

i-CARE

July - September 2016

Changing Lives

An outstanding student of grade three, Maheen, 8 has always been an outstanding student in the neighborhood school – a feat her family is proud of and with which they introduce Maheen to everyone. Ranking amongst the top 10 students in the entire school, Maheen is a conscientious child who works hard, hoping to use education as the breaking barrier from poverty and the many perils that come with it.



Part of a joint family system, Maheen, along with her grandparents, parents and siblings, lives in a small house in the suburbs of Karachi. The sole earner of the family of 9, her father, Zaheer Ahmed, finds it difficult to provide for the needs of his own children despite best efforts. Although he works day and night as a door to door salesman, his salary is very low – Rs.10,000/- which barely covers the food expense of

the family, let alone other commitments. Maheen and one of her brothers is studying in the school completely free of cost – on a scholarship earned based on merit.

Recently, Maheen's School Teacher noticed her inhibition to participate in school activities. Initially, the child could not tell what was wrong with her and seemed aloof. Later on, the teacher was able to realize that Maheen's vision was deteriorating. Subsequently, Maheen's grades also started declining and by then, all her teachers had noticed that she couldn't see the black board clearly. The teachers informed Maheen's father about her poor progress in school due to her vision problem. Her father did not know what to do. He could not afford much at this point – even a doctor's visit was difficult to manage.

As luck would have it, the LRBT SCHOOL SCREENING TEAM visited AL BAHRIA CAMBRIDGE SCHOOL and diagnosed Maheen with cataract in both eyes and she was referred to LRBT Hospital for further treatment / surgery.



The Principal informed Maheen's parents and her father brought her to LRBT soon after. Maheen was examined in the Peads clinic and after the required examination she was booked for surgery.

The operation was successful and Maheen now has another chance to achieve her dreams. She can go to school again and continue with her daily activities. We, at LRBT pray for her successful future.

'Managing life with a cataract was difficult for Maheen, but after her operation, she is a lot happier and less anxious. She even wants to work for LRBT when she grows up so she can help other children like herself.'

'I wish all the best and success for entire team and especially their school Team, Doctors, and Technicians which are the back bone of LRBT.'

(Maheen's Father)

Help us change the lives of millions more like Maheen. Help us transform them into productive members for their families and society. Help us give them a bright future ... a future full of love, hope and cheer!

Coping with the ever-growing patient volume

Lar, Multan

This project, which is being funded by a UAE-based donor, who had also sponsored the renovation and expansion of Gambat and Khanewal Hospitals, is progressing well ahead of schedule. It involves construction of a new OPD Complex, expansion of male and female wards, an optical shop and external works. Civil work is scheduled to complete by end February 2017.



Akora Khattak

While all construction work involving the hospital, including a new OPD Complex, an additional Operation Theatre with allied services, a canteen for the inpatients, generator room and a guard room have been completed, final touches are presently



being given to the residences, which are expected to complete by end October. Mr. Aziz Shariff, a UAE-based donor, is financially supporting the civil work of this project.

Fantastic qawwals perform for an amazing cause

Najmuddin, Saifuddin and Group, sons of the Late Ustad Bahauddin Khan Qawwal, sang 'In praise of Amir Khusro' at an exclusive gathering in London, organized by The Graham Layton Trust (GLT).



Muhammad Najmuddin, lead qawwal, said that he had personally taken someone to LRBT FREE EYE HOSPITAL in Karachi and was touched by what he saw. "LRBT cares for those who are the poorest amongst us and gives them first-class medical attention. It's the best service anyone can give ..." he said. "... I've seen this for myself." When a maestro bears witness to the great work GLT supports, we hope everyone will contribute to provide free eye care for the poor in Pakistan.

Samosa sale for eye camp in Kashmir

Londoner Ansar Rafiq, is a man with a mission. He wants to hold Free Eye Screening Camps in a rural area of Khari Sharif, more than 100 miles from our hospital in Mansehra.



"Before I could visit the hospital ..." he said, ... "I met an elderly couple in my village who had just returned from the hospital after the old lady had a cataract operation there. They were full of praise for LRBT and were touched by the kindness, compassion and respect shown them by all who served them. Being poor, they were not used to being treated in this way."

"When I visited the hospital, I heard similar accounts from other patients. I could see that people were treated with dignity. I also saw what an efficient and caring, health care charity LRBT is."

"I pay monthly into my employer's charity scheme (they will make a contribution) and I know my colleagues will help in whatever way they can. We will soon have Free Eye Camps near my village, Insha'Allah."

"As part of my aim to raise £1500 for an eye camp in Kashmir, my wife worked hard at home, making over 100 samosas for my colleagues at Royal Bank of Scotland."

The samosa sale raised more than £500 including match-funding by RBS. Alice Colley, one of our supporters said, "Not only are Sadia's samosas amazing, they tasted even better since they were made for such a good cause."

Seeing is believing ... visits to LRBT

- **Ramesh Puri Reg. Director South, Asia Middle East**, visited LRBT Mandra on 23rd July, 2016. His comments about the visit were, "Excellent work done, good luck. Keep on doing the good work. Better to pay a bit attention to gender equality in service delivery."



- **Rahila Hameed Durrani**, Speaker Balochistan Assembly Government of Balochistan, visited LRBT Quetta on 7th July, 2016. Her comments about the visit were, "I am voluntarily and eternally a part of your mission, your contribution can not be humanly rewarded. The initiating founder, the whole team and especially Dr. Saeed is an asset. I believe they have divine guidance with them. The whole Baluchistan owes them beyond any doubts. Keep up the passion."



Our big hearted supporters

On behalf of LRBT and the poor and needy patients with impaired vision, we are deeply thankful to all our generous donors for their support in our fight against curable blindness. The donors who donated over Rs. 500,000/- during this quarter are:

Name of Donor	Amount (Rs.)
Sight Savers International	22,000,000.00
ANONYMOUS DONORS - KARACHI	8,919,802.54
International Develop. & Relief Foundation	6,802,542.18
Graham Layton Trust	5,324,400.00
Mr. Muhammad Saeed Khan	5,000,000.00
Grand Leisure Corporation Ltd	5,000,000.00
The Fred Hollows Foundation	4,856,100.00
Human Concern International	4,851,139.02
Arfeen International (Pvt) Limited	4,000,000.00
Punjab Welfare Trust For The Disabled	3,963,600.00
North Star Textiles Mills Ltd.	3,500,000.00
Din Leather (Pvt) Ltd	2,500,000.00

Siddique Corporation	22,000,000.00
Mr. Faheem Chaudhry	8,919,802.54
Subhan Food Industries	1,500,000.00
Chiniot Anjuman Islamia	1,371,453.00
Mr. M A Javed	1,123,832.50
SURAJ COTTON MILLS LIMITED	1,000,000.00
Pakistan Bait-ul-Mal	996,000.00
Ms. Farhana Mowjee Khan & Irshad Mowjee	948,230.00
Miss Gulzar Bano	850,000.00
Shell Pakistan Ltd.	829,565.00
Global Giving	808,294.86
Mr. Mian Abdul Rashid	800,000.00
Sharif Wheat Thresher	800,000.00
Dr. Hanif Paracha	718,054.00
Mr. Tariq Fancy	715,094.00
Mr. Kashif Anwer Khan	650,000.00
Lal Pir Power Limited	635,000.00
Mrs. Khalida Farooq	600,000.00
Shalimar Resin Industries (Pvt.) Ltd.	600,000.00
Mr. Riaz Ahmed Gul	600,000.00
Standpharm Pakistan Pvt. Ltd.	597,568.00
Major (Retd.) Arshad Hussain	551,000.00
Hamza Foundation	550,000.00
EFU Life Assurance Ltd.	514,080.00
Chaudhry Zulfiqar & Sons	500,200.00
Mr. Zahid Hanif	500,100.00
PAK-ARAB REFINERY LTD	500,000.00
Allied Book Company	500,000.00
Bilqees Sultan Medical Centre	500,000.00
Mr. Mohammad Jerjees Seja	500,000.00
Procter & Gamble Pakistan	500,000.00
Trading Corporation of Pakistan (Pvt) Ltd	500,000.00
Mr. Ashraf Ali Zuberi	500,000.00
Mr. Talib Hussain Halai	500,000.00
Al Meezan Investment Management Ltd.	500,000.00
Mr. Fazal Jilani Khan	500,000.00
Mr. Faheem ul Islam Khan	500,000.00
Mr. Muhammad Usman Paracha	500,000.00
Banda-e-Khuda	500,000.00
Total	105,926,055.10

Partnership Agreements

Sindh Government



In response to our request for grant in aid for running expenses, Government of Sindh very graciously approved an amount of Rupees 35 million for the year 2015-16. This funding was received on 30th May, 2016. We have developed a plan to carry out 12,157 cataract surgeries at four designated Sindh Hospitals i.e. Karachi, Tando Bago, Rashidabad (Tando Allahyar) and Gambat Hospitals within the minimum possible period of six months. This plan is proceeding as per schedule wherein we have already conducted 8494 surgeries up to September 2016.

Sightsavers International



A comprehensive training programme was started to prepare Lady Health Workers, teachers, vision champions and technicians for participation in this programme. 2 optometrists, 935 teachers, 930 LHWs, and 29 technicians were given detailed briefing about this project. A new Operation Theatre is being constructed for this purpose. Ground Breaking Ceremony was performed by Ms. Raheela Hameed Durrani, Speaker Balochistan Assembly. An Optical Laboratory and wards for male and female children are also ready. This Project 'Childhood Blindness Program' was launched by Sightsavers in collaboration with USAID spread over two years, 2016-18, which LRBT is implementing as a comprehensive Childhood Blindness initiative in Balochistan to address the interlinked problems leading to Childhood Blindness. So far, 21,508 children and 4350 children from the community have been screened under this project.

In another project specifically designed for Khyber Pakhtunkhwa, Standard Chartered Bank in collaboration with Sightsavers under the 'Seeing is Believing Program' requires LRBT to conduct 29,000 cataract surgeries over a period of 3½ years, from July 2016. In order to support this project, LRBT has also been provided with ophthalmic equipment.

A fresh Project Funding Agreement was signed under which LRBT is conducting 25,275 cataract surgeries at 15 of its hospitals in this calendar year. The project was put into operation effective 1st January, 2016. We have completed 18,000 cataract surgeries so far and are progressing as planned.

Brien Holden Vision Institute



This Social Enterprise Optical Shops Project is expected to be operational in the third quarter of this year after completion of

personnel training and acquisition of the required software. With the opening of these shops at Karachi, Gambat, Mandra and Akora Khattak, we would be able to provide poor and needy patients with quality eyewear.

'Our Children's Vision' campaign is a global effort by BHVI, emphasizing the need for drastically increasing children's access to eye health. LRBT is participating in this effort and has conducted OPD of 143,838 children of which 10,305 were refracted at all our hospitals since January till end September this year. We have also provided glasses to 4,069 amongst them.

Fred Hollows Foundation



The Fred Hollows Foundation

A total of 14057 cataract surgeries were allocated to LRBT in this calendar year. Of these, 3057 were to be carried out in Sindh and Balochistan while 1000 surgeries are required to be performed in the remote areas of Balochistan for which arrangements have been made to carry out this task within the stipulated period of six months beginning June 2016. The project is progressing satisfactorily and is expected to conclude on schedule.

Under the Annual Partnership Agreement for the calendar year, LRBT will continue to run 5 satellite clinics in two districts of Punjab for detection of eye ailments in addition to offering diabetic related health services with referral to our Mandra Hospital for further treatment.

FHF is also providing financial support for training in a certification course as mid-level eye care personnel to 15 students at the LRBT School of Paramedicine.

Standard Chartered Bank Pakistan



This year two MOUs were signed with SCB under which LRBT is required to conduct 7700 cataract surgeries at eight LRBT Hospitals in the network. The project is progressing according to schedule and is expected to conclude in November this year. Another MOU was specifically designed to provide the much needed ophthalmic equipment at four of our hospitals. This equipment has been received and made available at the hospitals.

Human Concern International (HCI)



Under an MOU signed with HCI in August 2016, we are required to carry out cataract surgeries on 5000 poor, needy, disadvantaged people at nine designated LRBT Hospitals in three provinces of the country to enable them to become useful and productive individuals. This project was launched from 1st September, 2016 and shall conclude by end February, 2017. We carried out 850 surgeries in September.

In response to our request, IDRF agreed to financially support LRBT in acquiring essentially required new medical equipment for the Korangi Tertiary Hospital. A 60 KVA generator is also being provided at the Gambat Hospital to meet the power requirements following the infrastructural expansion and frequent power outages. This Project Agreement signed in August 2016 has a time frame of three months 1st September, 2016 to 30th November, 2016. With the availability of this equipment, reliable and dependable equipment will be made available for the benefit of poor and needy patients.

CONGRATULATIONS ON COMPLETING EYE CARE TRAINING PROGRAMS

1. HUMAN RESOURCE DEVELOPMENT

DOCTORS	QUALIFICATION
Dr. Syed Asaad Mahmood, Korangi Hospital	FCPS
Dr. Saima Amin, Korangi Hospital	FCPS
Dr. Asharuddin Ahmed, Korangi Hospital	FCPS
Dr. Waqar ul Huda, Korangi Hospital	FCPS
Dr. Sohaib Abbas, Lahore (Multan Road) Hospital	FCPS
Dr. Ali Akbar Ahsan, Lahore (Township) Hospital	FCPS

At present, 36 FCPS and 7 MCPS trainees are undergoing postgraduate training.

Continuous Medical Education

28 of our doctors at the Tertiary Hospital, Korangi are presently undergoing various types of procedural training.

2. TRAINING & DEVELOPMENT

LRBT School of Ophthalmic Paramedicine

Session 2016: Enrolment of students under Sindh Medical Faculty/Jinnah Medical & Dental College (JMDC) for Ophthalmic Technician, Ophthalmic Operating Theatre (OT) Technician & Refractionist Course is in process. At present, 47 students are undergoing various paramedical courses at LRBT School Korangi.

Session 2015: Students from Sindh completed their academic session and appeared in their final exam. Their results are expected soon.

Refresher Courses

12 Ophthalmic/OT Technicians from our various hospitals attended Refresher Training from 11th to 16th July, 2016 at Korangi Hospital.

Other Training Programmes

8 employees from Optical Shops Korangi, Gambat, Akora Khattak and Mandra attended training on Social Franchise (SF) Optical Shop Operations organised by Brien Holden Vision Institute at Hotel Royal Palace, Rawalpindi from 1st to 5th August, 2016.

3. APPOINTMENTS

Dr. Bashiran Shahzadi from our Korangi Hospital was appointed as Clinical Coordinator for FCPS-II (Ophthalmology) Clinical Examination Aug-2016 from 6th to 9th September, 2016.

Dr. Zaheer Uddin Aqil Qazi from our Lahore (Township) Hospital was appointed as Examiner for FCPS-II (Ophthalmology) TOACS & Clinical Examination Aug-2016 from 4th to 6th September, 2016.

Dr. Shakir Zafar from our Korangi Hospital was appointed as Examiner for FCPS-II (Ophthalmology) TOACS & Clinical Examination Aug-2016 from 4th to 6th September, 2016 and Assessor for Theory Assessment FCPS-II (Ophthalmology) Examination Aug-2016 on 18th August, 2016 at CPSP Karachi.

4. WORKSHOPS

Dr. Hunain Razzak Ghoghari, Dr. Muhammad Omer Hassan and Dr. Mehak Aijaz attended skills development workshops at CPSP.

5. MEETINGS

Dr. Syed Fawad Rizvi and Dr. Ayesha Bukhari from our Korangi Hospital attended Eye Tumor Board Meeting at Aga Khan University Hospital, Karachi on 5th August, 2016.

6. CONFERENCES

Dr. Khurram Azam Mirza from our Lahore (Township) Hospital attended EURETINA Conference at Copenhagen, Denmark from 7th to 10th September, 2016.

Dr. Syed Fawad Rizvi from our Korangi Hospital attended Ophthalmology Conference in Baku, Azerbaijan from 29th August to 8th September 2016 where he delivered a lecture on 'Role of Combination Therapy in Glaucoma'.

Dr. Syed Fawad Rizvi from our Korangi Hospital and Dr. Zaheer Uddin Aqil Qazi from our Lahore (Township) Hospital attended 13th SAARC Conference of Ophthalmology at Movenpick Hotel, Karachi from 18th to 21st August, 2016. Dr. Syed Fawad Rizvi was awarded Gold Medal for his presentation on 'Management of Retinal Haemangioblastomas'. Various other doctors of LRBT attended the conference.

AWARD DISTRIBUTION CEREMONY 2015/16

In order to recognize employees for their long service and best performance for FY2015-16, an Award Distribution Ceremony was held on 3rd September, 2016 at LRBT Free Tertiary Eye Hospital, Korangi. Doctors, paramedics and staff attended the ceremony in which Mr. Najmus Saquib Hameed, Chairman LRBT was the chief guest.



Best Person of the Year 2015/2016



Mr. M. Naeem Khan
Procurement Assistant
LRBT Central Office



Ms. Lubna Aziz
Ophthalmic Technician
LRBT Korangi



Mr. Sikandar Ali
Counsellor
LRBT Tando Bago



Mr. Irshad Ali
Security Guard
LRBT Rashidabad



Syed Ahmed Ali Shah
Sr. O.T Technician
LRBT Akora Khattak



Mr. Ghulam Nabi Soomro
Ophthalmic Technician
LRBT Gambat



Mr. Saeed Akram
Hospital Administrator
LRBT Mandra



Mr. Zahir Shah
Dispenser
LRBT Odigram



Ms. Saira Khalid
Counsellor
LRBT Lar, Multan



Mr. Naeem Javaid
OPD Attendant
LRBT Quetta



Mr. Muhammad Ibrahim
Registration Clerk
LRBT Shahpur



Mr. Kashif Najmi
Asst. Ophthalmic Technician
LRBT Khanewal



Mr. Muhammad Saleem
OPD Attendant
LRBT Mansehra



Mr. Najam Ul Saqib
Hospital Administrator
LRBT Pasrur



Mr. Rahim Bux
Asst. O.T Technician
LRBT Arifwala



Mr. Chatoon Mal Rohali
CEH Worker
CEHC Mithi



Ms. Farheen
Nurse
LRBT North Karachi



Mr. Muhammad Umer Draz
Asst. Ophthalmic Technician
LRBT Chiniot



Mr. Jehangir Khan
Gardener
LRBT Kalakalay



Mr. Ihtisham Justin
Ophthalmic Technician
LRBT Lahore (M. Road)

EYE SCREENING CAMPS

16 Eye Screening Camps were conducted at Gambat, Korangi, Quetta, Mandra and Quetta in collaboration with UCH Power Plant, K-Electric and Fred Hollows Foundation.

A total of 2,847 patients were examined, out of which 1,443 were medicated, 842 refracted and 912 were referred to LRBT hospitals for detailed examination and surgery.



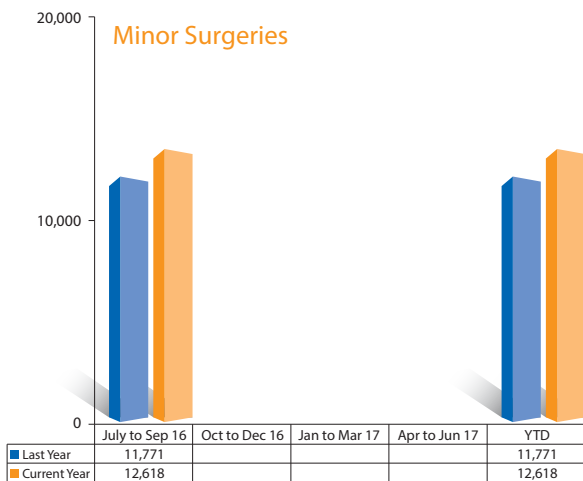
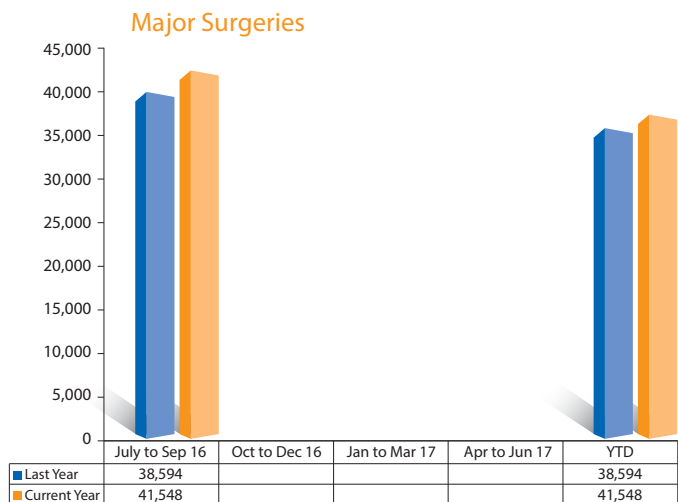
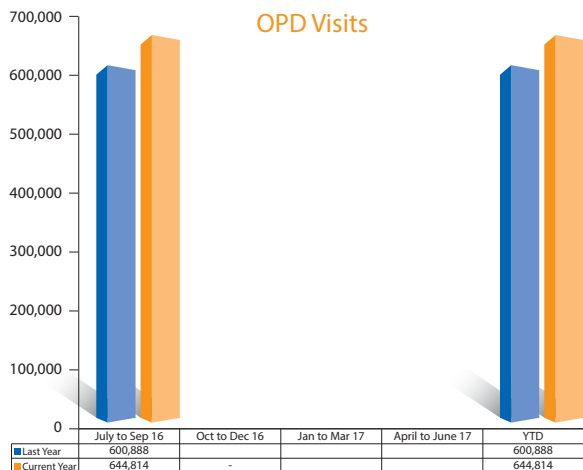
RESTORING SIGHT

- Rs. 2,878 is the cost of 1 Sight Restoration Cataract Surgery with Intra-Ocular Lens Implant
- Rs. 28,710 is the cost of a Vitreo Retinal Surgery
- Rs. 8,289 is the cost of 1 child's Sight Restoration Surgery

CHANGING LIVES

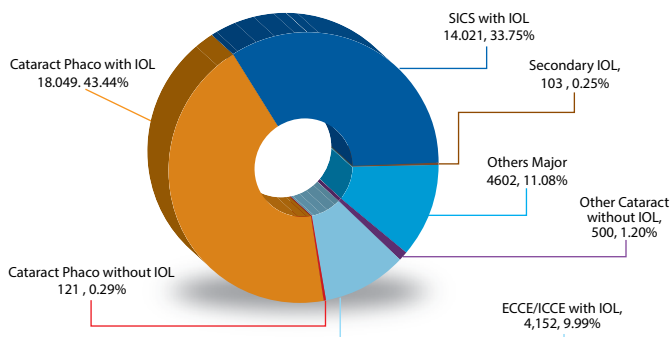
The Layton Rahmatulla Benevolent Trust (LRBT)
37-C, Sunset Lane No. 4, Phase II Extension, DHA, Karachi-75500
Phones: 021-35396600-5 (6 lines) **Fax:** 021-35396606 **Email:** lrbt@cyber.net.pk **Website:** www.lrbt.org.pk
www.facebook.com/Lrbt.Pakistan

Performance Data



Major Surgeries July 2016 to September 2016

Total Major Surgeries 41,548
 Total Cataract Surgeries 36,946 (89% of Total Major Surgeries)
 Cataract Surgeries with IOLs 36,325 (98% of Total Cataract Surgeries)



CUMULATIVE SUMMARY SINCE INCEPTION TO 30th SEPTEMBER 2016

HOSPITAL	KORANGI	LAHORE (Kot Lakhpat)	AKORA KHATTAK	ARIFWALA	ODIGRAM	GAMBAT	KHANEWAL	LAR	MANDRA	MANSEHRA	PASRUR	QUETTA	Rashidabad (Tando Adam 0110287 to 0119698)	SHAHPUR SADDAR	TANDO BAGO	NORTH KARACHI	SIBI	KALAKALAY	Chinot	LAHORE Multan Road	TURBAT (MALC)	GAWADAR (MALC)	KHEWRA (ICI)	ENT SURGERIES	TOTAL
Commencement Date	26 Oct 1986	14 May 1987	20 Oct 1990	15 Dec 2008	26 Sep 2013	20 Mar 1988	2 Jan 2006	15 Feb 1999	15 Mar 2005	8 Nov 2005	17 Mar 2008	23 Oct 2000	2 June 2008	4 Nov 2004	15 Nov 1985	2 Jan 2012	1 Jul 2003	1 Dec 2014	1 Jan 2015	1 Apr 2015	15 Nov 1985	15 Nov 1985	May 1991		
Total OPD Patients	6,235,712	6,526,373	1,920,132	747,019	1,562,857	1,791,206	780,381	1,847,540	940,355	678,854	587,112	1,257,533	1,692,915	1,052,317	1,845,608	430,146	137,881	99,973	56,517	73,095	19,933	33,560	156,088		30,473,107
Total Surgeries	691,159	586,426	201,456	73,495	201,931	274,406	87,871	219,452	141,530	67,688	77,908	103,856	229,134	159,272	183,822	33,587	9,317	3,562	4,673	6,123	1,872	3,663	16,043		3,378,246
Total	6,926,871	7,112,799	2,121,588	820,514	1,764,788	2,065,612	868,252	2,066,992	1,081,885	746,542	665,020	1,361,389	1,922,049	1,211,589	2,029,430	463,733	147,198	103,535	61,190	79,218	21,805	37,223	172,131	333	33,851,353



Name: _____

Profession: _____

Address: _____

Telephone: _____ Fax: _____

Email: _____

Amount Donated: _____

Zakat / Fitrah / Sadqah etc. _____

Pakistan:

- The Layton Rahmatulla Benevolent Trust (LRBT)
 37-C, Sunset Lane No. 4, Phase II Extension, DHA, Karachi-75500
 Phones: 021-35396600-5 (6 lines) Fax: 021-35396606 Email: lrbt@cyber.net.pk
 Website: www.lrbt.org.pk (Exempt under Section 61 of IT Ordinance 2001)

United Kingdom:

- Graham Layton Trust (GLT) - a sister charity to Layton Rahmatulla Benevolent Trust (LRBT).
 Tel: 44 (0) 203 397 1433
 Email: enquiries@glt.org.uk - Website: www.glt.org.uk

USA:

- Humanity Without Borders
 Tel: 315-221-4440, Fax: 315-779-8044
 Email: humanitywb@gmail.com
 Website: www.humanitywb.com

Canada:

- LRBF
 Cell: 289-217-1186
 Email: info@lrbfoundation.ca
 Website: www.lrbfoundation.ca
 (All donations are Tax Exempt).