

Giving Sight Transforming Lives



July - September 2020 | Newsletter No.: 141



LRBT
FREE EYE CARE FOR THE POOR

A blue graphic element consisting of a downward-pointing triangle with a white outline, positioned to the right of the LRBT text.

2-year-old, Kaleemullah - LRBT's 45 Millionth Patient!

LRBT has treated over 45 million patients and has impacted the lives of millions more by enabling the treated to go back to leading fulfilling lives



The monsoon rains in Karachi wrought havoc for millions of people, destroying their homes and livelihood. For 2-year-old Kaleemullah's parents this time is forever etched in their memory as probably one the most testing times of

their lives. Their youngest son was out playing in the street in the rain when a stray dog bit him on the face.

"I still have nightmares about his cries of pain and the absolute helplessness I felt when I saw his bloodied, mangled face." says Marjan, Kaleemullah's father.

Upon hearing the agonized screams of the young child, people nearby rushed to his aid, trying to distract the wild dog away from him at the risk of their own lives. The dog had clung on to Kaleemullah's face for what seemed like ages before they were able to pull him away. By this time Kaleemullah's older brother had come running from the house. At first he did not know whom the crowd was gathered around. Fighting his way to the front he saw his baby brother's face covered in blood. He quickly gathered Kaleemullah in his arms and ran for the house, screaming for his father the entire way. Marjan was busy safeguarding his house from the rain pouring in through various leaks in the roof. Hearing his older son's panicked shouts he rushed and upon seeing Kaleemullah's innocent face covered in blood, he felt as if his world had come crashing down around him.

One of the neighbors who had rescued Kaleemullah was nearby and he offered to take them to the hospital. Navigating through the flooded streets and traffic jams, they finally managed to reach the hospital where the child was taken to emergency and given stitches for the cuts on his forehead and near his eye. However, Marjan's biggest fear was that his

child's eye may have been damaged permanently.

Marjan works as a leather factory loader and is the sole bread earner for his wife and 8 children. Living in a rented house and paying school fees for his eldest two children left nothing as savings. Although the doctors had assured him that Kaleemullah's eye will become alright but he was worried about it being disfigured and his child losing his sight forever. He was going from hospital to hospital when a news channel heard about his son's condition and covered it on their channel.

A kind donor of LRBT saw the news and immediately arranged his check-up at LRBT Korangi Hospital. The devastated father was contacted and he brought Kaleemullah who was examined under general anesthesia. The doctors repaired his left eye lid with upper and lower punctual.

Marjan was overjoyed when the doctors told him that his son would make a full recovery. On Kaleemullah's follow-up visit he said, *"The pain I saw my little boy endure and the paralyzing fear that his eye may have been permanently damaged is something I will never ever forget. It was through Allah's help and the kindness of so many people that my son's life was saved. My biggest fears were my son going blind, his treatment being so expensive and we having no money, who would help us? LRBT, its doctors and the donor were a miracle for us. My child's entire treatment was free and not only was Kaleemullah's vision saved but his eye shows no signs of ever having been damaged at all."*



Help us change the lives of millions more like Kaleemullah. Help us give them a bright future full of love, hope and cheer.

Seeing is Believing

Visits to LRBT

Dr. Zahid Hussain Awan, *Inclusive Eye Health Project Manager, CBM Pakistan*, visited LRBT Tertiary Teaching Eye Hospital, Korangi on 24th August 2020.



Mr. Muhammad Bux Mahar, *Assistant Director, Pakistan Baitul Mal District Khairpur*, visited LRBT Secondary Eye Hospital, Gambat on 10th September 2020. He commented, *“During my visit to LRBT Gambat, I feel good quality service is being provided for the poor patients as well as precautions measures regarding COVID-19.”*



Members of Ismail Industries visited LRBT Tertiary Teaching Eye Hospital, Korangi on 19th September 2020. They remarked, *“We are impressed on the way work is going on by LRBT and we hope that they will carry on.”*



Mr. Fateh Muhammad Tunio, *Director Physical Education, Government Degree Science College Gambat*, visited LRBT Secondary Eye Hospital, Gambat on 21st September 2020. He observed, *“LRBT Eye Hospital Gambat is the best eye hospital particularly in entire Sindh.”*



Mr. Imran Ahmad Siddiqui, *Chairman, District Zakat & Ushar Committee Korangi Karachi*, visited LRBT Tertiary Teaching Eye Hospital, Korangi on 24th September 2020.



Malik Naseer Shahwani, *MPA Balochistan*, visited LRBT Secondary Eye Hospital, Quetta on 24th September 2020. He commented, *“I am impressed with the setup at LRBT Quetta Hospital and am pleased to note that this is the only eye hospital in Balochistan which treats the poor for free. Dr. Saeed is doing a great job and I pray that LRBT and its team continues doing this wonderful work.”*



Partnership Agreements

LRBT gives credit to its partners for its success and is proud to work with them in ongoing projects:

Government of Sindh

A grant of Rs. 70 million was graciously awarded to LRBT this year for conducting 15,152 sight restoring cataract surgeries at all five of our Sindh Hospitals.



In the first quarter, we comfortably achieved the target of 3788 planned surgeries despite the constraints and limitations resulting from the prevailing pandemic.

We are thankful to the Sindh Government for their continuous support.

Sightsavers



The ongoing UK AM project with Sightsavers required us to carry out 2600 cataract surgeries this quarter, in addition the shortfall of surgeries which could not be performed earlier due the closure of all our hospitals in the last quarter, under a Government directive has also been now met.

In a separate arrangement, we were allocated 1500 sight restoring cataract surgeries, which was successfully accomplished. We have been assigned another 1500 surgeries in the next quarter. Efforts made by Sightsavers to alleviate curable blindness in the country in collaboration with LRBT are deeply appreciated.



Brien Holden Vision Institute



BHVI has been spearheading "Our Children's Vision" campaign in collaboration with LRBT as part of a global effort emphasizing the need to increase children's access to eye health and continues to provide eye wear to children through this program. In a new effort and to reduce the time taken to provide glasses to children, these are now being provided from the Optical Shops which we are operating in partnership with BHVI. This measure has been well received by the patients as the turnaround time has considerably reduced.

During the quarter this year, we conducted OPD of 52,043 children of which 380 were refracted and 440 glasses are being provided to them.

CBM International

Under a partnership agreement inked in 2017, CBM has been supporting 22 students initially in one-year certification programs and later for a two-year Ophthalmic Assistant Diploma. These trainees appeared in their first year examination at Jinnah Medical & College Hospital in December 2019. All students except one qualified in their first year. Classes of second year are progressing well through online lectures. This project will be concluding in December.



We are hopeful that CBM continues to support this venture through which quality eye care can be offered and the deficiency of mid-level eye care professionals in the country can be reduced.

HCI MoUs



We had signed an agreement with HCI to perform 1475 cataract surgeries on poor females at five designated hospitals. This project was launched in December 2019 and was to conclude in July 2020. As all hospital activities were suspended 22nd March onwards by a Government directive due to the prevailing pandemic, we had to defer the outstanding 475 surgeries, which were completed in this quarter. This female specific project has now been completed. We are grateful to HCI for their generous support.

A&A Company Formations DMCC – Dubai

Under an arrangement, A&A Company agreed to sponsor 4243 injections over a period of one year for poor patients seeking treatment for retinal diseases. The shortfall of 701 injections was completed in July on reopening of our hospitals after having closed for three months due to Government's restrictions on OPDs and elective surgeries.

We are thankful to A&A Company for its generous support.

Highlights from LRBT PAKISTAN

Play area at Korangi Hospital

A new, purpose built play area was reopened at LRBT Korangi Hospital with additional facilities for nursing mothers. The play area provides a respite to the young eye patients who visit our facilities daily.



World Sight Day 2020

World Sight Day, held on the second Thursday of October every year, aims to focus global attention on vision impairment and blindness.

Last year, LRBT took ownership of this day and carried out a massive campaign across the country through media and activation. This year, due to Covid-19 restrictions, the campaign will be on TV, print and social media apart from hospitals. Preparations are underway at all our hospitals also to hold awareness sessions and educate our patients about the importance of eye health.

LRBT opens its 59th Eye Clinic

LRBT opened its 59th Primary Eye Care Clinic at DHQ Astore, Gilgit Baltistan.

We had an overwhelming response on the opening day as the area was in dire need of an eye care facility for many years. LRBT now comprises 19 Hospitals and 59 Eye Centers.



Highlights from Around the World GLT

Live Online Event: VJ Day 75th Anniversary Commemorations

To commemorate the 75th anniversary of VJ Day, marking the end of WW2, the Graham Layton Trust paid tribute to the memory and achievements of the charity's founder, Graham Layton, who served in the British Indian Army.

Supporters were invited to join journalist Chris Denham in live conversation with the charity's patron Lord Michael Dobbs and Trustees Art Malik and Nusrat Mirza, which was streamed on the Graham Layton Trust's YouTube channel.

The discussion honoured the collective contribution of the Commonwealth forces

who served in the Far East and how they came to be known as the "Forgotten Army". The programme is still available to watch. Visit glt.org.uk and click the YouTube icon at the bottom of the page.



Congratulations on completing Eye Care Training Programs

LRBT strongly believes in training its doctors and paramedics so as to give the best quality care to our patients.

1. HUMAN RESOURCE DEVELOPMENT

A. DOCTORS QUALIFICATIONS

At present, 42 FCPS and 3 MCPS trainees are undergoing postgraduate training.

B. CONTINUOUS MEDICAL EDUCATION

17 of our doctors at the Tertiary Hospital, Korangi are presently undergoing various types of procedural training.

2. TRAINING & DEVELOPMENT

LRBT School of Ophthalmic Paramedicine



LRBT recognizes that eye care for our patients begins in the homes, streets and clinics of our communities. Eye health paramedics are there to provide care to patients without the need to go to hospitals. We believe that good patient care can only come with improving the skill of our workforce.

Session 2020: Online Classes of Ophthalmic Assistant, Ophthalmic Technician, Ophthalmic Operation Theatre (OT) Technician & Refractionist Course are going on as per schedule. Presently 63 candidates are enrolled in these courses.

Session 2019: Students from Sindh completed their academic session in December 2019. Their final exams are expected soon.

Students other than Sindh completed their academic session, appeared in their final exam at Jinnah Medical College Hospital (JMCH) and all stand qualified.

REFRESHER COURSES

Dr. Saif Ullah Khan from our Akora Khattak Hospital attended Orientation & Glaucoma Subspecialty Training at our Mandra Hospital from 24th August to 14th September 2020.

11 Paramedic Staff attended 2 weeks Online Refresher Training from 21st July to 08th August 2020.

10 Paramedic Staff attended 2 weeks Online Refresher Training from 22nd June to 03rd July 2020.

OTHER TRAINING PROGRAMMES

Dr. Uzma Naz of our Korangi Hospital attended six months Observership Program in Uveitis Ophthalmology at University of Utah, Salt Lake City, USA.

Online Sign Language Training of Staff organized by Sightsavers under its UKAM Project for our Quetta, Akora Khattak, Shahpur and Mandra Hospital from 11th August 2020. Total 12 classes will be conducted on once a week basis.

3. WORKSHOPS

Dr. Rana Fahad Ibraheem and Dr. Aneeb Ashraf attended skills development workshops at CPSP.

4. RECOGNITION

- LRBT Arifwala and Lar Multan Hospitals have been issued license by the Punjab Healthcare Commission.

LRBT Corneal Bank

During 3rd quarter, 46 corneal grafts were carried out at LRBT Hospitals.

LRBT Free Tertiary Eye Hospital Korangi Karachi performed 17 surgeries. We are grateful to **APPNA** for donating these corneas.

Organ donation as a whole is still a challenge in Pakistan, as many falter for various reasons; Endorsements on approval of organ donation in light of Islam from national and international Islamic scholars and councils can be found on:

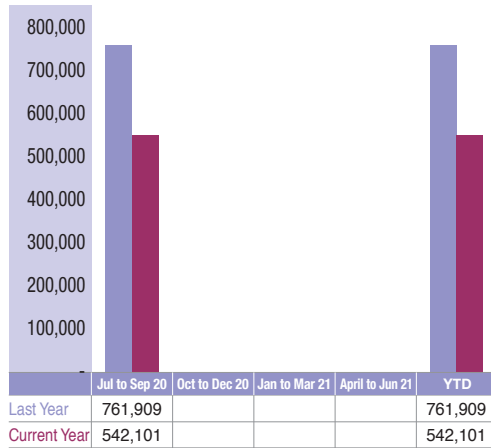
<https://www.lrbt.org.pk/cornea-donation-light-quran-sunnah/>

If you are residing in Karachi, Lahore or Quetta and would like to become a donor, please visit:

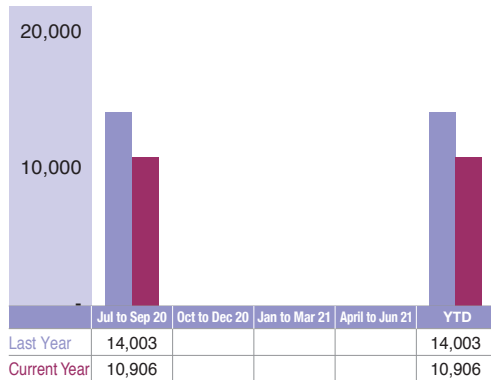
<https://www.lrbt.org.pk/wp-content/uploads/2018/05/CorneaDonation.pdf>

Performance Data

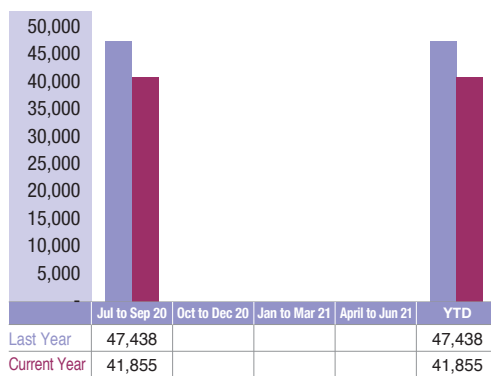
OPD VISITS



MINOR SURGERIES

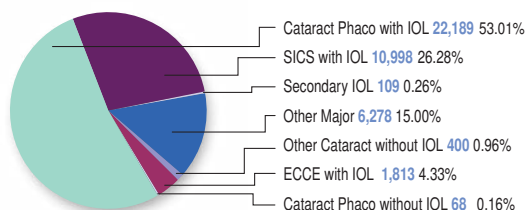


MAJOR SURGERIES



MAJOR SURGERIES

July 2020 to September 2020



Total Major Surgeries **41,855**

Total Cataract Surgeries **35,580** (85% of Total Major Surgeries)

Cataract Surgeries with IOLs **35,112** (99% of Total Cataract Surgeries)

Cumulative Summary of total OPDs and Surgeries Since Inception to 30th September 2020

Hospital	Commencement Date	Total OPD Patients	Total Surgeries	Total
KORANGI	26th Oct 1986	7,965,881	828,104	8,793,985
LAHORE (KOT LAKHPAT)	14th May 1987	7,940,734	763,873	8,704,607
AKORA KHATTAK	20th Oct 1990	2,510,807	262,844	2,773,651
ARIFWALA	15th Dec 2008	1,158,895	107,878	1,266,773
ODIGRAM	26th Sep 2013	1,991,661	250,010	2,241,671
GAMBAT	20th Mar 1988	2,364,907	351,897	2,716,804
KHANEWAL	2nd Jan 2006	1,181,102	126,772	1,307,874
LAR	15th Feb 1999	2,561,591	295,602	2,857,193
MANDRA	15th Mar 2005	1,379,760	194,835	1,574,595
MANSEHRA	8th Nov 2005	1,035,760	96,885	1,132,645
PASRUR	17th Mar 2008	919,705	113,050	1,032,755
QUETTA	23rd Oct 2000	1,593,782	124,563	1,718,345
RASHIDABAD(TANDO ADAM 01/02/87 to 01/06/08)	2nd June 2008	2,185,913	276,876	2,462,789
SHAHPUR SADDAR	4th Nov 2004	1,505,198	214,492	1,719,690
TANDO BAGO	15th Nov 1985	2,250,126	224,029	2,474,155
NORTH KARACHI	2nd Jan 2012	828,544	67,832	896,376
SIBI	1st Jul 2015	186,763	12,734	199,497
KALAKALAY	1st Jul 2015	389,050	25,138	414,188
CHINIOT	1st Jan 2015	214,999	19,629	234,628
LAHORE (MULTAN ROAD)	Aug 2015	448,502	34,632	483,134
TURBAT (MALC)	15th Nov 1985	28,245	2,604	30,849
GAWADAR (MALC)	15th Nov 1985	41,226	4,281	45,507
KHEWRA (ICI)	May 1991	168,335	18,686	187,021
ENT SURGERIES				356
TOTAL		40,851,486	4,417,246	45,268,732

TIP for Healthy Eyes

Tips for healthy eyes in Diabetic patients

1. Control blood glucose levels and blood pressure.
2. Have your eyes checked once a year.
3. Eat healthy food.
4. Exercise.
5. Quit smoking.

Dr. Marium Shameem
Assistant Ophthalmologist – LRBT

Our big-hearted supporters

On behalf of LRBT and the needy patients with impaired vision, we are deeply thankful to all our generous donors for their support in our fight against curable blindness. The donors who donated Rs. 0.5 million and above during the third quarter are:

Name of Donor	Amount
Sight Savers International	19,300,000.00
Anonymous Donors – Karachi	15,282,436.02
Chiniot Anjuman Islamia	9,090,407.00
Habib Bank Limited - Islamic Banking	5,000,000.00
Ms. Khurshid Bhaimia	3,453,224.00
Mohamad Amin Wakf Estate	2,500,000.00
Mr. Salman Ahmed (Bahrain)	1,740,000.00
Dr. Behram Ali Khan	1,658,842.50
Global Giving	1,619,566.96
CBM International	1,234,800.00
Uch Power (Private) Limited	1,200,000.00
Mr. Mohammad Hussain	1,200,000.00
Parents of Dr. Z. Aqil Qazi & Dr. Saadia Moin	1,200,000.00
Mr. Riyaz Ali Towfiq Chinoy	1,000,000.00
Siddique Corporation	1,000,000.00
Mr. Muhammad Yusuf Akram	1,000,000.00
Mr. Muhammad Yousuf Tahir	1,000,000.00
Punjab Welfare Trust For The Disabled	990,000.00
Mr. Kashif Ijaz Sheikh	800,000.00
Late Safdar Iqbal, Zebinda & Saad Endow Fund	664,800.00
Mr. Masood Ahmed Khawaja	600,000.00
Mr. Qasim Kazmi	500,000.00
Central Depository Company of Pakistan Ltd.	500,000.00
Mr. Anwaar Hussain	500,000.00
Mr. Muhammad Naeem	500,000.00
TOTAL	77,139,076.48



Help us help them
become productive
members of society

Cost	Treatment
Rs. 4,343	The cost of Sight Restoration Cataract Surgery with an Intra-Ocular Lens Implant
Rs. 35,440	The cost of Adult Retinal Detachment Surgery
Rs. 8,880	The cost of Child Sight Restoration Surgery

LRBT Pakistan Bank Details:

Please deposit your Zakat at any of the following banks:

Account Title

**The Layton Rahmatulla
Benevolent Trust**

Faysal Bank

Account No.

0330000131981129

Branch Code

0330

IBAN No.

PK89FAYS0330000131981129

Swift Code

FAYSPKKA

Standard Chartered Bank Limited

Account No.

01-6556450-01-00

Branch Code

047

IBAN No.

PK02SCBL0000001655645001

Swift Code

SCBLPKXXXX

United Bank Limited (UBL)

Account No.

010-4241-4

Branch Code

0949 – online

IBAN No.

PK84UNIL0112094901042414

Zakat Online:

<https://www.lrbt.org.pk/online-donate>

(Exempt under Section 61 of IT Ordinance 2001)