

# i-CARE

1st Quarter 2011

## Changing Lives - Our 20 millionth patient

### Little Altaf can now fulfill his dreams

10 year old Altaf Hussain visited the LRBT Korangi hospital with his mother and aunt, holding their hands. He went to the pediatric ward, for a regular follow up.

At birth, Altaf had squint and his parents took him to government hospitals, where doctors diagnosed a cataract. He required immediate surgery, but his father, Mohammad Amin, was a worker at a local estate agency earning only Rs. 6000 a month and could not afford to pay Rs. 30,000 for his surgery, as he had 7 other children to support.

Despite being visually impaired, Altaf studied at a government school close to his house, though couldn't score high grades. His teachers were very cooperative and helped him in every possible way. By the time he reached class 3, he was nearly blind. He dropped out and his parents were advised to enroll him in a school for the blind. The desperate family asked a few relatives for financial assistance so that they could pay for their son's treatment, but nobody



Now I can pursue my goals and fulfill my dreams and the credit goes to LRBT.

helped. Altaf was in a bad state, as he really wanted to study but felt his dreams were shattering.

Finally, something happened that changed his life forever. A relative came to visit and on seeing Altaf's condition, told the family about a free eye hospital in Korangi, Karachi. Altaf was delighted to hear the news and immediately went with his parents to the LRBT hospital. After a thorough examination, he was given a date for his surgery. On the appointed day, a surgery was performed on one eye and the other one was operated on a week later.

Upon his follow up visit to LRBT, Altaf was very excited to be able to see again. Cheerfully he exclaimed, "I have experienced many problems throughout my studies but now will be on the same track as my classfellows. Now I can pursue my goals and fulfill my dreams and the credit goes to the doctors and staff of this hospital who were very kind and compassionate to me."

## LRBT wins the 'Silver Website Award' by 'Pakistan Web Awards 2010'

LRBT was recognized for having the best website in the NGO category at the first ever Pakistan Web Awards. The event was patronized by the Ministry of Information Technology, Government of Sindh. A web awards distribution ceremony was held at the Regent Plaza Hotel in Karachi on March 12, 2011 and was graced by the honorable chief guest Mr. Raza Haroon.



## Reaching the Unreachable

In our fight against curable blindness, we do not limit ourselves to providing free eye care at LRBT hospitals and CEHCs, we also strongly feel that people who cannot reach us or are unaware of our facilities must also be examined. For this purpose, 14 Eye Screening Camps were conducted and 9,817 patients were examined in Haripur, Bandi Dhodain, Khaki, Data Tehsil & District Mansehra, Phulra, Mirpur, Parhina, Badin, Baba & Bhit Island, Manora, Gadap Town, Thatta & Lal Pir. As a result

of this activity, 6,973 people were given medication for eye diseases, 4,410 were refracted and 1,314 were referred to LRBT hospitals for detailed examination and/or surgery.

## Change a life - School campaign

We are deeply grateful to all the schools participating in our fund raising drive "Change A Life", that focuses on eradication of blindness amongst children in Pakistan. We extend a special thank you to all the students and staff of Froebel

Education Center, CAS, Lyceum, DA Public School and Bay View High who donated generously and supported us in our fight against curable blindness in children. If



not treated on time, it can lead to irreversible blindness and could turn the child into an unproductive and dependant individual in society. Help us help more.

## Congratulations on Completing Eye Care Training Programs

### 1. Doctors' Qualifications

1. Dr. Shakir Zafar – Korangi	- FCPS/MCPS Supervisor Status
2. Dr. Shabbir Ahmed Bhutto – Korangi Hospital	- FCPS
3. Dr. Zaheer Sultan – Korangi Hospital	- FCPS
4. Dr. Sofia Lateef Choudhary – Lahore Hospital	- FCPS
5. Dr. Waseem Iqbal – Lahore Hospital	- FCPS
6. Dr. Umair Tariq Mirza – Lahore Hospital	- FCPS
7. Dr. Nesr Farooq – Lahore Hospital	- FCPS
8. Dr. Salman Naqvi – Lahore Hospital	- FCPS

## 2. Microsurgical Training at Lahore Hospital

The following doctors attended micro surgical training at our Lahore Hospital:

- Dr. Khurshid Ahmed – Kasur
- Dr. Akhtar Abbasi – Jinnah Hospital, Lahore

## 3. Training & Development

LRBT School of Paramedicine

The first batch of 20 candidates has been enrolled and is undergoing a one year Ophthalmic Technician Course at the LRBT School of Paramedicine, located at the LRBT Korangi Hospital in Karachi. The course has been accredited by the Sindh Medical Faculty.

B.Sc. (Vision Science)

Mr. Muhammad Asif Sheikh, Mr. Arshad Ali Bhatti and Mr. Muhammad Idrees from our Korangi Hospital are undergoing a four year B.Sc. Vision Science Course at the Allama Iqbal Open University.

Ophthalmic Technician Course

Ms. Mudassra Samiullah from CEHC Karachi is undergoing a one year Ophthalmic Technician Course from Civil Hospital Karachi for the year 2010-11.

Ms. Shaher Bano and Mr. Muhammad Amin from the Tando Bago Hospital and CEHC Gharo respectively have completed a one year Ophthalmic Technician Course from ISRA University for the 2009-10 session.

5 candidates from various hospitals have completed a one year Ophthalmic Technician Course

from the College of Ophthalmology & Allied Vision Sciences (COAVS) Lahore, for the year 2009-10. Their results are awaited.

Other Training Programmes

Dr. Abdul Samad Khan from our Korangi Hospital successfully attended a six day VEP/ERG/EOG (Elektrophysiological Diagnostic) Training in Brandenburg, Berlin, Germany.

Dr. Munira Shakir completed her Paeds Ophthalmology Observership in Liverpool, UK, while Dr. Bhagwanti Kumari and Mr. M. Naeem Ghauri (Refractionist) had already completed their observerships.

Mr. Nasir Mehmood Butt from our Mandra Hospital attended a month-long Low Vision training programme at ISRA University, Karachi, in Feb/Mar 2011.

Mr. Muhammad Shabeer from CEHC Dhadiyal completed his initial CEHC training at our Mandra Hospital.

Doctors at our Arifwala Hospital attended the Post Graduate (PG) Teaching and Continued Medical Education (CME) Programme at Jannat Aziz Eye Hospital, Tufailabad, Vehari, on 4th & 20th March, 2011.

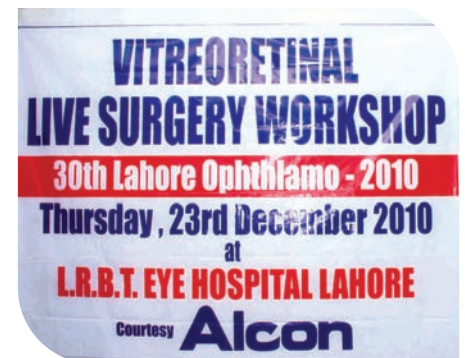
## 4. Workshops/Appointments

During the Lahore Ophthalmology-2010, LRBT hosted a Vitreo-Retinal Workshop/Live Surgery on 23rd December, 2010, organized by the Ophthalmological Society of Pakistan (OSP) Lahore Branch. Vitreo Retina Surgeons Dr. Manish

Nagpal (India) and Dr. Usman Mahmood (UK) performed surgery which was shown live. After surgery there were presentations along with discussions. Over 100 doctors from all over the Pakistan attended the workshop. It was very educative in general and beneficial in particular for young trainee doctors.



Vitreo Retinal Workshop, Lahore



CPSP selected three doctors as a Faculty of Ophthalmology for Cataract from all over Pakistan. Dr. Zaheer Uddin Aqil Qazi was one among them.

Dr. Mahwash Akhtar Khan, Community Ophthalmologist from our Korangi Hospital has been nominated for Training of Teachers (TOT) Workshop to be held at CPSP Karachi in April/May 2011.

Dr. Syed Fawad Rizvi and Dr. Munira Shakir were appointed as Assessor for Theory Assessment FCPS-II (Ophthalmology) Examination Jan-

2011 at CPSP Karachi on 17th & 18th January 2011 respectively. Dr. Fawad was also appointed as:

- Examiner for FCPS-II (Ophthalmology/Vitreo Retinal Ophthalmology), TOACS & Clinical Examination Jan-2011 at CPSP Karachi
- Examiner for MBBS 4th Year Annual Viva Examination Feb-2011 at Jinnah Medical College Hospital (JMCH), Korangi
- Paper Setter for FCPS-II (Vitreo Retinal Ophthalmology) Examination
- Assessor for Theory Assessment FCPS-II (Vitreo Retinal Ophthalmology) Examination Mar-2011 at CPSP Karachi on 28th March 2011.

Dr. Zeeshan Kamil was appointed as Clinical Coordinator for FCPS-II (Ophthalmology), Clinical Examination Sep-2010 at CPSP Karachi from 7th to 11th February 2011.

Mr. Najmus Saquib Hameed, Honorary Vice Chairman & CEO of LRBT attended "The Regional Workshop for Integrating and Strengthening Primary Eye Care within Primary Health Care in EMR" from 14th to 16th February 2011 in Dubai, UAE.

Dr. Abdul Samad Khan, Dr. Washoo Mal, Dr. Sas Usama, Dr. Kanwal Latif, Dr. Saliha Naz, Dr. Asadullah and Dr. Ashfaq ur Rehman attended skill development workshops at CPSP.

## 5. Conferences / Seminars

Ophthalmological Society of Pakistan (OSP) Faisalabad Branch

arranged a Clinical Symposium on 25th February 2011 at Allied Hospital, Faisalabad. Dr. Zaheer Uddin Aqil Qazi was invited as a guest surgeon to perform a live surgery.

Ms. Safia Ilyas, Ms. Yasmin Parveen and Mr. Waseem Ahmed attended the Optometrist Conference in Islamabad on 5th March 2011. Dr. Munira Shakir attended World Glaucoma Week 2011, and delivered a lecture on "Paediatric Glaucoma".

Dr. Zaheer Uddin Aqil Qazi, Dr. M. Tariq Khan, Dr. Amjad Saleem Sahi, Dr. Kashif Iqbal, Dr. Ayisha Shakeel and Dr. Syed Fawad Rizvi attended APO Ophthalmic Conference 2011 from 20th to 24th March 2011 in Sydney, Australia. Presentations were made by Dr. Tariq, Dr. Aisha and Dr. Fawad on various topics.

doctors, the construction of bachelors' accomodation began on Dec 5, 2010 and is expected to be completed by August 2011.

Lar - Multan



The construction of bachelors' accomodation is expected to be completed by October 2011. In addition, the OPD complex is being renovated. Work is expected to be completed by the end of May 2011.

## Other Construction Work in Progress

Pasrur Hospital

In order to provide accomodation to



Gambat Hospital  
 Repair/maintenance work is in progress and expected to be completed by the end of May 2011.

Korangi Hospital  
 Construction of a new Minor Operation theatre and Pathology Lab was completed in February. Repair and maintenance of the main building is underway.

## Coping with Ever Growing Patient Volume

Odigram (Swat) Hospital  
 Pre-qualification process for the appointment of a contractor is in progress for the proposed new hospital.

## Seeing is believing – visits to LRBT Hospitals

Mr. Hasan Minto (Programme Development Advisor) and Ms. Samrana Yasmin (Programme Advisor Low Vision) from Sightsavers visited the

LRBT Korangi Hospital on Jan 13, 2011. Mr. Hasan Minto said, "It's a pleasure as usual to see LRBT embark on a new initiative and we offer our whole hearted support to this and wish the team all the best in their endeavors." Ms. Samrana Yasmin also remarked on the service to humanity provided by LRBT and said, "Great start and I'm impressed with the dedication & enthusiasm of the team. I wish all of you good luck and we all are here support in whatever way we can. Thanks."



Mr. & Mrs. Amin Nathani visited LRBT Korangi Hospital



Mr. Beat Steinbeck - Regional Sales Director of Oertli Instruments visited LRBT Korangi hospital



Mrs. Pamela Tarshish - CLO British Deputy High Commission visited LRBT Korangi hospital

Mr. Beat Steinbeck - Regional Sales Director of M/s Oertli Instruments visited LRBT Korangi Hospital on Saturday 15-01-2011

A team from Rotary Club visited Lahore Hospital on 25.01.2011.

Mr. & Mrs. Amin Nathani from Dubai visited the LRBT Korangi Hospital on Jan 26, 2011 and said, "My wife and I are quite impressed with the work and facility for the blind. We are emotionally satisfied and pray for the staff, management and doctors for their hard work."

Mr. Tse Koon Shee (The Head Of Governance- Europe, Middle East, Africa and America and Joanna Fielding, Chief Financial Officer – West) with Mr. Ali Habib (Head of Corporate Affairs-Standard Chartered Bank) visited the LRBT Korangi Hospital on Mar 8, 2011 and said, "A truly remarkable setup, that

can make a real big difference!" Mrs. Pamela Tarshish (Community Liaison Officer British Deputy High Commission) from the United Kingdom visited the LRBT Korangi Hospital on Mar 8 2011 and said, "Highly impressive, remarkable for the dedication & commitment of everyone I met."

Ms Rabia Nusrat – Manager British Asian



Rotarian visit on 25.01.11

Trust – UK & Mrs. Rosemary Brown – Communication Manager British Asian Trust – UK visited on 10.03.2011. Rosemary's remarks in the Visitors Book were:

"Ever so inspiring to see LRBT at work. I am astonished by the care, efficiency and commitment of the staff and the facilities here. Thank you for such an eye-opening tour. We are proud to support LRBT. You are changing peoples lives by 1300 a day. That is amazing."

Mrs. Shaista Sheehan (The Parliamentary Spokesperson for Wimbledon Liberal Democrats) from London visited LRBT Korangi on Mar 21 2011 and said, "The efficiency of the process- from initial registration to final destination-is very impressive. The professionalism of the staff shows great dedication. Altogether, an extremely worthwhile visit."

## Our big-hearted supporters

Name of Donor	Amount in Rupees
Graham Layton Trust	13,823,514.20
Mr. Nabeel Abdulla Almulla	9,855,500.00
Sight Savers International	9,600,000.00
Central Zakat Administration	6,000,000.00
Subhan Food Industries	3,756,516.00
Punjab Welfare Trust For The Disabled	3,652,000.00
Infaq Foundation	3,000,000.00
International Develop. & Relief Foundation	2,548,607.77
Mr. Amjad Ali Khan	2,511,775.00
I & R Trust	2,500,000.00
Mr. Zaki uddin Khalifa	2,450,000.00
Unilever Pakistan Limited	1,900,000.00
The Fred Hollows Foundation	1,610,000.00
Mr. Azhar Zafar	1,271,398.00
Waqar Hassan Siddiqui & Shahida Waqar	1,039,898.00
Raaziq International (Pvt.) Limited	1,000,000.00

Name of Donor	Amount in Rupees
Government Holdings (Private) Limited	1,000,000.00
Lavender Administration Limited	924,148.00
American Islamic Association	848,000.00
Mr. Salman Zubari	745,340.00
Pakistan Bait-ul-Mal	738,000.00
Hamza Foundation	675,000.00
Pakland Private Trust	650,000.00
Mr. Sajjad Ahmad	537,000.00
Mrs. Nergis Sobani	520,000.00
Mr. Sultan Nadir Ali Pasha	500,000.00
Mr. S.M.Tariq	500,000.00
Mr. Mohammed Amin Nathani	500,000.00
Mr. Asim Zuberi	500,000.00
Sheikh Mahmood Ahmed	500,000.00
Sight Support Asia	500,000.00
And our Anonymous Donors along with others who gave less than Rs. 500,000/-	

## Partnership Agreements

Human Concern International join hands with LRBT to fight blindness in Pakistan

Human Concern International (HCI) is a Canadian charitable organization which has entered into a project agreement with LRBT, according to which the organization will sponsor 736 Sight Restoration Cataract Surgeries in LRBT free eye hospitals in Lar –

Multan. According to the agreement, LRBT is to receive CAD 20,000/- for performing these surgeries and transforming these people from a burden on others into productive members of community. The agreement was signed in March 2011 and is valid for a period of 3 months.

International Development & Relief Foundation (IDRF) signs agreement with LRBT for Restoring the Sight of 1451 Cataract Affected Individuals

in Phase III IDRF signed Phase III of their agreement with LRBT, according to which the organization will fund CAD 30,000/- for sight restoration surgeries of 1451 persons (687 Men, 686 Women, and 78 children) through cataract surgeries, over a period of 3 months, in the LRBT Free Eye Hospital, Shahpur. In addition, two eye screening camps will also be held in Azad Kashmir, in which approximately 700 individuals will be screened for cataract.



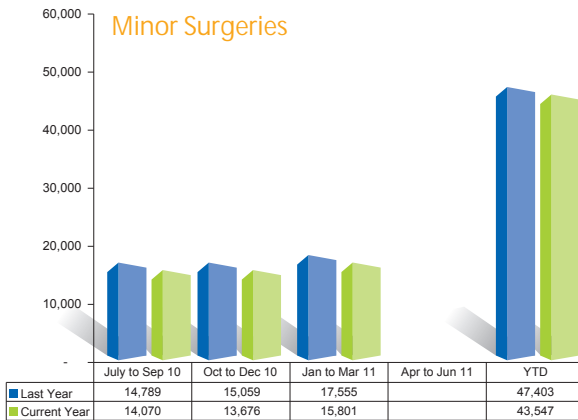
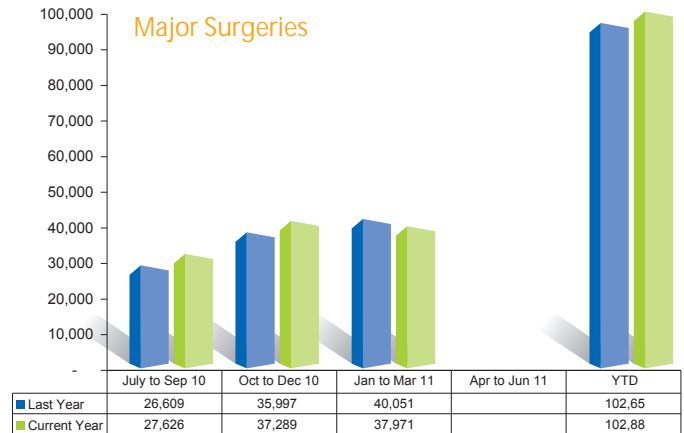
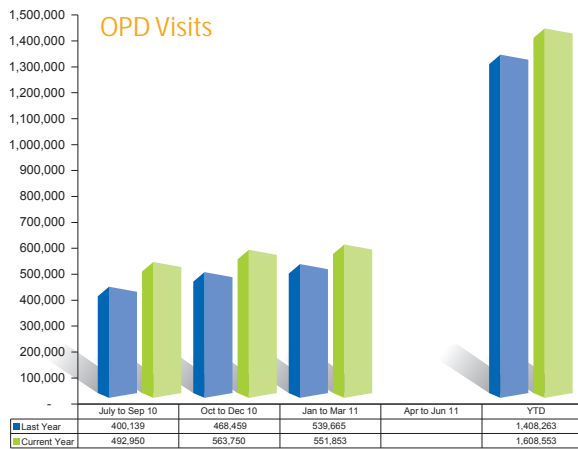
## RESTORING SIGHT

- Rs. 2,382 is the cost of 1 Sight Restoration Cataract Surgery with Intra Ocular Lens Implant
- Rs 23,208 is the cost of a Vitro Retinal Surgery
- Rs 6,770 is the cost of 1 Child's Sight Restoration Surgery

## CHANGING LIVES

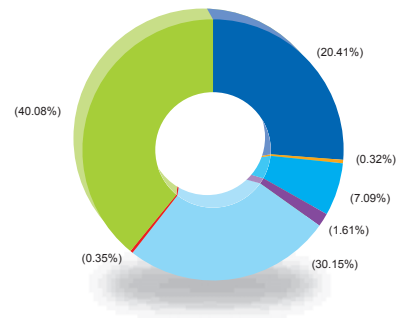
The Layton Rahmatulla Benevolent Trust (LRBT)  
 37-C, Sunset Lane No. 4, Phase II Extension, DHA, Karachi-75500  
 Phones: 021-35396600-5 (6 lines) Fax: 021-35396606 Email: lrbt@cyber.net.pk Website: www.lrbt.org.pk

# Performance Data



### Major Surgeries January to March 2011

Total Major Surgeries 37,971  
 Total Cataract Surgeries 35,280 (94.56% of Total Major Surgeries)  
 Cataract Surgeries with IOLs 34,538 (97.9% of Total Cataract Surgeries)



### CUMULATIVE SUMMARY SINCE INCEPTION TO 31st March 2011

Hospital	KORANGI	LAHORE	Rashidabad (Tando Adam 0102/87 to 0106/08)	TANDO BAGO	GAMBAT	LAR	AKORA KHATTAK	Bari Kot (Kala Kalay 25/06/93 to 26/07/08)	QUETTA	Shahpur Saddar	MANDRA	MANSEHRA	KHANEWAL	Pasrur	Arifwala	SIBI	KHEWRA (ICI)	GAWADAR (MALC)	TURBAT (MALC)	ENT Surgeries	TOTAL
Commencement Date	26 Oct 1986	14 May 1987	02 June 2008	15 Nov 1985	20 Mar 1988	15 Feb 1999	20 Oct 1990	15-Dec-08	23 Oct 2000	5 Nov 2004	15 Mar 2005	8 Nov 2005	2 Jan 2006	17-Mar-08	15-Dec-08	1 Jul 2003	May 1991	15 Nov 1985	15 Nov 1985	15 Nov 1987	
Total OPD Patients	3,897,954	4,429,142	1,176,360	1,344,028	1,095,265	915,641	1,192,681	891,720	783,310	589,831	393,177	278,981	332,208	185,668	190,404	91,819	128,848	28,316	12,499	-	17,957,852
Total Surgeries	489,321	373,143	165,272	128,645	167,681	123,510	135,902	140,917	69,960	87,018	62,439	30,311	36,915	24,934	16,837	6,474	12,382	3,196	1,188	279	2,076,324
<b>Total</b>	<b>4,387,275</b>	<b>4,802,285</b>	<b>1,341,632</b>	<b>1,472,673</b>	<b>1,262,946</b>	<b>1,039,151</b>	<b>1,328,583</b>	<b>1,032,637</b>	<b>853,270</b>	<b>676,849</b>	<b>455,616</b>	<b>309,292</b>	<b>369,123</b>	<b>210,602</b>	<b>207,241</b>	<b>98,293</b>	<b>141,230</b>	<b>31,512</b>	<b>13,687</b>	<b>279</b>	<b>20,034,176</b>



Name: \_\_\_\_\_

Profession: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Amount Donated: \_\_\_\_\_

Zakat / Fitrah / Sadqah etc. \_\_\_\_\_

#### Pakistan:

- The Layton Rahmatulla Benevolent Trust (LRBT)  
 37-C, Sunset Lane No. 4, Phase II Extension, DHA, Karachi-75500  
 Phones: 021-35396600-5 (6 lines) Fax: 021-35396606 Email: lrbt@cyber.net.pk  
 Website: www.lrbt.org.pk (Exempt under Section 61 of IT Ordinance 2001)

#### United Kingdom:

- Graham Layton Trust  
 24 Bedford Row, London WC1R 4TQ, UK.  
 Tel: 44 (0) 30 3040 1688  
 Email: enquiries@gltrg.org.uk  
 Website: www.gltrg.org.uk  
 (Registered Charity No. 290464).

#### U.S.A:

- LRBT – America  
 66 Charles St. #445, Boston, MA 02114, USA.  
 Website: www.lrbtamerica.org  
 (Exempt under Section 501 (c) (3) of Internal Revenue Code).

#### Canada:

- International Development and Relief Foundation (Account LRBT)  
 2 Berkeley St., Suite 210 Toronto, ON M5A 4J5 Canada.  
 (All donations are tax exempt)