

i-CARE

April - June 2016

Changing Lives

Muhammad Fayaz is a 26 year old resident of Kuza Banda Tehsil in District Battagram. His father - Jalandhar – is aged and does not work anymore. His mother, a housewife, takes care of the household chores and his 5 brothers and 3 sisters – all younger than him. Though 2 of his younger brothers work as laborers, it is Fayaz who works as a cook at a small local eatery and is the primary earner on whose income the household depends on.

Though it isn't much, only Rs.5000/- a month, the job provides a security that Fayaz enjoys. His interest in cooking started when he worked as a young boy at a neighborhood tea shop that served snacks too. While his younger brothers spent their days playing in the streets, hardworking and honest Fayaz, worked till late night at the shop, acquiring skills that would help him later. Once equipped with the knowledge of the kitchen and confident of his skills, Fayaz applied to and was accepted as a junior chef in a local hotel.

His dream is to become the head chef one day. However, his dreams were shattered when he realized a few months ago that his vision was diminishing. Although his mother had been through a similar ailment a few years ago and was treated at LRBT Mansehra, they had all attributed her condition to old age and Fayaz was sure his problem differed from that of his mother's. However, his trust in LRBT was complete and he knew no matter what the problem, he would find the solution, if

there was any, at LRBT. Since he could not afford to go anywhere else, he spoke to his manager to allow him a 2 month leave during which he could visit LRBT Mansehra and get himself treated.

The manager, upon hearing how his mother was also treated at LRBT and how confident Fayaz was, allowed him a leave of absence since Fayaz was having difficulty working in the kitchen anyway – being barely able to see now. Fayaz immediately rushed to LRBT Mansehra where, after a thorough examination, he was diagnosed with cataract and was advised surgery. On the given date, Fayaz was operated upon successfully.

After surgery when Fayaz visited the hospital for a checkup, his vision was perfect and he was very thankful to all doctors and entire staff of LRBT Mansehra who made it possible for him and others like him, to get back to their lives and become productive again.

Back at work, Fayaz is hardly able to hide his excitement – 'I knew LRBT had done it for my mother, but twice? Our entire family prays for the management and the donors of LRBT!'

Help us change the lives of millions more like Fayaz. Help us turn them into productive members for their families and society. Help us give them a bright future full of love, hope and cheer.



Dosta Runs to End Blindness in Pakistan

The Friends of LRBT USA, in collaboration with Humanity Without Borders, support LRBT's services by raising funds in the USA. In May this year, Dosta Dedic – a resident of the country, ran 50 miles, giving sight to hundreds of women and children for each mile she ran.



With a finish time of: 09:29:48.428, Dosta completed the 2016 Dirty German Endurance Fest 50 Miler and tied up her running to LRBT by having people donate for each mile she ran. Dosta says: 'I believe everyone should have an opportunity to see life clearly. Imagine not being able to see clearly. That would be far more challenging than any 50 mile run and many other challenges. Every blink is precious and I want to help others see through the remarkable work done by LRBT.'

GLT Iftar

The Graham Layton Trust (GLT) held its first-ever Iftari in London this year, at the Strand Palace Hotel near Covent Garden. The event was sold out despite Iftar being as late as 9.20 p.m.



It was delightful to see that more than half the guests were new supporters. GLT volunteers went from table to table, introducing themselves and getting to know everyone. Sisters Sahar and Sara Zaffar gave an interesting presentation on blindness and made a heartfelt appeal for donations.



Sahar & Sara Zaffar at the Iftar



The High Commissioner at the GLT stall (see above) talking to volunteer Dr. Heera Rahman

The event was a fundraiser as well as an opportunity to bring together people who want to champion the cause of free eye care for the poor.

Coping with the ever-growing patient volume

Lar (Multan)

Construction of a new OPD Complex, expansion of male and female wards an optical shop and external works was



LRBT Lar (Multan) Construction Site

undertaken end August 2015 which is progressing according to the work schedule. The main slab of the Complex has been laid

and plastering is in progress. Civil work is scheduled to complete by end February 2017. This project has been funded by a UAE based donor who had earlier financed the entire renovation of our Khanewal and Gambat Hospitals.

Gambat

Civil work has now come to a close except external work relating to laying a fresh lawn and new plantation is also in progress. The new Operation Theatre has also become functional increasing the capacity to 14 tables. This was required due to increase in patient flow and backlog due to paucity of space and capacity in the past. A new optical shop, Guard room and a toilet block for the patients have also been added which are also ready for use. This project has been funded by the same UAE based donor who had earlier sponsored Khanewal and is also financially supporting the entire project at the Lar Hospital.



LRBT Gambat Construction Site

Akora Khattak

The new OPD Complex is fully operational along with an additional Operation Theatre and allied services, a canteen for the patients, a new optical shop, generator and a guard rooms. Final touches to the residences for the doctors are now being given. This project was required due to the ever increasing number of patients reporting at the OPD and limited capacity that was available in surgery, inadequate space for seating patients; make shift arrangement for laser and low vision rooms, insufficient space for the consultants to examine patients. Mr. Aziz Shariff, a UAE based donor, is financially supporting the civil work of this project.

SEEING IS BELIEVING – VISITS TO LRBT

Karachi: Korangi Hospital

- **S.M Ali Shah, MD Johns Hopkins University, Mr. Amir Khan** School of Medicine IRD & Indus Health Network visited Korangi Hospital on 19th April 2016.



LRBT Korangi, Karachi

- **Ms. Jennifer Kang, (Regional Head Sustainability) and Ms. Marium Soomro (Sr. Manager Sustainability and Community Engagement)** Standard Chartered Bank visited Korangi Hospital on 26th April 2016.



LRBT Korangi, Karachi

- **Mr. Gautam (Regional Head Wealth)** Standard Chartered Bank visited Korangi Hospital and 25 persons participating in the EV activity on 4th May 2016.



LRBT Korangi, Karachi

- **Mr. Collin Ross** (Executive Director Ever Sight International-USA) visited Korangi Hospital on 19th May 2016.



LRBT Korangi, Karachi

- **Dr. Akbar Shakoor Assistant Professor of Ophthalmology, John A. Moran Eye Center and University of Utah, USA** visited Korangi Hospital on 30th May, 2016 to give a lecture and carried out a surgical audit. He also visited the Central Office and held discussions for further collaboration between the Center and LRBT with the Chairman and the CEO LRBT.

Our big hearted supporters

On behalf of LRBT and the poor and needy patients with impaired vision, we are deeply thankful to all our generous donors for their support in our fight against curable blindness. The donors who donated over Rs. 500,000/- during this quarter are:

Name of Donor	Amount (Rs.)
Health Department, Government Of Sindh	35,000,000.00
Sight Savers International	23,697,277.00
Graham Layton Trust	21,701,440.20
ANONYMOUS DONORS - KARACHI	19,098,022.36
Mr. M Asif Javed	10,424,785.00
Punjab Welfare Trust For The Disabled	8,965,000.00
Mrs. Rukhsana Usman Peracha	7,000,000.00
Mr. Ruhail Mohammad	5,000,000.00
Subhan Food Industries	4,787,940.00
The Fred Hollows Foundation	4,131,772.00
Mr. Muhammad Younis Shami (Late)	2,500,000.00
Anonymous Donor	2,001,000.00
Mr. Sajjad Ahmad	2,000,000.00
SUNCROP GROUP	2,000,000.00
Pakistan Bait-ul-Mal	1,864,000.00
K-Electric	1,810,705.00
PAK-ARAB REFINERY LTD	1,500,000.00
Mr. & Mrs. Shaheen Amin	1,500,000.00
Mr. Shan Ashary	1,425,000.00
Beltexco Limited	1,400,000.00
Mr. Salman Ahmed (Bahrain)	1,315,750.00
Mr. Nasir Ahmed Mehmood	1,140,000.00
Ms. Zeenat Towfiq Chinoy	1,100,000.00

I & R Trust	1,074,450.00
Mr. Irshad A Rashid & Mrs. S Rashid	1,043,000.00
Mr. Nauman Ahmed	1,040,625.00
Mr. Majjid Bashir	1,025,000.00
Cowasjee Foundation	1,000,000.00
Ms. Khurshid Bhaimia	1,000,000.00
Mr. Khawar Masood Butt	1,000,000.00
Jaag Broad Casting Systems (Pvt) Ltd	1,000,000.00
Liberty Mills Limited	1,000,000.00
Soorty Enterprises (Pvt) Limited	1,000,000.00
Bits Wits Pvt Limited	1,000,000.00
Banda-e-Khuda	1,000,000.00
Mr. M Hassan	883,500.00
Mr. Ashraf Ali Zuberi	850,000.00
Ms. Nadia Morshed	769,500.00
Mr. Abdus Samad	750,000.00
Getz Pharma (Pvt) Limited	730,000.00
Ms. Sahia Ahmad	712,500.00
Mr. Kashif Zaki	700,000.00
Brig Sahib Dad Khan Welfare Trust	697,793.00
LRBT Rashidabad	638,500.00
Mr. Aziz Shariff	627,000.00
Mr. Amjad Ali Khan	612,450.00
Mr. Towfiq Chinoy	600,000.00
Mr. Zahid Iqbal Bhatti	600,000.00
Mr. Mateen Ahmed Shaheen	600,000.00
Mr. Shaukat Murad	570,000.00
Hamza Foundation	550,000.00
Chiniot Anjuman Islamia	504,737.00
Cyrus R. Cowasjee	500,000.00
Shell Pakistan Ltd.	500,000.00
Mr. Qasim Kazmi	500,000.00
SUNGAS (Pvt) Ltd	500,000.00
Richa Leathers	500,000.00
Mr. Javed Ahmed	500,000.00
Ms. Sadaf Saeed	500,000.00
Mr. Mohammad Afzal	500,000.00
Waheed Asghari Memorial Trust	500,000.00
Mr. Munir A. Gondal	500,000.00
Mehr Ghulam Samdani	500,000.00
Mr. M.A. Nasir	500,000.00
Mr. Abid Hussain	500,000.00
Shamshad Nabi	500,000.00
Shaikh M Amin	500,000.00
Mr. Khalid Bashir	500,000.00
Anjuman Khuddam-e-Rasool Allah	500,000.00
Hanif Adamjee Charitable Trust	500,000.00

Mohammad Amin Waqf Estate	500,000.00
Mr. Abid Zuberi	500,000.00
Mr. Muhammad Abdullah Ejaz	500,000.00
Mr. Shahzad Aziz	500,000.00
Mr. Muhammad Yunus Gagan	500,000.00
Mr. Pervez Ahmed	500,000.00
Mr. Imtiaz Ali Khan	500,000.00
Total	205,871,746.56

Partnership Agreements

Sindh Government



In response to our request for grant in aid for running expenses, Government of Sindh very graciously approved an amount of Rupees 35 million for the year 2015-16. This funding was received on 30th May 2016. We have developed a plan to carry out 12,057 cataract surgeries at four designated Sindh Hospitals i.e. Karachi, Tando Bago, Rashidabad (Tando Allahyar) and Gambat Hospitals within the minimum possible period of six months. This plan is proceeding according to schedule wherein we have already conducted 1505 surgeries.

Sightsavers International



Training is underway of relevant functionaries that will be required to participate in this program. While two Optometrists and 600 teachers completed their training, we expect the Lady health workers and technicians training to be accomplished by end August 2016. There are 930 LHW'S and 70 technicians that require to be given detailed briefing about this project. An optical laboratory and wards for male and female children are also ready. A new operation Theatre will also be constructed for this purpose; the ground breaking ceremony is expected to take place next month. This Project "Childhood Blindness Program" was launched by Sightsavers in collaboration with USAID spread over two years 2016-18, which LRBT will be implementing as a comprehensive childhood blindness initiative in Balochistan to address the interlinked problems leading to childhood blindness.

A new Project Funding Agreement was signed under which LRBT will be conducting 24,000 cataract surgeries at 15 of its Hospitals in this calendar year. This project was put into operation effective 1st January 2016. We have so far completed 14,190 cataract surgeries and are progressing, as planned.

Brien Holden Vision Institute



Social Enterprise Optical Shops planned to be set up at four of our Hospitals i.e. Korangi, Gambat, Lar and Mandra are being given final touches. This project is expected to be operational in the third quarter of this year after completion of personnel training. With the opening of these shops, we would be able to provide poor and needy patients with quality eye wear. In another development a letter of Intent was signed for "Our Children's Vision" campaign which is a global effort by BHVI emphasizing the need to drastically increase children's access to eye health. LRBT is participating in this effort and has conducted refraction of 98,108 children at all our hospitals since January this year. We have also provided glasses to 5,457 amongst them. Both the projects are successfully underway.

Fred Hollows Foundation



The Fred Hollows Foundation

In addition to the scheduled 13,057 cataract surgeries in eight designated Hospitals that LRBT is presently carrying out in this calendar year, another 1000 cataract surgery have been offered to us for the remote areas of Balochistan. Arrangements have been made to carry out this task within the stipulated period of six months.

FHF is also providing financial support for training as mid level eye care personnel to 15 students at the LRBT School of Para medicine.

Under the Annual Partnership Agreement for the calendar year, LRBT will continue to run 5 satellite clinics in two districts of Punjab for detection of eye ailments and in addition offering diabetic related health services with referral to our Mandra Hospital for further treatment.

Standard Chartered Bank Pakistan



Two MOU's were signed on the 29th of February this year under which LRBT is required to conduct 7700 cataract surgeries at eight LRBT Hospitals in the network. The project is progressing according to schedule. The second MOU will provide the much needed ophthalmic equipment at four of our Hospitals. This equipment will be available at the Hospitals in the third quarter.

CONGRATULATIONS ON COMPLETING EYE CARE TRAINING PROGRAMS

a. DOCTORS QUALIFICATIONS

At present 39 FCPS and 7 MCPS trainees are undergoing postgraduate training.

b. MICROSURGICAL TRAINING

One doctor attended microsurgical training at our Lahore (Township) Hospital:

- Dr. Muhammad Asif - Lahore General Hospital

c. CONTINUOUS MEDICAL EDUCATION

28 of our doctors at the Tertiary Hospital, Korangi are presently undergoing various types of procedural training at the Korangi Hospital.

2. TRAINING & DEVELOPMENT

LRBT School of Ophthalmic Paramedicine

Session 2016: Enrollment of students under Sindh Medical Faculty/Jinnah Medical & Dental Collage (JMDC) for Ophthalmic Technician, Ophthalmic Operating Theatre (OT) Technician & Refractionist Course is in process. At present 49 students are undergoing various paramedical courses at LRBT School Korangi.

Session 2015: Examination forms of students for Ophthalmic Technician, Ophthalmic Operation Theatre (OT) Technician & Refractionist Course under Sindh Medical Faculty have been submitted. Their final examinations are expected soon.

3. APPOINTMENTS

Dr. Muhammad Abdullah Khan from our Korangi Hospital was appointed as Examiner for IMM (Ophthalmology) TOACS Examination Apr-2016 on 16th June 2016 at CPSP Karachi.

Dr. Shakir Zafar from our Korangi hospital was appointed as Examiner for IMM (Ophthalmology) TOACS Examination Apr-2016 on 16th June 2016 and Assessor for MCPS (Ophthalmology) Examination Apr-2016 on 10th May 2016 at

CPSP Karachi. He was also appointed as External Examiner for Practical / Viva Voce of 4th Year MBBS Annual Examination 2016 on 24th 26th & 28th May 2016 at Liaquat National Hospital & Medical College.

Dr. S. Fawad Rizvi from our Korangi hospital was appointed as Examiner for FCPS-II (Vitreous Retinal Ophthalmology) TOACS & Clinical Examination Apr-2016 from 27th to 28th May 2016 and Assessor for FCPS-II (Vitreous Retinal Ophthalmology) Examination Apr-2016 on 4th May 2016 at CPSP Karachi. He was also appointed as Internal Examiner of 4th Year MBBS Annual Examination 2016 from 25th to 26th May 2016 at Jinnah Medical & Dental College.

Dr. Kashif Iqbal from our Lahore (Township) hospital was appointed as Examiner for IMM (Ophthalmology) TOACS Examination April-2016 on 16th June 2016 at CPSP Lahore.

4. WORKSHOPS

Dr. Najia and Dr. Sameer attended Skills Development Workshops at CPSP Karachi.

5. CONFERENCES

A symposium was held at Mughal Hospital Lahore in collaboration with Pakistan Vitreous Retinal Society on 26th May 2016. Dr. Kashif Iqbal from our Lahore (Township) Hospital made a presentation on Vitrectomy in different scenarios and held a case discussion along with other doctors while Dr. Khurram Azam Mirza of our Lahore (Township) Hospital was included in the panel of experts.

EYE SCREENING CAMPS

16 Eye Screening Camps were conducted at Arifwala, Khanewal, Korangi, Lahore (Multan Road), Lar, Mandra, Mansehra, Quetta and Shahpur in collaboration with LOTTE CHEMICAL Pak Ltd., Shell Pakistan, K-Electric, Fred Hollows Foundation, Fatima Group and BWA Quetta.

A Total of 3,988 patients were examined, out of which 2,153 were medicated, 1,619 refracted and 592 were referred to LRBT hospitals for detailed examination and surgery.



RESTORING SIGHT

- Rs. 2,879 is the cost of 1 Sight Restoration Cataract Surgery with Intra-Ocular Lens Implant
- Rs. 28,710 is the cost of a Vitreous Retinal Surgery
- Rs. 8,289 is the cost of 1 child's Sight Restoration Surgery

CHANGING LIVES

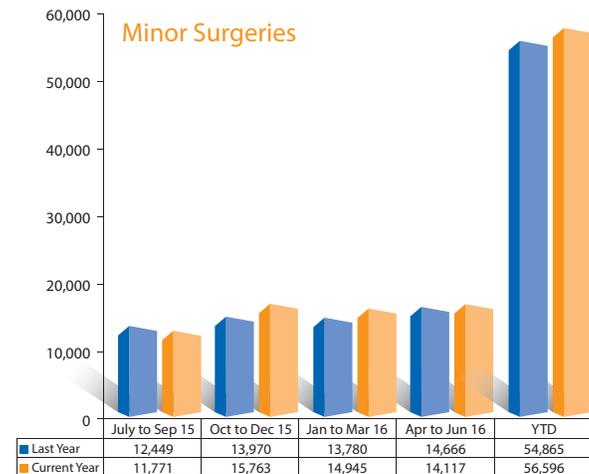
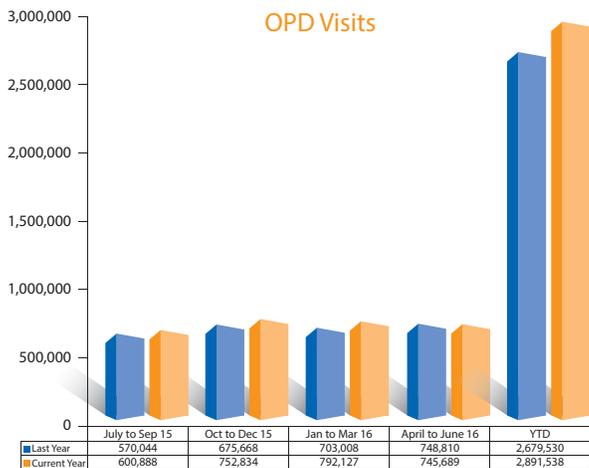
The Layton Rahmatulla Benevolent Trust (LRBT)

37-C, Sunset Lane No. 4, Phase II Extension, DHA, Karachi-75500

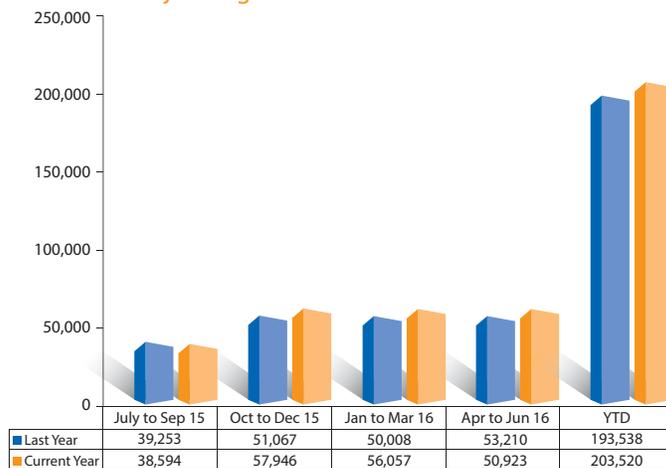
Phones: 021-35396600-5 (6 lines) **Fax:** 021-35396606 **Email:** lrbt@cyber.net.pk **Website:** www.lrbt.org.pk

www.facebook.com/Lrbt.Pakistan

Performance Data

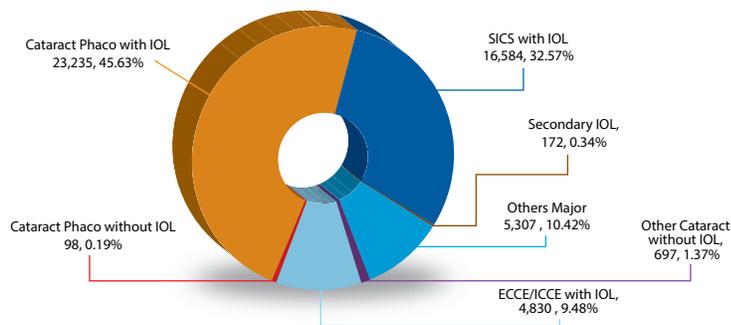


Major Surgeries



Major Surgeries April 2016 to June 2016

Total Major Surgeries 50,923
 Total Cataract Surgeries 45,616 (89.58% of Total Major Surgeries)
 Cataract Surgeries with IOLs 44,821 (98.26% of Total Cataract Surgeries)



CUMULATIVE SUMMARY SINCE INCEPTION TO 30th JUNE 2016

HOSPITAL	KORANGI	LAHORE (Kot Lakhpat)	AKORA KHATTAK	ARIFWALA	ODIGRAM	GAMBAT	KHANEWAL	LAR	MANDRA	MANSEHRA	PASRUR	QUETTA	Rashidabad (Tando Adam 01/02/07 to 01/06/08)	SHAHPUR SADDAR	TANDO BAGO	NORTH KARACHI	SIBI	KALAKALAY	Chiniot	LAHORE Multan Road	TURBAT (MALC)	GAWADAR (MALC)	KHEWRA (ICI)	ENT SURGERIES	TOTAL
Commencement Date	26 Oct 1986	14 May 1987	20 Oct 1990	15 Dec 2008	26 Sep 2013	20 Mar 1988	2 Jan 2006	15 Feb 1999	15 Mar 2005	8 Nov 2005	17 Mar 2008	23 Oct 2000	2 June 2008	4 Nov 2004	15 Nov 1985	2 Jan 2012	1 Jul 2003	1 Dec 2014	1 Jan 2015	1 Apr 2015	15 Nov 1985	15 Nov 1985	May 1991		
Total OPD Patients	6,130,206	6,447,912	1,885,280	722,881	1,535,490	1,756,882	759,257	1,805,038	919,201	658,651	570,550	1,228,869	1,665,713	1,032,242	1,824,407	406,636	136,245	82,361	49,174	57,551	19,683	33,255	154,975		29,882,459
Total Surgeries	682,651	578,281	198,876	71,751	199,345	269,741	85,645	214,944	139,083	66,162	76,113	102,440	226,767	156,397	182,092	32,541	9,127	2,752	4,161	4,873	1,852	3,640	15,846		3,324,080
Total	6,812,857	7,026,193	2,084,156	794,632	1,734,835	2,026,623	844,902	2,019,982	1,058,284	724,813	646,663	1,331,309	1,892,480	1,188,639	2,006,499	438,177	145,372	85,113	53,335	62,424	21,535	36,895	170,821	333	33,206,539



Name: _____

Profession: _____

Address: _____

Telephone: _____ Fax: _____

Email: _____

Amount Donated: _____

Zakat / Fitrah / Sadqah etc. _____

Pakistan:

- The Layton Rahmatulla Benevolent Trust (LRBT)
 37-C, Sunset Lane No. 4, Phase II Extension, DHA, Karachi-75500
 Phones: 021-35396600-5 (6 lines) Fax: 021-35396606 Email: lrbt@cyber.net.pk
 Website: www.lrbt.org.pk (Exempt under Section 61 of IT Ordinance 2001)

United Kingdom:

- Graham Layton Trust (GLT) - a sister charity to Layton Rahmatulla Benevolent Trust (LRBT).
 Tel: 44 (0) 203 397 1433
 Email: enquiries@glt.org.uk - Website: www.glt.org.uk

USA:

- Humanity Without Borders
 Tel: 315-221-4440, Fax: 315-779-8044
 Email: humanitywb@gmail.com
 Website: www.humanitywb.com

Canada:

- LRBF
 Cell: 289-217-1186
 Email: info@lrbfoundation.ca
 Website: www.lrbfoundation.ca
 (All donations are Tax Exempt).