

i-CARE

October - December 2016

Changing Lives



55 year old Kausar Bibi looks older than her years; her hunched back and wrinkled face speak volumes of hardships endured. She was widowed at a young age and has since been working as household help. Working six days a week, she takes care of her own house on the only day she gets off.

She currently supports her two daughters and takes great pride in managing her house and children herself. She has one son who migrated to a bigger city with his family, in search of better opportunities. Come illness or bad weather, hard-working Kausar Bibi is always at work.

This hard life took a toll on her health and as a result, Kausar Bibi developed various ailments. To save money, she resorted to Hakeemi medications that provided a quick fix. Although these medicines kept her on her feet, Kausar Bibi developed long-term side effects that could not be resolved with her herbal approach.

One of the side effects was the development of a bilateral cataract. Consequently, it became very hard for Kausar Bibi to do

simple tasks like crossing the road or going to work as the day time and brightly lit environments began to affect her vision. She once tried to seek treatment at a local hospital two years ago, before LRBT Chiniot became operational. However, on hearing the cost involved, she decided that it was not for her and continued to work despite her condition.

All she prayed for was that her vision survived long enough for her to get her daughters married and for her to see them settled in at their new homes.

She was once almost run over by a rickshaw. Upon reaching her employer's house, bruised and battered, the lady of the house tended to her injuries and then took her straight to LRBT Chiniot.

During the Zakat assessment, she broke down thinking that she might get refused treatment due to her poverty and be disgraced. With tears in her eyes, she narrated her story to the patient counselor, who did his best to alleviate her concerns, gave her due respect and reassured her of a state-of-the-art treatment without any cost to her. She entered the operation



theatre completely relieved. And after a successful operation, she was able to walk by herself without the fear of bumping into something or someone, after years.

Ecstatic, her other eye was also operated on the very next month, and now Kausar Bibi is back at work, hoping to help settle her daughters and fulfill her dreams and obligations the way she had intended to.

Help us change the lives of millions more like Kausar Bibi. Help us turn them into productive members for their families and society. Help us give them a bright future full of love, hope and cheer.

Coping with the ever-growing patient volume

Lar (Multan)

A new OPD complex, expansion of the male and female wards and an optical shop including external work are being constructed as part of our expansion programme due to the ever increasing number of people that visit this facility from far and wide. The project is progressing according to schedule and civil work is expected to be complete by the end of February 2017.



The project is being funded by a UAE based donor who has also sponsored the renovation and expansion of Gambat and Khanewal Hospitals.

Akora Khattak

With the exception of paint work, all the civil work at the Akora Khattak Hospital including a new OPD complex, an additional operation theatre with allied services, a canteen for the

inpatients, a generator room and a guard room have been completed. In addition, residences for doctors have also been constructed enabling them to stay within the premises of the hospital for the care of patients. Mr. Aziz Shariff, a UAE based donor, has financially supported the civil work of this project.



Graham Layton Trust – Spreading Smiles, Giving the Gift of Sight

Graham Layton Trust (GLT), LRBT's UK chapter, closed the year with three major events. In October 2016, GLT celebrated 32 years of service to the poor of Pakistan, with a fundraising Gala at the Four



Seasons Hotel in Park Lane, London. This event achieved its target of equipping the pediatric unit of our teaching hospital in Karachi with a RetCam, which is a sensitive visualization tool to diagnose, monitor and plan the eye treatment of babies.

Imperial College's Pakistan Society selected Graham Layton Trust as the "Charity of the Year" in 2016-17. The wonderful management team of this society organized this year's 'Shaam' dinner to raise funds for free eye screening camps for the poor in Pakistan. GLT representative and Imperial alumnus, Dr. Rehan Rajput, spoke of the good work being done by GLT and its sister charity, LRBT.



guests invited were distinguished people in their own fields and brought a wealth of experience and contacts for the charity. Some Trustees and volunteers were also invited. There was a very useful discussion over lunch, where ideas were exchanged on how to extend the reach of the charity to raise funds for eye care in Pakistan.



At the end of December, GLT's new patron, Lord Dobbs, hosted a reception at the House of Lords for GLT's Advisory Panel. The

Our big hearted supporters

On behalf of LRBT and the poor and needy patients with impaired vision, we are deeply thankful to all our generous donors for their support in our fight against curable blindness. The donors who donated over Rs. 500,000/- during this quarter are:

Name of Donor	Amount (Rs.)
Sightsavers International	34,740,010.00
ANONYMOUS DONORS - KARACHI	28,621,910.59
Graham Layton Trust	8,899,810.00
The Fred Hollows Foundation	7,964,000.00
Mr. Faheem Chaudhry	7,797,500.00
Infaq Foundation	5,583,719.00
Pakistan Bait-ul-Mal	3,972,000.00
Subhan Food Industries	3,316,126.00
K-Electric	2,816,689.00
Anonymous	2,634,000.00
Uch Power (Private) Limited	2,509,750.00
Muhammad Shafi Trust	2,500,000.00
Association of Physicians of Pakistani (APPNA)	2,452,700.00

International Develop. & Relief Foundation	2,311,416.00
The I-Care Foundation	1,402,843.00
ICI Pakistan Foundation	1,200,000.00
Mr. Khalid Islam Khan	1,200,000.00
Global Giving	1,167,596.78
Hamza Foundation	1,100,000.00
Mr. Sheikh Imranul Haque	1,000,000.00
Mr. Muhammad Usman Peracha	1,000,000.00
North Star Textiles Mills Ltd.	1,000,000.00
Brien Holden Vision Institute	836,000.00
Boxes Donations	827,752.00
Provincial Zakat Fund, Govt. of The Punjab	750,000.00
Dubai Islamic Bank	700,000.00
Lal Pir Power Limited	657,050.00
Ms Raheela Durrani	540,500.00
The Searle Company Ltd	500,000.00
Mr. Babar Bashir Nawaz	500,000.00
PAPCO	500,000.00
Pakistan Kuwait Investment Company (Pvt) Ltd	500,000.00
Mr. & Mrs. Shaheen Amin	500,000.00
Mohammad Amin Waqf Estate	500,000.00
Fakhria Tannery	500,000.00
Ms. Habiba Ali	500,000.00
Mr. Waseem ullah Anjum	500,000.00
Mr. Murtaza Kayani	500,000.00
Mr. Hamza Kayani	500,000.00
Total	144,001,372.37

Partnership Agreements

Sindh Government



The Government of Sindh very graciously approved an amount of Rs. 35 million for the year 2015-16. A plan was made to carry out 12,157 cataract surgeries at four designated Sindh hospitals in Karachi, Tando Bago, Rashidabad (Tando Allahyar) and Gambat. This plan was successfully completed in December 2016. A fresh grant of Rs. 35 million has been awarded to LRBT, which will be used to carry out cataract surgeries on the poor, needy and disadvantaged people of the province of Sindh.

Sightsavers International



LRBT is engaged in implementing a comprehensive childhood blindness initiative in Balochistan to address the interlinked problems leading to childhood blindness. So far, 37,816 school children and 11,000 children from the community have been screened under this project.

A training programme was also initiated to prepare lady-health workers, teachers, vision champions and technicians for their participation in this program. 1,409 teachers, 930 LHW's, 2 optometrists and 29 technicians were given detailed briefing about this project. 30 vision champions were trained while 20 vision clubs were established. A new operation theatre is being constructed for this purpose also. This project, "Childhood Blindness Program" was launched by Sightsavers in collaboration with USAID and will be spread over two years, 2016-18.

A project of Standard Chartered Bank in collaboration with Sightsavers under the "Seeing is Believing" programme, requires LRBT to carry out refraction, minor surgeries and cataract surgeries over a period of 3.5 years, beginning in July 2016. In order to support this project, LRBT has also been provided with ophthalmic equipment for use. All targets set for the quarter October-December 2016 have been accomplished.

A Project Funding Agreement was inked between Sightsavers and LRBT to conduct 25,275 cataract surgeries at 15 of its hospitals in this calendar year. This project was successfully completed in December 2016, as planned.

A fresh MOU is expected to be signed in January 2017 requiring LRBT to further conduct 21,525 cataract surgeries in the calendar year.

Brien Holden Vision Institute



The soft opening of the first optical shop under an agreement with BHVI took place at our Korangi Hospital on 1st October 2016. Three other shops are also aimed to be part of this project; they are ready to be launched but are awaiting the software required for inventory control. Training of personnel is expected to begin in late February and will be fully implemented by the middle of March this year. By the end of the first quarter of 2017, with these shops at Gambat, Mandra and Akora Khattak we will be able to provide poor and needy patients with quality eye wear.

Furthermore, we are collaborating with BHVI for "Our Children's Vision" campaign, which is a global effort emphasizing the need to increase children's access to eye health on a war footing. LRBT is actively participating in this programme and in the year 2016, it has conducted the OPD of 190,815 children, from which 15,737 children were refracted. 925 glasses were provided to children who needed them.

The Fred Hollows Foundation



With the completion of 14,057 cataract surgeries that LRBT was required to carry out, this programme has now concluded. An additional 1,000 surgeries were conducted in the remote areas of Balochistan and were completed on schedule in December 2016.

LRBT operates 5 satellite clinics in two districts of Punjab for the detection of eye ailments. In addition, it offers diabetic related health services with a referral to our Mandra Hospital for further treatment. This support also came to a close on 31st December 2016, after four years of collaboration.

FHF has been providing financial support for training in a certification course for mid-level eye care personnel to 15 students at the LRBT School of Paramedicine. With the close of this academic year, this financial support will also come to an end.

Standard Chartered Bank Pakistan



LRBT was required to conduct 7,700 cataract surgeries at eight LRBT hospitals in the network. The project was completed on schedule in November this year. Another MOU was specifically designed to replace the aging ophthalmic equipment at four of our hospitals. This equipment is operational at the hospitals and has brought great relief to the doctors using them.



Human Concern International (HCI)

Under an MOU signed with HCI in August 2016, LRBT is required to carry out 5,000 cataract surgeries on the poor, needy and marginalized people of three provinces in the country, at nine designated LRBT hospitals in order to make them useful and productive individuals. This project was launched on 1st September 2016, and will conclude by the end of February 2017. In the last four months, LRBT has conducted 3,746 surgeries.

International Development and Relief Foundation (IDRF)



IDRF is financially supporting LRBT to replace some urgently required ophthalmic equipment for its Korangi Hospital and a generator for the recently upgraded Gambat Hospital. This equipment has now been received, installed and made operational at both the hospitals. LRBT is grateful to IDRF for extending this much needed and timely assistance, which will go a long way for the benefit of the poor and needy patients that visit our hospitals.

CONGRATULATIONS ON COMPLETING EYE CARE TRAINING PROGRAMS

1. HUMAN RESOURCE DEVELOPMENT

DOCTORS

QUALIFICATION

Dr. Syed Muhammad Zalnurain - N. Karachi Hospital	MCPS
Dr. Uzma Naz - Korangi Hospital	MCPS
Dr. Omar Ashraf - Lahore (Township) Hospital	IMM Exam
Dr. Arsalan Shahid - Lahore (Township) Hospital	IMM Exam

At present, 42 FCPS and 6 MCPS trainees are undergoing postgraduate training.

Continuous Medical Education

17 of our doctors at the Tertiary Hospital, Korangi are presently undergoing various types of procedural training.

2. TRAINING & DEVELOPMENT

LRBT School of Ophthalmic Paramedicine

Session 2017: Advertisements for admissions were published in the local newspaper. A number of applications for Ophthalmic Technicians and Ophthalmic Operation Theatre (OT) Technicians

& Refractionists have been reviewed. A total of 65 candidates have been selected from all over Pakistan. Classes commence from 2nd January 2017.

Session 2016: Students from Sindh completed their academic session in December 2016. Their final examinations are expected soon.

Students from Punjab and KPK completed their academic session and appeared in their final examinations at the Jinnah Medical & Dental College (JMDC). Their results are expected soon.

3. APPOINTMENTS

Dr. Shakir Zafar from the Korangi Hospital was appointed as Examiner for MCPS (Ophthalmology) TOACS & Clinical Examination Session Oct-2016 from 9th to 10th December 2016 at CPSP Karachi.

Dr. S. Fawad Rizvi from the Korangi Hospital was appointed as Assessor for Theory Assessment FCPS-II (Ophthalmology) Examination Oct-2016 on 2nd November 2016, Paper Setter for FCPS-II (Vitreous Retinal Ophthalmology) Examination Sep-2016 from 7th to 8th October 2016 at CPSP Karachi and External Examiner for MBBS Semester VII Batch 2012 on 4th October 2016 at Jinnah Sindh Medical University Karachi.

4. WORKSHOPS

Ms. Zareen Naz, HR Officer from the Korangi Hospital attended a workshop on "Gender Equity & Equality" in Islamabad, from 14th to 16th December 2016.

An accessibility audit workshop was held at the Korangi Hospital by the CBM team on 10th December 2016. Various doctors and staff from LRBT, Al-Ibrahim Eye Hospital, Pakistan Eye Bank Society, Al Baseer Eye Hospital, Sightsavers, The Fred Hollows Foundation, Brian Holden Vision Institute, MALC and CBM attended the workshop.

Dr. Faisal Murtaza Qureshi from the Korangi Hospital attended workshops on "Research Methodology" and "Supervisory Skills" from 7th to 10th & 24th to 27th November 2016 respectively at CPSP Karachi.

Dr. Hina Loya, Dr. Najia Uzair, Dr. Hunain Razzak Ghoghari, Dr. Muhammad Omer Hassan and Dr. Mehak Aijaz attended skills development workshops at CPSP.

5. CONFERENCES

Dr. Khalid Masood Ashraf from the Mandra Hospital, Dr. Tauseef Ahmed from the Akora Khattak Hospital, Dr. Faisal Murtaza Qureshi, Dr. Sahab Ul Hassan & Dr. Mahwash A. Khan from the Korangi Hospital, Dr. Muhammad Hasnain & Dr. Muhammad Saleem from our Shahpur Hospital and various other doctors from the Lahore hospital attended the 35th Lahore Ophthalmology 2016, at PC Hotel Lahore from 1st to 4th December 2016.

In addition, Dr. Syed Fawad Rizvi from the Korangi Hospital attended the APAO Conference 2016 in Chicago, USA from 14th to 18th October 2016.

Dr. Khurram Azam Mirza from the Lahore (Township) Hospital also attended the EURETINA Conference in Copenhagen, Denmark from 7th to 10th September 2016

EYE SCREENING CAMPS

26 Eye Screening Camps were conducted at Gambat, Korangi, Lar Multan and Mandra in collaboration with Appna, Shell Pakistan, Lal Pir AES and The Fred Hollows Foundation.

A total of 3,069 patients were examined, out of which 1,826 were medicated, 948 refracted and 719 were referred to LRBT hospitals for detailed examination and surgery.



RESTORING SIGHT

- Rs. 2,878 is the cost of a Sight Restoration Cataract Surgery with an Intra-Ocular Lens Implant
- Rs. 25,650 is the cost of a Vitreo Retinal Surgery
- Rs. 8,289 is the cost of 1 child's Sight Restoration Surgery

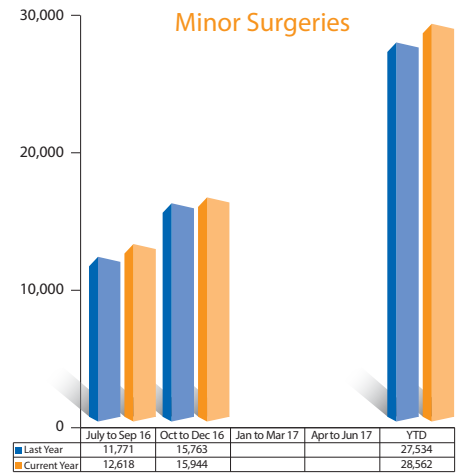
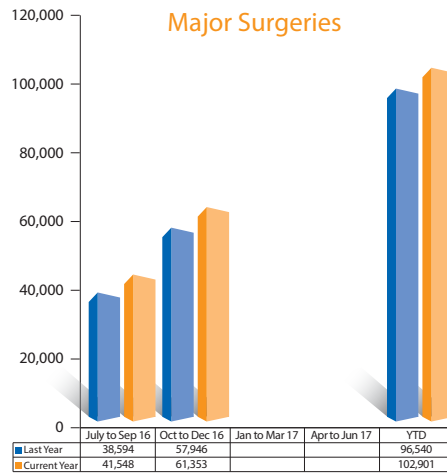
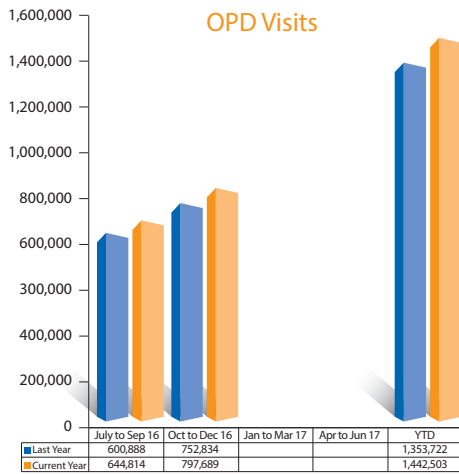
CHANGING LIVES

The Layton Rahmatulla Benevolent Trust (LRBT)

37-C, Sunset Lane No. 4, Phase II Extension, DHA, Karachi-75500

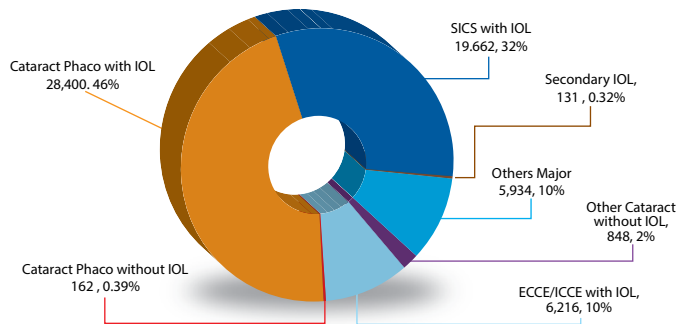
Phones: 021-35396600-5 (6 lines) **Fax:** 021-35396606 **Email:** lrbt@cyber.net.pk **Website:** www.lrbt.org.pk
www.facebook.com/Lrbt.Pakistan

Performance Data

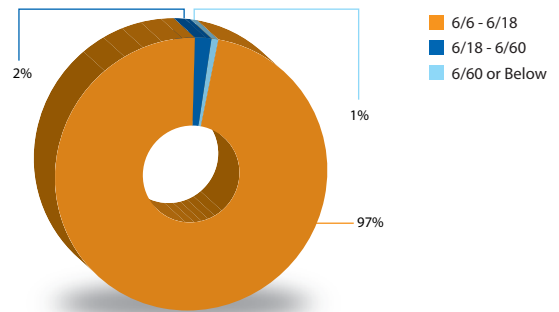


Major Surgeries October 2016 to December 2016

Total Major Surgeries: 61,353
 Total Cataract Surgeries: 55,419 (90% of Total Major Surgeries)
 Cataract Surgeries with IOLs: 54,409 (98% of Total Cataract Surgeries)



Quality of Surgery: Visual Outcomes



Note: WHO/ICEH Benchmark for good quality Cataract surgery is 90% should have visual acuity of 6/18 or better. Ours are 7 percentage points higher.

CUMULATIVE SUMMARY SINCE INCEPTION TO 31ST DECEMBER 2016

HOSPITAL	KORANGI	LAHORE (Kot Lakhpat)	AKORA KHATTAK	ARIFWALA	ODIGRAM	GAMBAT	KHANEWAL	LAR	MANDRA	MANSEHRA	PASRUR	QUETTA	Rashidabad (Tando Adam 01/02/87 to 01/06/08)	SHAHPUR SADDAR	TANDO BAGO	NORTH KARACHI	SIBI	KALAKALAY	Chinot	LAHORE Multan Road	TURBAT (MALC)	GAWADAR (MALC)	KHEWRA (ICI)	ENT SURGERIES	TOTAL
Commencement Date	26 Oct 1986	14 May 1987	20 Oct 1990	15 Dec 2008	26 Sep 2013	20 Mar 1988	2 Jan 2006	15 Feb 1999	15 Mar 2005	8 Nov 2005	17 Mar 2008	23 Oct 2000	2 June 2008	4 Nov 2004	15 Nov 1985	2 Jan 2012	1 Jul 2003	1 Dec 2014	1 Jan 2015	1 Apr 2015	15 Nov 1985	15 Nov 1985	May 1991		
Total OPD Patients	6,366,717	6,628,822	1,958,405	777,717	1,593,906	1,833,005	805,735	1,896,864	967,525	700,168	609,835	1,282,741	1,728,105	1,077,223	1,872,400	462,534	140,908	117,842	66,570	94,388	20,498	34,210	157,381		31,193,499
Total Surgeries	701,537	599,034	206,324	73,544	205,412	280,345	90,876	224,695	145,314	69,457	80,464	105,380	232,992	162,698	186,668	37,017	9,683	5,038	5,793	8,380	1,934	3,705	16,253		3,452,543
Total	7,068,254	7,227,856	2,164,729	851,261	1,799,318	2,113,350	896,611	2,121,559	1,112,839	769,625	690,299	1,388,121	1,961,097	1,239,921	2,059,068	499,551	150,591	122,880	72,363	102,768	22,432	37,915	173,634	333	34,646,042



Name: _____

Profession: _____

Address: _____

Telephone: _____ Fax: _____

Email: _____

Amount Donated: _____

Zakat / Fitrah / Sadqah etc. _____

Pakistan:

- The Layton Rahmatulla Benevolent Trust (LRBT)
 37-C, Sunset Lane No. 4, Phase II Extension, DHA, Karachi-75500
 Phones: 021-35396600-5 (6 lines) Fax: 021-35396606 Email: lrbt@cyber.net.pk
 Website: www.lrbt.org.pk (Exempt under Section 61 of IT Ordinance 2001)

United Kingdom:

- Graham Layton Trust (GLT) - a sister charity to Layton Rahmatulla Benevolent Trust (LRBT).
 Tel: 44 (0) 203 397 1433
 Email: enquiries@glt.org.uk - Website: www.glt.org.uk

USA:

- Humanity Without Borders
 Tel: 315-221-4440, Fax: 315-779-8044
 Email: humanitywb@gmail.com
 Website: www.humanitywb.com

Canada:

- LRBF
 Cell: 289-217-1186
 Email: info@lrbfoundation.ca
 Website: www.lrbfoundation.ca
 (All donations are Tax Exempt).