

Giving Sight Transforming Lives



January - March 2021 | Newsletter No.: 143



LRBT
FREE EYE CARE FOR THE POOR
Largest provider of eye care in Pakistan

Imran - 46 Millionth Patient!

LRBT has treated over 46 million patients and has impacted the lives of millions more by enabling the treated to go back to leading fulfilling lives



Father of 2, Imran Khan sells children's clothes from a small stall in his hometown, Sukkur. The past couple of months have been particularly hard on him. Due to the pandemic lockdown, the market was allowed to operate only twice a week and he was unable to put up his stall the rest of the days. Business was slow even on those two days as people were avoiding crowded places. There were days when his family survived on only one meal a day and they almost lost the roof over their heads. Some kind relatives helped pay the rent so that they would not be out on the street.



His already surmounting problems were compounded when he had an accident while

going to work. He did not see a pothole and fell down and injured his head and hurt his eyes. He was immediately rushed to the hospital and given stitches. Imran thought he was getting better but after a couple of days he started having blurry vision in his right eye. He ignored it at first thinking it could be due to an allergy but as time passed he had difficulty doing his work. He did not have any savings and knew that even if treatment was possible he would never be able to afford it - dejected he continued working as best as he could.



Prior to the accident, he used to travel long distances to purchase the clothes for his stall but due to his diminished sight he was unable to go for months on end. He was

devastated to pull his children out from school. All his dreams for them, that they complete their education and have a better future than him, were shattered when he was struggling to even put food on the table. His son started accompanying him to help out at the stall. It broke Imran's heart to see him sitting out in the sun working all day while kids his age went to school and played with their friends. He felt the accident had robbed him not only of his sight but his son's childhood too.

It was during a discussion with a customer that Imran got to know about LRBT Hospital. His relatives once again came to his rescue

by loaning him the bus fare and after a seven hour journey he finally reached Karachi. Imran had heard that treatment was free for those who cannot afford it but he experienced it himself when he had a cataract surgery free of cost. He was ecstatic to be able to see clearly again and knows that he received a gift more precious than sight - his independence and future back.

With his sight restored, Imran is once again back on his feet and his children are again going to school. He came as a changed man for his follow-up visit to the hospital. Gone was the bowed man with a defeated look about him, he is once again standing tall. Looking visibly happy he said, "I am living my life to the fullest, grateful for all the things I took for granted. The pandemic wreaked havoc on my livelihood but losing my sight broke my back. I could not see my children going to sleep hungry, their looks of yearning when they saw their friends go to school made me want to end my life. I knew I was spiraling into depression but saw no way out of my circumstances. LRBT truly gave me a second chance at life and for that I will be forever grateful."

Help us change the lives of millions more like Imran. Help us turn them into productive members for their families and society. Help us give them a bright future full of love, hope and cheer.

Coping with the ever-growing patient volume

LRBT started off as a small mobile unit in Tando Bago over 35 years ago. Over the years, it has spread throughout the country with 19 hospitals and 56 primary eye care clinics. The journey of growth and expansion continues

Mandra:

Following the launching of this project in December 2020, a new hospital building is presently under construction. The raft foundation concrete has been laid already while basement columns are being erected. This increase in capacity was essentially required as Mandra Hospital is a pivotal unit in the network as in addition to receiving patients from its surrounding areas, it serves many patients referred from our Northern Hospitals where some diagnostic tools and treatment are not available for certain eye ailments. Over the years and with the increase in the number of patients, there was dire need to construct a purpose-built hospital which would offer efficient services, provide a comfortable environment to the visitors and sufficient space to house various sub specialty clinics. The expected completion date of this project is August 2022.

We are deeply indebted to our long-standing and loyal donor who is providing full financial support in the construction of this building. In the past, he had sponsored major renovation and expansion at Khanewal and Gambat Hospitals. Later, a new OPD and surgical complex at Lar were also constructed through his support.

Seeing is Believing

Visits to LRBT

Ms. Sameena Zameer, Incharge Medical Officer, RHS Gambat Population Welfare Department, Khairpur Mir's, visited LRBT Secondary Eye Hospital Gambat on 7th January 2021. Her reviews, "LRBT provides good services in this area co-operative staff and healthy service, fulfills the basic eye care needs."



Mr. Zulfiqar Ali Gilal, Deputy Director (VA) Social Welfare Department, Khairpur Mir's, visited LRBT Secondary Eye Hospital Gambat on 23rd February 2021. His reviews, "Today visited LRBT Gambat, The services given by said hospital are appreciable and role of employees is good. Doctors and Employees are co-operative."



Partnership Agreements

LRBT gives credit to its partners for its success and is proud to work with them in ongoing projects:

Government of Sindh

A fresh grant of Rs.70 million was graciously awarded to LRBT for the fiscal year 2020-21. Under the plan, we are required to perform 15,152 sight restoring cataract surgeries at all five of our Sindh Hospitals over a period of 12 months. Despite the surge in the number of COVID cases resulting in restrictions in movement and shutdowns, we have been able to achieve the target set for 12 months in a period of 9 months.



Government for their continuous support.

Sightsavers



In order to enhance the cataract surgical rate in Balochistan, Sightsavers inked a partnership agreement with LRBT requiring us to perform a total of 6853 cataract surgeries at Sibi and Quetta over a period of three years. This project became operational from February this year. Urgent and necessary renovations were required to be carried before launching this project. During the months of February and March, 195 surgeries were performed. We are in contact with various health authorities to

spread awareness about the availability of these services at our Sibi facility.

The ongoing UKAM project is progressing satisfactorily. The project requires us to conduct a total of 38000 surgeries during the period of the project. So far, 36,427 surgeries at the four designated hospitals have already been performed. During the period under review, we performed 3,670 sight restoring surgeries. In a related development, Sightsavers recently offered to augment the services being offered at these facilities through replacement of aging equipment and addition of urgently required new ones. We are thankful to Sightsavers for their unflinching support to LRBT.

Brien Holden Foundation



In addition to the four optical shops operating in collaboration with BHVI, LRBT is opening two more optical shops at our Multan Road Tertiary Hospital and at Lar in order to provide quality eyewear at affordable prices. These shops are expected to become operational in the next quarter.

"Children's Vision" campaign is being carried out in collaboration with BHVI as part of a global effort emphasizing the need to increase children's access to eye health and continues to provide eyewear to children through this program. For ease and convenience of children and their parents, these spectacles are now being made available at all the hospitals. During this quarter this year, we conducted OPD of 57,428 children of which 5,626 were refracted and 739 glasses are being provided to them

CBM International

A new project for the purpose of strengthening inclusive and quality eye care services in District Rahimyarkhan,



Punjab is being launched in collaboration with the Government and in which LRBT will be the implementing partner.

Under the agreement, quality inclusive eye health services and optometrists will be made available for communities and school children in 5 selected rural health centers, vision screening will be initiated at Basic Health Units (BHU) through well-trained existing Governmental staff. With this effort, people at risk of and living with visual impairment in District Rahimyarkhan will have access to health services. It is expected that 200,000 persons will benefit directly from inclusive and quality eye care in Tehsil Sadiqabad, District Rahimyarkhan. The agreement is expected to be signed imminently.

FHF cataract surgeries



The Fred Hollows Foundation

A comprehensive eye care project for female agriculture and cottage workers, involving 700 sight restoring cataract surgeries, was launched by FHF in collaboration with LRBT. Referred surgery patients comprising poor females in districts Khanewal, Jhang and Sahiwal are required to be operated at LRBT's facilities. During the period under review, a total of 295 surgeries have been accomplished. The target given for this quarter was 300. This project will be concluding in May 2021.

OBAT CANADA



OBAT CANADA

An agreement to conduct 2,238 sight restoring cataract surgeries over a period of one year was signed in October 2020. Under this project, these surgeries were being carried out at our Korangi and North Karachi Hospitals. During this quarter, 561 surgeries were conducted while the total number of surgeries conducted so far is 935. This project is progressing according to schedule. We look forward to greater collaboration with OBAT in future.

Congratulations on completing eye care training programs

LRBT strongly believes in training its doctors and paramedics so as to give the best quality care to our patients.

1. HUMAN RESOURCE DEVELOPMENT

At present, 46 FCPS and 5 MCPS trainees are undergoing postgraduate training.

a. DOCTORS QUALIFICATIONS

1. Dr. Salman Mohsin	- Korangi Hospital	FCPS (Anaesthesiology)
2. Dr. Muhammad Afaq Shah	- Khanewal Hospital	FCPS
3. Dr. Ammar Afzal Tarrar	- Lahore (Township) Hospital	FCPS
4. Dr. Zahra Ghazanfar	- Lahore (Township) Hospital	FCPS
5. Dr. Wahaj Ahmad	- Lahore (Township) Hospital	FCPS

b. CONTINUOUS MEDICAL EDUCATION

17 of our doctors at the Tertiary Hospital, Korangi are presently undergoing various types of procedural training

2. TRAINING & DEVELOPMENT

LRBT School of Ophthalmic Paramedicine



LRBT recognizes that eye care for our patients begins in the homes, streets and clinics of our communities. Eye health paramedics are there to provide care to patients without the need to go to hospitals. We believe that good patient care can only come with improving the skill of our workforce.

Session 2021: Advertisement for Admissions published in the local newspaper. Collection of applications and selection process for Ophthalmic Assistant, Ophthalmic Technician, Ophthalmic Operation Theatre (OT) Technician and Refractionist Course have also been completed. Classes commenced in January 2021.

Session 2020: Students from Sindh completed their academic session in December 2020. Their final exams are awaited.

Students other than Sindh completed their academic session, appeared in their final exams at Jinnah Medical College Hospital (JMCH) and their results are awaited.

Session 2019: Students from Sindh completed their academic session, appeared in their final exams at Sindh Medical University and all stand qualified.

Students other than Sindh completed their academic session, appeared in their final exams at Jinnah Medical College Hospital (JMCH) and all stand qualified except one.

REFRESHER COURSES

- 10 Paramedic Staff attended 2 weeks Online Refresher Training from 04th to 19th January 2021

OTHER TRAINING PROGRAMS

- 16 Zakat Counselors and other staff attended Online Training Session with Shariah Advisor on 31st March 2021
- Dr. Anique Ahmed from Mandra Hospital attended Keratoplasty Training at LRBT Lahore Township Hospital on 27th February 2021
- 137 Staff of different cadres attended Online Training on MIS (Applications & Operations) on 23rd, 24th, 25th & 27th February 2021
- Dr. Arshad Mehmood from our Gambat Hospital attended Argon Laser Training at our Korangi Hospital from 28th December 2020 to 09th January 2021

3. APPOINTMENTS

- Dr. Syed Fawad Rizvi from our Korangi

Hospital was appointed as:

- Examiner for FCPS – II (Ophthalmology) TOACS & Clinical Examination Session from 29th February 2021 to 31st March 2021 at CPSP Karachi
- External Examiner for FCPS Mock Examination on 26th February 2021 under the supervision of OSP Karachi at POB Trust Karachi
- Dr. Zeeshan Kamil from our Korangi Hospital appointed as Paper Setter for

MCPS (Ophthalmology) Paper Setting Session April 2021 on 24th February 2021 at CPSP Karachi

- Dr. Kashif Iqbal from our Lahore Township Hospital appointed as Examiner for Vitreo Retinal (Ophthalmology) TOACS and Clinical Examination Session October 20 from 07th to 09th January 2021 at CPSP Lahore

4. WORKSHOPS

- Drs. Jibran Khalil and Rana Fahad Ibraheem attended Skills Development Workshops at CPSP

Highlights from LRBT PAKISTAN

4th LRBT Golf Tournament

LRBT, the largest provider of free eye care in Pakistan having treated over 46 million patients through its network of 75 facilities, recently held its Annual Fundraiser Golf Tournament at Karachi Golf Club. Engro Corporation was once again the Title Sponsor of the Tournament. 27 teams played for LRBT's mission of fighting blindness in Pakistan by giving the gift of sight to the poor.



The event was one of its kind and each element starting from the guest's welcome area, the décor and the flawless execution of

the tournament and ceremony has set new standards. The prizes were given out by Mr. Najmus Saqib Hameed - Chairman LRBT, Mr. Asif Ikram - Vice President Karachi Golf Club and Mr. Eram Hasan - Chief Information & Transformation Officer, Engro Corp.

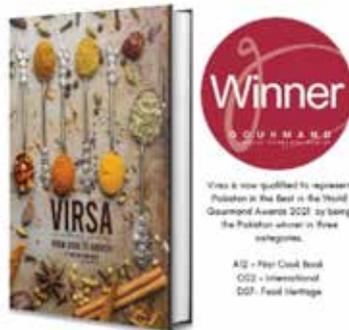


The winning team was A.O. Hospital and included Mr. Malik Murtaza, Mr. Noman Khan, Mr. Salman Ali and Mr. Zulfiqar Khan whereas FrieslandCampina team were the runner ups and comprised Capt. Atif Shah, Mr. Arsalan Shikoh Khan, Mr. Saim Shazli and Mr. Yashal Shah. The Longest Drive was won by Mr. Noman Khan and Closest to the Pin by Mr. Khalid J. Siddiqi.

Speaking at the ceremony, Mr. Hameed thanked the sponsors and partners who supported LRBT in putting up such a wonderful event. The funds raised from this tournament will go towards cataract surgeries of underprivileged patients.

Culinary book 'Virsa' continues giving to LRBT

The author, Shehar Bano, honored her late father Dr. Hasan bin Ahmed Rizvi's legacy of supporting LRBT by donating 100% profits of the award winning book "Virsa" for the cause of eradicating curable blindness from Pakistan. The book is a tribute to her mother's culinary talent and is now qualified to represent Pakistan in the 'Best in the World Gourmand Awards 2021' by being the Pakistan winner in three categories - First Cook Book, International and Food Heritage. Proceeds from the book amounting to Rs. 5.5 million have been donated to LRBT for the treatment of poor eye patients.



School screening at Kiran Foundation

LRBT community services continue via School Screening Program since 2005. Till now, hundreds of school teachers have been trained and more than 500,000 children screened. Our team recently visited Kiran Foundation Campus and trained the teachers on how to screen children at school at initial stage for any eye ailment.



Training sessions held at LRBT

LRBT organized five days' training on "Clinical & Functional Low Vision Management" at its Tertiary Teaching Eye Hospital, Korangi Karachi from 16 - 20 March 2021. Optometrists from different LRBT Hospitals, Al-Ibrahim Eye Hospital and Vision Trust attended the training.

We gratefully acknowledge our sponsors Brien Holden Foundation and Australian Aid to create a unique opportunity of learning Low Vision Management for the benefit of community.

We thank our Master Trainers Mr. Imshad Khan and Mrs. Yasmeen Iqbal to make this a real learning experience for the participants.



Glaucoma Week celebrated at LRBT Quetta

Awareness sessions on glaucoma and its treatment were held at LRBT Quetta Hospital to educate the masses on the importance of early detection of this disease. Early detection of glaucoma is key to preventing later sight loss, as is the importance of sight tests to detect possible glaucoma so that it can be diagnosed by an eye doctor and treated in the community where possible.



Session with Special Olympics

A session on eye screening titled "Opening Eyes" was held at LRBT Korangi with Special Olympics team.



LRBT believes and celebrates what is both common and different and takes pride in being a more inclusive organization and playing an active role.



LRBT Quetta appointed as Covid Vaccination Center

Government of Balochistan has appointed LRBT Quetta as one of its vaccination centers. We are proud to be serving humanity beyond our domain and playing our role in fighting against Covid.



LRBT Corneal Bank

During 1st quarter, 12 corneal grafts were carried out at LRBT Hospitals.

Organ donation as a whole is still a challenge in Pakistan as many falter for various reasons; endorsements on approval of organ donation in light of Islam from national and international Islamic scholars and councils can be found on:

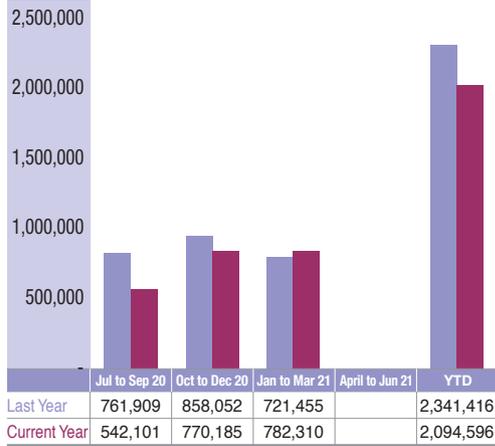
<https://www.lrbt.org.pk/cornea-donation-light-quran-sunnah/>

If you are residing in Karachi, Lahore or Quetta and would like to become a donor, please visit:

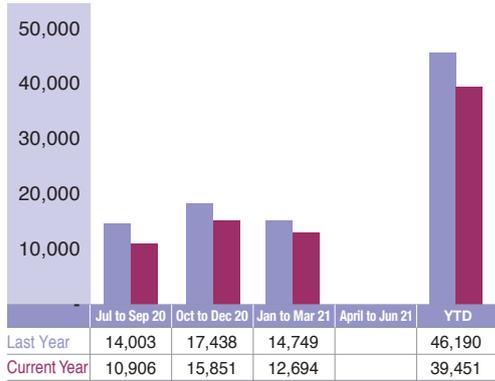
<https://www.lrbt.org.pk/wp-content/uploads/2018/05/CorneaDonation.pdf>

Performance Data

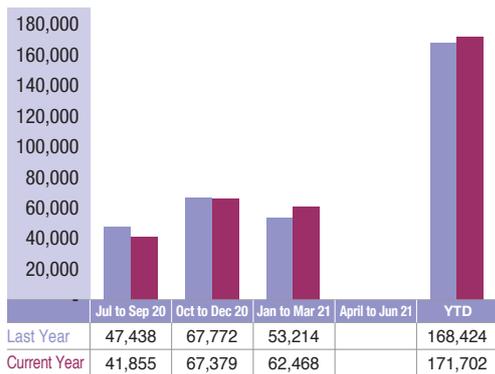
OPD VISITS



MINOR SURGERIES

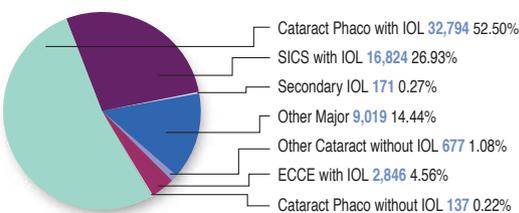


MAJOR SURGERIES



MAJOR SURGERIES

January 2021 to March 2021



Total Major Surgeries **67,379**

Total Cataract Surgeries **58,505** (85% of Total Major Surgeries)

Cataract Surgeries with IOLs **57,556** (98% of Total Cataract Surgeries)

Cumulative Summary of total OPDs and Surgeries Since Inception to 31st March 2021

Hospital	Commencement Date	Total OPD Patients	Total Surgeries	Total
KORANGI	26th Oct 1986	8,149,696	847,261	8,996,957
LAHORE (KOT LAKHPAT)	14th May 1987	8,099,411	790,770	8,890,181
AKORA KHATTAK	20th Oct 1990	2,591,923	273,858	2,865,781
ARIFWALA	15th Dec 2008	1,215,195	113,115	1,328,310
ODIGRAM	26th Sep 2013	2,049,034	256,336	2,305,370
GAMBAT	20th Mar 1988	2,453,358	364,444	2,817,802
KHANEWAL	2nd Jan 2006	1,244,262	132,027	1,376,289
LAR	15th Feb 1999	2,658,600	306,368	2,964,968
MANDRA	15th Mar 2005	1,441,404	201,800	1,643,204
MANSEHRA	8th Nov 2005	1,095,965	103,179	1,199,144
PASRUR	17th Mar 2008	960,763	118,528	1,079,291
QUETTA	23rd Oct 2000	1,638,781	127,193	1,765,974
RASHIDABAD (TANDO ADAM 01/02/87 to 01/06/08)	2nd June 2008	2,254,918	283,863	2,538,781
SHAHPUR SADDAR	4th Nov 2004	1,586,388	223,826	1,810,214
TANDO BAGO	15th Nov 1985	1,900,601	230,333	2,130,934
NORTH KARACHI	2nd Jan 2012	883,174	74,596	957,770
SIBI	1st Jul 2015	192,440	13,264	205,704
KALAKALAY	1st Jul 2015	429,895	29,071	458,966
CHINIOT	1st Jan 2015	247,603	22,812	270,415
LAHORE (MULTAN ROAD)	Aug 2015	506,144	39,293	545,437
TURBAT (MALC)	15th Nov 1985	29,862	2,741	32,603
GAWADAR (MALC)	15th Nov 1985	41,876	4,329	46,205
KHEWRA (ICI)	May 1991	168,335	18,686	187,021
ENT SURGERIES				356
TOTAL		41,839,628	4,577,693	46,821,231

Eye Screening Camps

12 Eye Screening Camps were conducted at Akora Khatak, Korangi, Mandra, Quetta, and Shahpur in collaboration with Sightsavers International and K-Electric. A total of 1,906 patients were examined, out of which 1,539 were medicated, 1,097 refracted and 308 were referred to LRBT Hospitals for detailed examination and surgery.

Our big-hearted supporters

On behalf of LRBT and the needy patients with impaired vision, we are deeply thankful to all our generous donors for their support in our fight against curable blindness. The donors who donated during the third quarter are:

Name of Donor

ANONYMOUS DONORS – KARACHI
 LRBT USA
 Anonymous
 Provincial Zakat Fund - Government of Sindh
 Chiniot Anjuman Islamia
 Miss Shehar Bano Rizvi
 World Health Organization
 Anonymous
 Global Giving
 Punjab Welfare Trust For The Disabled
 Engro Foundation
 Ebrahim Alibhai Charitable Trust
 Sight Savers International
 Jubilee Life Insurance Company Limited
 Boxes Donations
 Subhan Food Industries
 Mrs. Yasmin Mustafa
 Mr. Nisarullah
 Mr. Nisar ullah (Late)
 EFU Life Assurance Ltd.
 Engro Polymer & Chemicals Ltd
 The Fred Hollows Foundation
 Ms. Zeeba Zafar Mahmood
 CDC-Trustee NBP Islamic Active Allocation Equity F
 Siddique Corporation
 A. Q. Enterprises
 Mr. Sajid Akram
 Maqbool Engineers
 Pakistan Bait-ul-Mal
 Hamza Foundation
 Mr. Masood Ahmed Khawaja
 LRBT Shahpur
 National Foods Company
 Rotary International
 Mr. Rashid Khan NAZ P/L
 Dr. Taha Jaffrey Dr. Yasmin Taha Jaffrey & Family
 Mrs. Komal Anwer
 New Al Sadat Traders
 Mr. J. M. Chaudhary
 Mrs. Raqaya Sultana
 Mr. Zakir Hussain Ibrahim
 Getz Pharma (Pvt) Limited
 Mr. Saleem Paracha
 Orix Leasing Pakistan Limited
 Pakistan Petroleum Limited
 Progressive Traders (Private) Limited
 EFU General Insurance Ltd
 Ismail Industries Limited
 Mr. Habib-ur-Rehman
 Mr. Ali Ahmed Khan
 Garib Sons (Pvt) Ltd.
 Habib Metropolitan Bank Limited
 Mr. Abbas D. Habib
 Mr. Muhammad Abdullah
 United Bank Ltd Ameen Islamic Banking
 Mr. RZ Mahmood
 Mr. Rafiuddin Z. Mahmood
 CDC-Trustee Meezan Tahaffuz Pension Fund
 Mohammad Tayyab
 Mr. Zahid Hussain
 Ms. Husan Ara
 FrieslandCampina Engro Pakistan Limited
 Dr. Amir Ahmed Shaikh
 Confiz Limited
 Mr. Riaz A. Gul
 Mr. Muhammad Arshad Saeed
 Mrs. Nighat Sher Muhammad



Help us help them
 become productive
 members of society

Cost	Treatment
PKR 5,330	The cost of Sight Restoration Cataract Surgery with an Intra-Ocular Lens Implant
PKR 46,480	The cost of Adult Retinal Detachment Surgery
PKR 10,230	The cost of Child Sight Restoration Surgery

LRBT Pakistan Bank Details:

Please deposit your Zakat at any of the following banks:

Account Title

**The Layton Rahmatulla
 Benevolent Trust**

Faysal Bank

Account No.
0330000131981129

Branch Code
0330

IBAN No.
PK89FAYS0330000131981129

Swift Code
FAYSPKKA

Standard Chartered Bank Limited

Account No.
01-6556450-01-00

Branch Code
047

IBAN No.
PK02SCBL0000001655645001

Swift Code
SCBLPKXXXX

United Bank Limited (UBL)

Account No.
010-4241-4

Branch Code
0949 – online

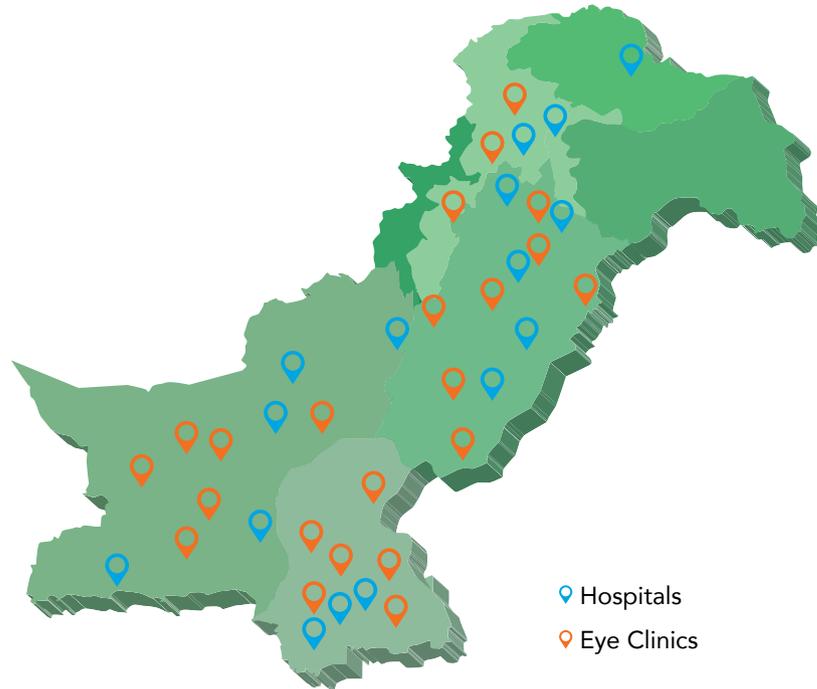
IBAN No.
PK84UNIL0112094901042414

Zakat Online:
<https://www.lrbt.org.pk/online-donate>

(Exempt under Section 61 of IT Ordinance 2001)

Giving Sight, Transforming Lives

SINCE 1985



LRBT, the largest provider of free eye care in Pakistan, has been serving the underprivileged in Pakistan since the last 35 years. With its 19 hospitals and 56 eye clinics nationwide, LRBT has transformed the lives of over 46 million patients by giving them the gift of sight. With its wide network covering 70% of Pakistan, no Pakistani is more than 3 hours' bus ride from any LRBT facility.

Help us achieve our mission,

"No man, woman or child should go blind simply because he/she cannot afford the treatment"

because 26 million patients still need our help.

Let's make Pakistan blindness free, together.

The Layton Rahmatulla Benevolent Trust (LRBT)
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UAN: 0800-44441 **T:** 021-35396600-5 **M:** 0315-8679600 **E:** lrbt@lrbt.org.pk
W: www.lrbt.org.pk **FB:** /lrbt.Pakistan
(Exempt under Section 61 of IT Ordinance 2001)

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