 1 Sight Restoration cataract surgery with Intra Ocular Lens Implant
- Rs. 23,208 is the cost of a Vitreo Retinal Surgery.



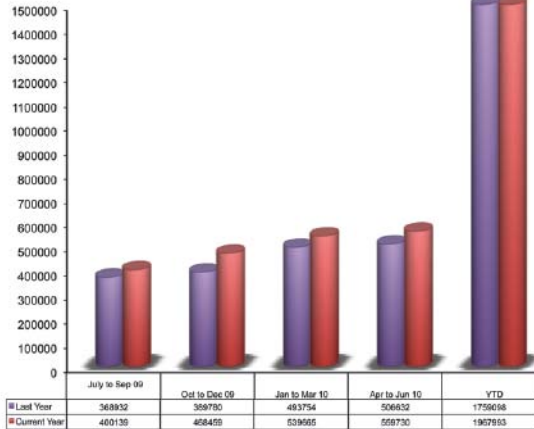
The Layton Rahmatulla Benevolent Trust (LRBT)

37-C, Sunset Lane No. 4, Phase II Extension, DHA, Karachi-75500

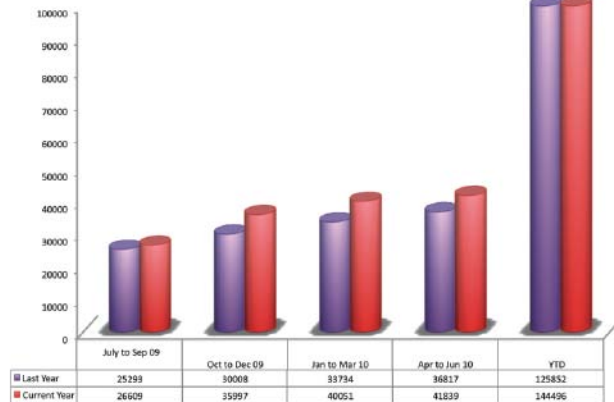
Phones: 021-35396600-5 (6 Lines) Fax: 021-35396606 Email: lrbt@cyber.net.pk Website: www.lrbt.org.pk

PERFORMANCE DATA

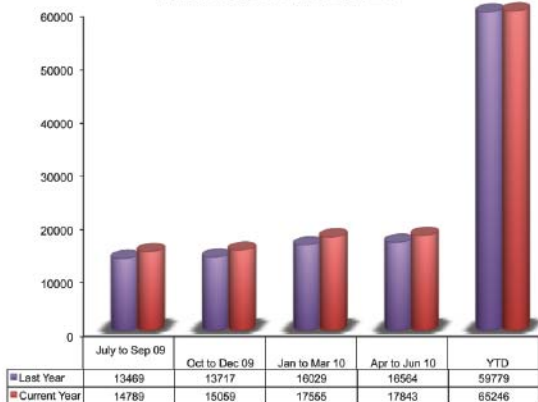
OPD VISITS



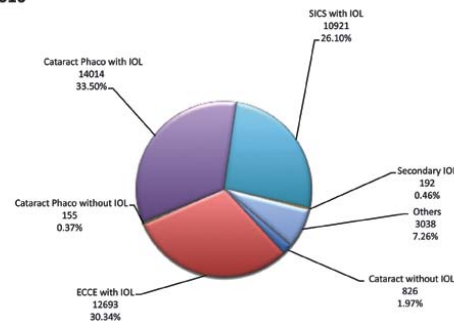
MAJOR SURGERIES



MINOR SURGERIES



Major Surgeries April to June 2010



Total Major Surgeries 41,839
 Total Cataract Surgeries 38,801 (92.74% of Total Major Surgeries)
 Cataract Surgeries with IOLs 37,820 (97.47% of Total Cataract Surgeries)

CUMULATIVE SUMMARY SINCE INCEPTION TO 31st March 2009

Hospital	KORANGI	LAHORE	Rashidabad (Tando Adam 01/06/08)	TANDO BAGO	GAMBAT	LAR	AKORA KHATTAK	Bart Kot (Fala Kalay 25/05/93 to 28/07/08)	QUETTA	Shahpur Saddar	MANDRA	MANSEHRA	KHANEWAL	Pasur	Arifwala	SIBI	KHEWRA (ICI)	GAWADAR (MALC)	TURBAT (MALC)	ENT Surgeries	TOTAL
Commencement Date	26 Oct 1986	14 May 1987	02 June 2008	15 Nov 1985	20 Mar 1988	15 Feb 1999	20 Oct 1990	15-Dec-08	23 Oct 2000	5 Nov 2004	15 Mar 2005	8 Nov 2005	2 Jan 2006	17-Mar-08	15-Dec-08	1 Jul 2003	May 1991	15 Nov 1985	15 Nov 1985	15 Nov 1987	
Total OPD Patients	3,657,915	4,164,657	1,080,780	1,287,117	1,016,335	792,487	1,090,228	804,827	720,689	513,046	338,505	231,938	274,407	140,945	128,724	84,001	124,549	27,516	10,345	-	16,488,991
Total Surgeries	466,006	348,290	155,040	121,682	157,588	113,353	128,998	133,692	63,988	77,926	53,868	26,300	31,072	18,438	11,439	5,854	11,855	3,100	1,047	274	1,929,810
Total	4,123,921	4,512,947	1,235,820	1,408,799	1,173,933	905,840	1,219,226	938,519	784,657	590,972	392,373	258,238	305,479	159,383	140,163	89,855	136,404	30,616	11,392	274	18,418,801

Name: _____
 Profession: _____
 Address: _____

 Telephone: _____ Fax: _____
 Email: _____
 Amount Donated: _____
 Zakat / Fitrah / Sadqah etc. _____

Pakistan:

- The Layton Rahmatulla Benevolent Trust (LRBT)
 37-C, Sunset Lane No. 4, Phase-II Ext. D.H.A., Karachi, Pakistan.
 Email: lrbt@cyber.net.pk Website: www.lrbt.org.pk
(Exempt under Section 61 of IT Ordinance 2001)

United Kingdom:

- Graham Layton Trust
 24 Bedford Row, London WC1R 4TQ, UK.
 Tel: 44 (0) 30 3040 1688
 Email: enquiries@gltrg.org.uk Website: www.gltrg.org.uk
(Registered Charity No. 290464).

U.S.A.:

- LRBT - America
 66 Charles St. #445, Boston, MA 02114, USA.
 Website: www.lrbtamerica.org
(Exempt under Section 501 (c) (3) of Internal Revenue Code).

U.S.A.:

- LRBT - America

Canada:

- International Development and Relief Foundation (Account LRBT)
 2 Berkeley St., Suite 210 Toronto, ON M5A 4J5 Canada.
(All donations are tax exempt)