

i-CARE

January - March 2016

Changing Lives

32nd Million Patient – Ali Husnain

8 year old Ali Husnain, a student of Grade 1 – a happy, care free child whose parents – though poor – were putting in everything they had, into educating him so that he could have a better future and not suffer the way they did. His father is a mechanic, who lives in a rented house and supports a family of 9. The only son, Ali has four sisters and his grandparents – whose old age also made them dependent on the meager income of his father. Living in a small house, they all shared a small space.

One unfortunate day, their dreams of a better tomorrow shattered, when the young boy accidentally poked himself in the eye while playing with a knife left lying around unattended. The result was catastrophic.

Ali's parents rushed him to a local private hospital where they were told he needed immediate surgery. Aside, from the risk of the surgery and the shock of the situation, the cost of the surgery was so high that Ali's parents had to make innumerable calls to relatives and friends and borrow money from every possible source. Costing Rs. 150,000/-, Ali's primary surgery did take place but it left his parents heavily indebted to many.

To make matters worse, they were told Ali needed further surgeries. After going through with a couple more, they were told that he needed one last surgery that would give him his vision back.

Left penniless and with no more sources from whom they could borrow, Ali's parent's finally gave up and took Ali home. Hopeless and depressed, they barely knew how to console themselves, let alone explain the new way of life to the young Ali.

'It was the darkest period of my life', Ali's father remembers having to support his emotionally shattered wife and a young confused son who needed his support. He felt helpless, not being able to

help him the way he should.

'What I missed most was school. Not being able to do what normal students do – study, play with friends. I became irritable and made my parents' lives miserable by crying all the time', Ali reflects sadly.

It was by mere chance that while out to run errands in the market, Ali's father heard about LRBT. Though not many details were given, it was enough for him to understand that it was a remarkable facility where eye care services and surgeries were free of cost for the poor.



He rushed Ali to the nearest LRBT hospital where the ease of the process and support given by the management was astounding.

Ali's last surgery was done free of cost and he is now able to see again. Back at school after several months, he works harder than ever before and has become one of the best students of his class. Smiling from ear to ear, he looks at the camera with great confidence as he shares his dream of becoming a doctor one day.

'I want to help others the way LRBT helped me', Ali confides. 'If it takes all my effort, so be it!'

Ali is set on a road that should lead him to places. LRBT has not just touched his life but the lives of the innumerable people that he will in turn change.



Help us change the lives of millions more like Ali. Help us turn them into productive members for their families and society. Help us give them a bright future full of love, hope and cheer.

LRBT Carnival

23rd March 2016 - Karachi

The LRBT Carnival 2016 was held on the 23rd of March, amidst great hype and fervor! With the underlying 'National Day' theme, the carnival was a complete package for families - with fun, food and exhibitions galore!

Over 60 vendors participated and helped support LRBT in their endeavor to fight blindness and eye problems in the country. The exhibition area had everything from clothes to shoes, bags, candles, lamps, Chinese vases and even a beauty parlor.



The food court was the hub of activity throughout the day. The Games area had everything a child as well as an adult could dream of. A concert was planned for the evening. The lineup was exciting and varied. The crowd had gathered around the stage to enjoy the performances. The children of CAS opened the night with their bands: Fake laughter & Crash. Mirage followed with their trademark songs. Sarah Haider and Momin Durrani were the highlight of the evening and the grand finale of a very exciting day!

Promising to be a yearly activity, we are grateful to everyone who participated; especially the Creek Club, the CAS School, which had provided volunteers and bands, to support the cause wholeheartedly, IBA and all other organizations and Institutes who gave their unrelenting support to our cause!

Coping with the ever-growing patient volume

Lar (Multan)

Construction of a new OPD Complex, expansion of male and female wards an optical shop and external works was undertaken end August 2015 which were necessitated due to the influx of patients visiting the Hospital. A UAE based donor who had earlier funded the remodeling, renovation of some areas and new construction of an OPD Complex, at Khanewal followed by major expansion at the Gambat Hospital is funding this project as well. Civil work is scheduled to complete on 24th February 2017.



Construction of LRBT, Lar (Multan)

Gambat

Civil work is coming to an end with the patient's canteen at the finishing stage. External works are presently underway. The new Operation Theatre became operational which will allow us to now make the residences available for the doctors to move in imminently. The new residences were utilized as Operation Theatres when the roof of the old OT was being re-laid. A new optical shop, guard room and a toilet block for the patients is also ready for the use. This project is being funded by the same donor who had earlier sponsored Khanewal and is also financially supporting the entire project at the Lar Hospital.



LRBT Gambat Construction Site

Akora Khattak

Mr. Aziz Shariff, a UAE based donor, is financially supporting the civil work of this project. The new OPD Complex is fully operational along with an additional Operation Theatre, allied services, guard rooms, a new optical shop, generator and a canteen for the patients. Residences for the doctors are presently being made. This project was required due to the influx of patients reporting at the OPD, limited capacity in surgery, inadequate space for seating patients and insufficient space for the consultants to examine patients.



LRBT Akora Khattak Hospital

SEEING IS BELIEVING – VISITS TO LRBT

Karachi: Korangi Hospital

- **Mr. Saamir Mahmud, a supporter of Graham Layton Trust**, visited LRBT Korangi Hospital on 31st December 2015.



Mr. Saamir Mahmud visit to LRBT, Korangi Hospital

Mr. Saamir was extremely happy to see the work being done by LRBT and wished our team the very best. He highlighted the importance of cornea donation and the necessary awareness that must be spread regarding it.

- **Mr. S. Fareed Hasan, M.S., M.D., Glaucoma Consultation** (Surgery / General Ophthalmology) visited LRBT Korangi Hospital on 1st January 2016.



Mr. S. Fareed Hasan visit to LRBT, Korangi Hospital

He praised the quality of treatment provided at LRBT hospital and wished the Korangi hospital staff best of luck in their humanitarian services.

- **Mr. Imran Khan, Chief Global Technical Lead, Sight Savers International, UK**, visited LRBT Korangi Hospital on 20th February 2016.



Mr. Imran Khan visits LRBT Korangi

Mr. Imran enjoyed the visit thoroughly and valued the insight it gave and found the set up extremely impressive. He also found the staff very welcoming and compassionate.

- Members of Governing body of M/s. **Infaq Foundation** visited Korangi Hospital on 1st March 2016.

The team found the visit exhilarating and they were in awe of the standard of practice and systems. They were especially appreciative of the facilities being offered.



Infaq Foundation visited LRBT Korangi

- **Mr. Jehangir Mehta, Treasurer & Trustee, Graham Layton Trust, UK**, visited LRBT Korangi Hospital on 29th March 2016.



Mr. Jehangir Mehta visits LRBT Korangi

Mr. Mehta took a detailed tour of the facility and was impressed by the level of attention and detail given to each patient. He wishes the LRBT team the very best in all their future projects.

Our big hearted supporters

On behalf of LRBT and the poor and needy patients with impaired vision, we are deeply thankful to all our generous donors for their support in their fight against curable blindness. The donors who donated over Rs. 500,000/- during this quarter are:

D. Code	Name of Donor	Amount (Rs.)
01-004562	ANONYMOUS DONORS - KARACHI	13,467,992.25
01-007677	Habib Bank Limited	10,337,281.00
01-000905	Sight Savers International	10,315,744.00
02-010369	Syed Maratib Ali Religious & Charitable Trust Scty	10,000,000.00
01-029713	Trimark	6,611,000.00
01-000180	Infaq Foundation	4,116,281.00

02-008387	Dr. Zaheer Uddin Aqil Qazi	3,793,000.00
01-000832	Pakistan Bait-ul-Mal	3,788,000.00
01-020397	The Fred Hollows Foundation	2,617,500.00
01-035459	Chiniot Anjuman Islamia	2,507,982.00
01-011752	Subhan Food Industries	2,500,000.00
02-010440	The I-Care Foundation	2,470,000.00
02-000623	Boxes Donations	1,982,383.00
01-003400	Health Department, Govt. of the Punjab	1,700,000.00
01-037893	The Lady Kulsumbai Rahimtoola Charity Trust	1,600,000.00
01-022702	The Captain Foundation	1,500,000.00
01-011589	Punjab Welfare Trust For The Disabled	1,490,000.00
01-001003	Mr. Sajjad Ahmad	1,000,000.00
01-037935	One Muslim	1,000,000.00
02-010461	Ms. Faiza Saeed	1,000,000.00
02-010479	Vohra Engineering Pvt. Ltd.	1,000,000.00
02-010505	Barrister Syed Sardar Ahmad	1,000,000.00
02-010395	Mr. Sajid Akram	992,115.00
01-026060	Brien Holden Vision Institute	836,000.00
01-001275	Hamza Foundation	825,000.00
01-036148	LRBT Rashidabad	771,000.00
01-037862	Mrs. Syeda Rizvi	750,000.00
02-000638	Anonymous	576,010.00
02-010463	Dr. Samina Khan	521,000.00
01-037890	Baluchistan Welfare Agency	515,000.00
01-019419	Mrs. Amber Haroon Saigol	500,000.00
01-020013	Mr. Irshad Ahmed	500,000.00
01-020744	The I-Care Foundation	500,000.00
01-023664	Justice (R) Munib Ahmed	500,000.00
01-026811	Hascol Petroleum Limited	500,000.00
01-026934	Ms. Mehak Iftikhar	500,000.00
01-036225	Mirza Fakhru Islam Baig	500,000.00
01-037828	The Amin Mohiuddin Foundation Ltd	500,000.00
01-037933	TCS (Private) Limited	500,000.00
01-037937	Naudero Sugar Mills	500,000.00
01-037938	Mr. Irfan M Tayyaba	500,000.00
01-038140	Mr. Arif Mukhtar	500,000.00
02-003510	A. Q. Enterprises	500,000.00
02-009211	Provincial Zakat Fund, Govt. of The Punjab	500,000.00
Total Number of Donors : 44		9,858,328,825

Partnership Agreements

Sightsavers
International



A new Project "Childhood Blindness Program" was launched by Sightsavers in collaboration with USAID spread over two years beginning on 1st March 2016 under which LRBT will be implementing a comprehensive childhood blindness initiative in Baluchistan to address the interlinked problems leading to childhood blindness. The induction process has been completed, inception workshop planned in early April before field work is initiated.

A new Project Funding Agreement was signed under which LRBT will be conducting 24000 cataract surgeries at 15 of its hospitals in this calendar year. This project was put into operation effective 1st January 2016. Earlier, in 2015 we had successfully completed a similar project.

Brien Holden Vision Institute



In January 2016 LRBT inked a two year collaboration agreement of Social Enterprise Optical Shops to be set up at four of our Hospitals i.e. Korangi, Gambat, Lar and Mandra. The selection process for inducting the required human resource has been accomplished, following which their training will be initiated by BHVI. This project is expected to be operational in the second quarter of this year. With the opening of these shops, we would be able to provide poor and needy patients with quality eye wear. In another development a letter of Intent was signed for "Our Children's Vision" campaign which is a global effort by BHVI emphasizing the need to drastically increase children's access to eye health. LRBT has in the first quarter of this year conducted refraction of 11,886 children at all our hospitals and are providing glasses to 4361 amongst them. Both the projects are successfully underway.

Fred Hollows Foundation



Under the Annual Partnership Agreement for the calendar year, LRBT will continue to run 5 satellite clinics in two districts of Punjab for detection of eye ailments and in addition offering diabetic related health services with referral to our Mandra Hospital for further treatment. In addition we are required to conduct 13,057 cataract surgeries in eight designated Hospitals which is progressing according to schedule. FHF is also providing financial support for training as mid level eye care personnel to 15 students at the LRBT School of Paramedicine. The academic year began in January after completion of the selection process.

Standard Chartered
Bank Pakistan



Standard
Chartered

Two MOU's were signed on the 29th of February under which LRBT is required to conduct 7700 cataract surgeries at eight LRBT Hospitals in the network. The project is progressing according to plan. The second MOU will provide the much needed ophthalmic equipment at four Hospitals. This equipment will be available at the Hospitals by the end of May this year.

K-Electric Ltd



An MOU for providing access to free electricity units by K-Electric Ltd under its Empowerment Program was renewed for the current year following satisfactory evaluation. In addition it has also approved a pole mounted transformer for a load of 400 KVA along with cable to meet the increased load due to multiple expansion carried out at the Korangi Hospital over the years. LRBT is grateful for the continued and unflinching support being provided by K-Electric Ltd.

CONGRATULATIONS ON COMPLETING EYE CARE TRAINING PROGRAMS

a. DOCTORS QUALIFICATIONS

- Dr. Nida Usman – Lahore (Township) Hospital - FCPS
- Dr. Waqas Ahmed – Lahore (Township) Hospital - FCPS
- Dr. Jan Zada – Lahore (Township) Hospital - FCPS
- Dr. Amir Naseem – Odigram Hospital - FCPS
- Dr. Ghulam Mustafa Memon – Arifwala Hospital - FCPS
- Dr. Tauseef Ahmed – Akora Khattak Hospital - MCPS

At present 43 FCPS and 11 MCPS trainees are undergoing postgraduate training.

b. CONTINUOUS MEDICAL EDUCATION

28 of our doctors at the Tertiary Hospital, Korangi are presently undergoing various types of procedural training at the Korangi Hospital.

2. TRAINING & DEVELOPMENT

LRBT School of Ophthalmic Para-medicine

Session 2016: Advertisement for Admissions published in the local newspaper. Collection of applications and selection process for Ophthalmic Technician, Ophthalmic Operation Theatre (OT) Technician & Refractionist Course has also been completed. A total of 51 candidates were selected from all over Pakistan. Classes commenced from 4th January 2016.

Session 2015: Examination forms of students for Ophthalmic Technician, Ophthalmic Operation Theatre (OT) Technician & Refractionist Course under Sindh Medical Faculty have been submitted. Their final examinations are expected soon.

Students from Punjab and KPK completed their academic session and appeared in their final exam at Jinnah Medical Collage Hospital (JMCH). Their results are expected shortly.

Refresher Courses

Mr. Nouman Khaliq, O.T Technician from Mandra Hospital conducted O.T Training of O.T Technicians at Chiniot Hospital from 21st to 26th March 2016.

3. APPOINTMENTS

Dr. Syed Fawad Rizvi from our Korangi hospital was appointed as Clinical Coordinator for FCPS-II (Ophthalmology) Examinations from 8th to 12th March 2016 and Assessor for FCPS-II (Ophthalmology) Examination Feb-2016 at CPSP Karachi.

Dr. Zaheer Uddin Aqil Qazi (CCO) of Lahore (Township) hospital was appointed as Examiner for FCPS-II (Ophthalmology) Examination from 10th to 12th March 2016 at CPSP Lahore.

Dr. Faisal Murtaza from our Korangi hospital was appointed as Clinical Coordinator for FCPS-II (Ophthalmology) Examinations from 8th to 12th March 2016 at CPSP Karachi.

Dr. Shakir Zafar from our Korangi hospital was appointed as Examiner for FCPS-II Clinical TOACS (Ophthalmology) Examination Feb-2016. Earlier he was appointed as Assessor for FCPS-II (Ophthalmology) Examination Feb-2016 at CPSP Karachi.

4. MEETINGS

Dr. Kashif Iqbal of Lahore Tertiary Hospital was invited as a guest speaker in the monthly OSP Gujranwala Meeting on 16th March 2016. He delivered a lecture on **"Management of Pediatric Retinal Detachment"**.

The Clinical Meeting of Ophthalmological Society of Pakistan (OSP) Lahore Branch was held at LRBT Tertiary Hospital Lahore on 12th March 2016. A number of internal and external doctors attended the meeting.

Dr. Syed Fawad Rizvi from our Korangi Hospital attended Academic Council Meeting at Jinnah Medical & Dental College (JMDC) on 16th February 2016.

5. CONFERENCES

Dr. Syed Fawad Rizvi from our Korangi Hospital attended 31st Asia Pacific Academy of Ophthalmology (APAO) Congress in conjunction with the 57th Annual Meeting of the Ophthalmology Society of Chinese – Taipei from 24th to 27th March 2016.

6. SEMINARS

8 doctors from our Korangi Hospital attended CME Seminar on Neuro Ophthalmology at Aga Khan University on 30th January 2016.

7. RESEARCH WORK

A research study carried out by Drs. Shakir Zafar, Munira Shakir, Asaad Mehmood, Saima Amin and Zafar Iqbal on **Comparison of 1000-Cenistoke versus 5000-Centistoke Silicone Oil in Complex Retinal Detachment Surgery** published in the **Journal of the College of Physicians and Surgeons Pakistan 2016, Vol.26(1): 36-40.**

EYE SCREENING CAMPS

16 Eye Screening Camps were conducted at Akora Khattak, Korangi, Arifwala, Mandra, Quetta and Tando Bago in collaboration with APPNA, LOTTE CHEMICAL Pak Ltd., Gracefull School Baldia Town (Karachi), KElectric and Fred Hollows Foundation.

A total of 3,707 patients were examined, out of which 2,104 were medicated, 1,581 refracted and 519 were referred to LRBT hospitals for detailed examination and surgery.



RESTORING SIGHT

- Rs. 2,878 is the cost of 1 Sight Restoration Cataract Surgery with Intra-Ocular Lens Implant
- Rs. 28,710 is the cost of a Vitreo Retinal Surgery
- Rs. 8,289 is the cost of 1 child's Sight Restoration Surgery

CHANGING LIVES

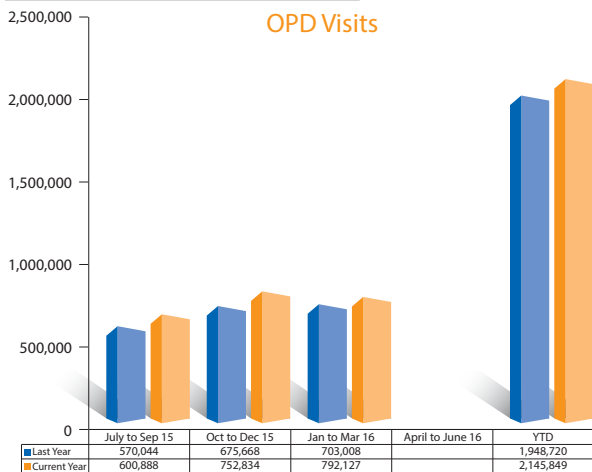
The Layton Rahmatulla Benevolent Trust (LRBT)

37-C, Sunset Lane No. 4, Phase II Extension, DHA, Karachi-75500

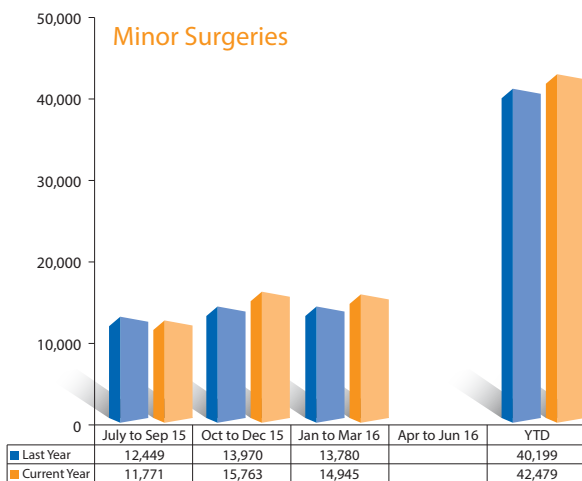
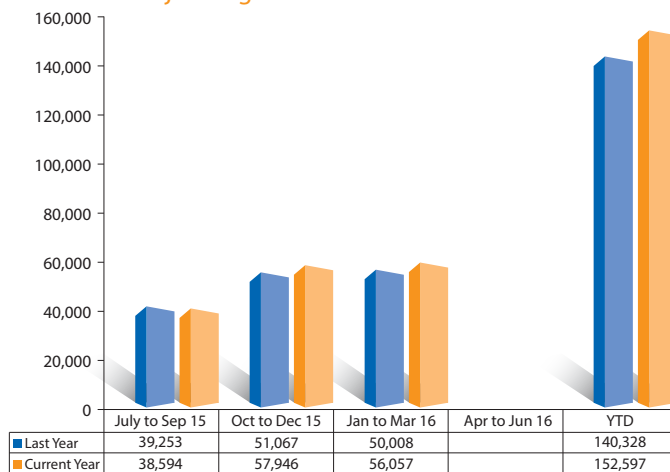
Phones: 021-35396600-5 (6 lines) **Fax:** 021-35396606 **Email:** lrbt@cyber.net.pk **Website:** www.lrbt.org.pk

www.facebook.com/Lrbt.Pakistan

Performance Data

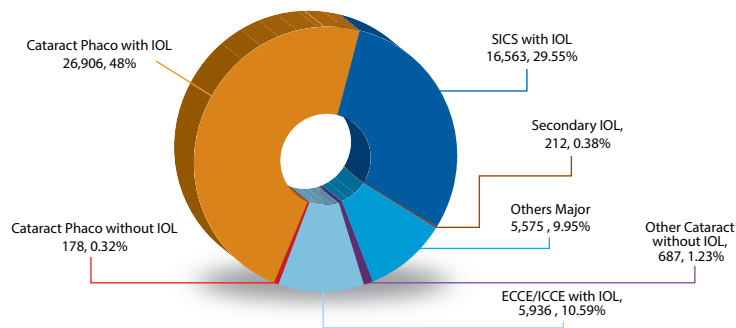


Major Surgeries



Major Surgeries January 2016 to March 2016

Total Major Surgeries 56,057
 Total Cataract Surgeries 50,482 (90.05% of Total Major Surgeries)
 Cataract Surgeries with IOLs 49,617 (98.28% of Total Cataract Surgeries)



CUMULATIVE SUMMARY SINCE INCEPTION TO 31st MARCH 2016

HOSPITAL	KORANGI	LAHORE (Kot Lakhpat)	AKORA KHATTAK	ARIFWALA	ODIGRAM	GAMBAT	KHANEWAL	LAR	MANDRA	MANSEHRA	PASRUR	QUETTA	Rashidabad (Tando Adam 01/02/07 to 01/06/08)	SHAHPUR SADDAR	TANDO BAGO	NORTH KARACHI	SIBI	KALAKALAY	Chiniot	LAHORE Multan Road	TURBAT (MALC)	GAWADAR (MALC)	KHEWRA (ICI)	ENT SURGERIES	TOTAL
Commencement Date	26 Oct 1986	14 May 1987	20 Oct 1990	15 Dec 2008	26 Sep 2013	20 Mar 1988	2 Jan 2006	15 Feb 1999	15 Mar 2005	8 Nov 2005	17 Mar 2008	23 Oct 2000	2 June 2008	4 Nov 2004	15 Nov 1985	2 Jan 2012	1 Jul 2003	1 Dec 2014	1 Jan 2015	1 Apr 2015	15 Nov 1985	15 Nov 1985	May 1991		
Total OPD Patients	6,012,646	6,346,817	1,842,473	693,893	1,501,661	1,722,038	732,708	1,759,242	893,739	636,277	550,479	1,197,644	1,632,013	1,010,426	1,798,356	382,360	134,788	64,265	40,692	39,196	19,003	33,005	154,089		29,201,810
Total Surgeries	673,681	567,546	195,283	69,320	196,232	264,371	83,572	209,898	135,800	64,332	73,534	100,846	223,695	153,663	179,507	29,291	8,993	1,754	3,372	3,252	1,798	3,625	15,675		3,259,040
Total	6,686,327	6,914,363	2,037,756	763,213	1,697,893	1,986,409	820,280	1,969,140	1,029,539	700,609	624,013	1,298,490	1,855,708	1,164,089	1,977,863	411,651	143,781	66,019	44,064	42,448	20,801	36,630	169,764	333	32,460,850



Name: _____

Profession: _____

Address: _____

Telephone: _____ Fax: _____

Email: _____

Amount Donated: _____

Zakat / Fitrah / Sadqah etc. _____

Pakistan:

- The Layton Rahmatulla Benevolent Trust (LRBT)
 37-C, Sunset Lane No. 4, Phase II Extension, DHA, Karachi-75500
 Phones: 021-35396600-5 (6 lines) Fax: 021-35396606 Email: lrbt@cyber.net.pk
 Website: www.lrbt.org.pk (Exempt under Section 61 of IT Ordinance 2001)

United Kingdom:

- Graham Layton Trust (GLT) - a sister charity to Layton Rahmatulla Benevolent Trust (LRBT).
 Tel: 44 (0) 203 397 1433
 Email: enquiries@glt.org.uk - Website: www.glt.org.uk

USA:

- Humanity Without Borders
 Tel: 315-779-8044, Fax: 315-779-8044
 Email: humanitywb@gmail.com
 Website: www.humanitywb.com

Canada:

- LRBF
 Cell: 289-217-1186
 Email: info@lrbfoundation.ca
 Website: www.lrbfoundation.ca
 (All donations are Tax Exempt).