



Largest provider of eye care in Pakistan



Oct - Nov - Dec 2023 | Newsletter No. 154

iSARE

NEWSLETTER HIGHLIGHTS

- SUCCESS STORY
- SEEING IS BELIEVING
- PARTNERSHIP AGREEMENTS
- HIGHLIGHTS FROM AROUND THE WORLD
- PERFORMANCE DATA

Giving Sight Transforming Lives

GET IN TOUCH



Lrbt.Pakistan



lrbt_pakistan



lrbt_pakistan



/LRBTPK



lrbtPakistan



LRBT Pakistan



lrbtPakistan

Bakhtawar

Meet Bakhtawar – LRBT’s 55 millionth Patient!



B a k h t a w a r , a thirteen-year-old patient from Sakro, spends her days working rather than attending school. The family works all day to keep a roof over their heads, with Bakhtawar helping her parents tend

to a small patch of farmland and her father taking on an additional job as a rickshaw driver to supplement their income.

Bakhtawar’s parents noticed that she struggled to focus on certain tasks but were unable to afford to take her to a doctor for an eye examination. As she grew, they continued to worry about her weak eyesight, particularly after she had fallen while helping her mother in the kitchen. It was then that Bakhtawar’s mother noticed a translucent reflection in her left eye. Knowing the family could not afford medical care, she spoke with her brother who suggested they take Bakhtawar to the LRBT Primary Eye Care Clinic in Gharo.



At the clinic the family was told that Bakhtawar had congenital cataracts in both eyes and would require surgery. The news immediately caused her parents to worry, as they were unsure as to how they would afford to travel to Karachi for surgery. The team quickly assured them that all transportation would be arranged by LRBT, and that Bakhtawar would be comfortable throughout her journey and stay in Karachi.

Bakhtawar was one of 60 patients identified by the LRBT Gharo Primary Eye Care Clinic requiring surgery in Karachi. Shortly after her diagnosis, she was brought to LRBT Korangi for further examination and her cataract surgery, which took place the following Thursday.

Travelling to Karachi was an exciting adventure for Bakhtawar, who rarely had the opportunity to leave Sakro. It was a new experience to see the world beyond her village. Once the family reached the Korangi hospital, it felt as though young Bakhtawar was in a different world. She had not anticipated the sheer size of the hospital, or even the number of people receiving care there.

Bakhtawar’s left eye was successfully operated on, and after complete recovery she will be visiting Korangi once again for her second surgery. Her parents were immensely grateful to the staff in both Gharo and Korangi for their compassionate nature and dedication to their work.

“For people like us this level of medical care is unimaginable. Had it not been for LRBT, our daughter would have lost her vision completely in just a few short years,” her father stated. “Now that Bakhtawar is on the road to recovery she has become more confident when leaving the house and has expressed a desire to attend school.”

Bakhtawar, upon her journey home, said, “Thank you LRBT for helping children like me. I have been suffering from vision loss since I was a child, and now I am happier than ever as I can see properly.”



COPING WITH THE EVER-GROWING PATIENT VOLUME

LRBT started off as a small mobile unit in Tando Bago over **38** years ago. Over the years, it has spread throughout the country with **19 hospitals**, **51 primary eye care** and **5 outreach clinics**. The journey of growth and expansion continues.

Rahim Yar Khan | New Hospital



The construction of the Rahim Yar Khan hospital is nearing its final stages. The hospital and residences are now at an advanced level towards completion. Finishing work relating to paint, marble, aluminum windows and installing doors is presently taking place at different stages in the four residences alongside face work on the hospital building. Despite many administrative hurdles relating to lack of availability of utilities and District Authorities clearances, the project is progressing satisfactorily with 85% overall completion at this time. Most of the brick masonry and plaster work is nearing completion in two of the residences while the patients' canteen and guard room slab work is also in progress. The hospital's groundbreaking took place on 25th June 2022 and is scheduled for completion in June 2024. At the present pace of work, we hope to complete the project by the end of the first quarter of 2024.

This project is being executed through the full financial support for the purchase of land, equipment and construction of this hospital by a UAE-based donor who, in the past, has sponsored major renovation and expansion at the Khanewal and Gambat hospitals. This was followed by the construction of a new OPD and surgical complex at Lar, and a new hospital building at Mandra We are deeply indebted to the family for their unwavering support in assisting underprivileged patients across Pakistan.

LRBT at a glance



19 Hospitals

Largest eye care network with 19 hospitals nationwide.



56 Eye Clinics

We have 56 eye care clinics across Pakistan.



55 Million Patients

LRBT has treated over 55 million patients and enabled them to live independent and productive lives.



5.3 Million Surgeries

LRBT has performed over 5.3 million major & minor eye surgeries.



70% of Pakistan

Nationwide network covering approx. 70% of Pakistan.



03 Hours Bus Ride

No Pakistani is more than a 3-hour bus ride from any LRBT facility.

MILESTONES &
ACHIEVEMENTS
DURING

38

YEARS OF
EXCELLENCE



Eyecare Health Tip

It is extremely important to check newborns for retinopathy of prematurity (ROP) 4-9 weeks after birth to detect retinal issues in infants. Such measures will prevent further deterioration of the retina and prevent blindness as the child grows.

Dr. Fawad Rizvi, | Chief Consultant Ophthalmologist, Korangi Hospital.

LRBT

SEEING IS BELIEVING

Visits to LRBT



Dr. Faria Shah & Mr. Saeed (WESS Water Environment and Sanitation Society), visited the LRBT Secondary Eye Hospital, Quetta on 19th October 2023. She stated, "There are no words which can capture my experience at LRBT. I am highly impressed by the management, peaceful atmosphere, and high quality service. In short, it is excellent that the residents of Quetta have access to such a facility."

Mrs. Nighat Ali (Member Punjab Committee) with team, visited the LRBT Tertiary Teaching Eye Hospital, Lahore Township on 6th November 2023. She noted: "This is a state-of-the-art hospital. It was a pleasure to donate here. All my prayers for the team."



Ms. Naima Sheikh (Communication and Branding Focal person at the International Office Germany) and Benazir Awan (HR Manager CBM Country Office, Islamabad), visited the LRBT Tertiary Teaching Eye Hospital, Korangi, on 16th November 2023. Of her experience, she shared:

"I have always seen the work at LRBT from photos. It was amazing to get a firsthand experience, learn from the staff, and hear more about the organization. Thank you for the hospitality. I look forward to visiting again."

Mr. Muhammad Arif Daya, Mr. Faisal Latif, Mr. Muhammad Arafat Kamal, Ms. Asma Farooque, Ms. Sunaina Bai, Ms. Saadia Nawaz, Ms. Anum Atique, Mr. Muhammad Essa, and Mr. Farooq Ahmed. (OLP Financial Services), visited the LRBT Tertiary Teaching Eye Hospital, Korangi on 12th December 2023. The group expressed their appreciation for the staff, adding, "Our visit to LRBT was a wonderful experience. The tour was very informative, and the work LRBT does is commendable. We wish the LRBT team prosperity and are proud to be associated with this organization."



Mr. Salman Ahmed with his team (GM Cooperate Affairs SSGC), visited LRBT



Tertiary Teaching Eye Hospital, Lahore Multan Road on 15th Dec 2023. He stated, "It was a pleasure visiting this facility. It is a noble cause and we wish the organization the best of luck. We would make the special endeavor to support the organization in the best way".



Mr. Salwat Ahmed (Head Client Relations, OLP Modaraba) with six team members, visited LRBT Tertiary Teaching Eye Hospital, Lahore Multan

Road on 15th Dec 2023. He stated, "It was a pleasure visiting this facility. It is a noble cause and we wish the organization the best of luck. We would make the special endeavor to support the organization in the best way".



Obituary

Mr. Aitzaz Shahbaz

It is with great sadness that we inform you of the loss of our esteemed trustee Mr. Aitzaz Shahbaz, who passed away in October. During Mr. Shahbaz's 26 years at LRBT he served on the Managing Committee and as Chairman of the Audit Committee. We are extremely grateful to have received his counsel, may the Almighty grant him a place in Jannah and give his family the strength to bear this irreparable loss.

PARTNERSHIP AGREEMENTS

LRBT gives credit to its partners for its success and is proud to work with them on ongoing projects:

Sightsavers



Through a collaborative initiative, Sightsavers required LRBT to perform a total of 6,853 cataract surgeries in Sibi over a period of three years. The emphasis of this joint endeavor lies in addressing the healthcare needs of marginalized and economically disadvantaged communities, including the remote regions of Gwadar and Turbat along the southwestern coast of Balochistan. The project now focuses exclusively on Sibi for this calendar year. During the period of October to December 2023, 177 surgeries were successfully carried out in Sibi, contributing to a cumulative total of 4,072 surgeries during the project period.

Sightsavers had also committed funding for 2,000 cataract surgeries, administered at our Khanewal Hospital throughout the calendar year 2023. The targeted 2,000 cataract surgeries were successfully completed within the specified timeframe and concluded as planned in December 2023. In the framework of a PIEH project and in collaboration with another organization, supported by Sightsavers, LRBT is mandated to conduct six screening camps by the end of this year at various locations selected by their team. These camps were successfully executed, resulting in 86 sight-restoring surgeries during the period under review. We were able to surpass the target of 200 surgeries by performing 218 surgeries since the commencement of this project.



Brien Holden Foundation

During this quarter 32,091 children received

outpatient services. Of these, 13,120 were refracted while 2538 provided with prescription glasses as part of the “Children’s Vision Campaign”. Moreover, LRBT collaborates with BHF to manage seven optical shops located at our hospitals in Korangi, Gambat, Lar, Multan Road Lahore, Mandra, Shahpur, and Akora Khattak. These establishments within the hospital premises offer reasonably priced, quality eyewear, providing a valuable service. We intend to incorporate an Optical shop at our Rahim Yar Khan hospital upon its operational commencement in April 2024.

Furthermore, LRBT and BHF are working together on a research study titled "Assessment of Optical Shop Models' Efficacy in Pakistan". The research findings will contribute to the establishment of quality standards in refraction and optical dispensing, fostering improved planning for the enhancement of standard refractive/optical service. This project is scheduled to conclude in April 2024.



CBM International

LRBT is actively involved in implementing a comprehensive inclusive eye health project titled 'Strengthening of Inclusive Eye Care Services' in the Rahim Yar Khan District, in collaboration with CBM (Christian Blind Mission) and the College of Ophthalmology & Allied Vision Services (COAVS).

During this quarter, the updates on the project activities are as follows:

- **Eye Screening** - **20487 people** were **screened for eye diseases** and **refractive errors**. Of these, **5842** were screened at Basic Health Units,

5363 at Rural Health Centres, and 9282 at Tehsil Head Quarter Hospital, Sadiqabad.

- **Referrals** - **412 patients** identified with eye problems were referred from the primary eye care center to the secondary level for further diagnosis and treatment.

- **School Screening** - Under the project's School Screening component, 1044 school children were screened during the reporting period. Of these, 41 children were identified with vision problems and referred to the Rural Health Center for further examination and treatment.

- **Training of Health Staff**

- Training of School Health and Nutrition Supervisors in Tehsil Sadiqabad & Rahim Yar Khan Was carried out in School Eye Health Repaid assessment in Tehsil Rahim Yar Khan.

- Conducted Disability Inclusion and primary eye care training of

- o 16 Lady Health Supervisors/Visitors (Community Health Workers)

- o 35 members of Locally formed potential groups for Organizations for Persons with Disabilities (OPDs) and Self-Help Groups (SHGs)

- o 08 District Health Officials

- Skill enhancement training for 5 optometrists was organized. 3 of them were trained at Nishtar Medical University, Multan, while 2 attended a capacity building session at Lahore Ophthalmology Conference 2023, Lahore.

- **Eye Care Services Provision** – **6003 spectacles** were **prescribed** at 5 RHCs and one THQ Hospital, Sadiqabad. Out of these, **3659 spectacles** were **provided** to needy patients free of cost.

- o **285 cataract surgeries** were performed at THQ Hospital, Sadiqabad, and **Four (4) low-vision aids** were provided to the patients at Low Vision Clinic at THQ Hospital.

- **Dissemination of Inclusive Eye Health Materials** – More than **5 thousand brochures**

have been distributed in communities and schools, raising awareness of cataracts, refractive errors, and eye health and hygiene.

- **Mobility Aids Distribution on International Day of Persons with Disabilities** – Under the project, the International Day of Persons with Disabilities was celebrated with persons with disabilities to create awareness of inclusion and disability rights. During the awareness session, **10 wheelchairs, 50 white canes, and 10 crutches** to persons with disabilities.

- **CBM International Team Visit**

Ms. Naima Sheikh, Communication and Branding Focal person, CBM and Benazir Awan (HR Manager CBM Country Office, Islamabad) visited LRBT Korangi Hospital on 16th Nov 2023. The Inclusive Eye Health Program Manager at LRBT presented CBM Branding implemented in Korangi Hospital, LRBT Mandra Hospital, and the Inclusive Eye Health Project Rahim Yar Khan.



FHF Cataract Surgeries



The Fred Hollows Foundation

Under the 'National Sight Restoring Project' agreement between the Fred Hollows Foundation and LRBT, we were requested to carry out 5,060 cataract surgeries at five designated LRBT hospitals from July 2023 to June 2024. We have successfully completed 1,012 sight-restoring surgeries during the period under review. The project is advancing well and is anticipated to conclude, as

planned.

The Fred Hollows Foundation (FHF) has also generously financially supported the acquisition of essential medical equipment to enhance the capacity of our Mansehra hospital. This contribution will significantly strengthen our health-care services, ensuring the delivery of quality care to our community. We sincerely appreciate FHF's invaluable support in assisting us in upgrading our healthcare equipment.

Government of Sindh



The Government of Sindh generously granted Rs. 80 million for LRBT in fiscal year 2023-24, enabling 11,905 cataract surgeries to conduct at our five Sindh Hospitals within a year. Surpassing our quarterly target, we've have completed 5,953 surgeries till the end of December 2023. We are deeply grateful to the Sindh Government for unwavering support.



Through collaboration between OBAT and LRBT, state of the art and essentially required ophthalmic equipment was received during this quarter. Thanks to a generous Canadian donor and OBAT's assistance, the outdated and unreliable equipment has been replaced, enhancing cataract surgeries at our Shahpur and Mansehra Hospitals.



In their remarkable and outstanding effort to alleviate curable blindness in Pakistan, APPNA has, for a number of

years been purchasing corneas in USA and donating them to LRBT for transplantation on patients. This initiative has transformed the lives of thousands of individuals and has been a game changer for families especially those dependent on a single bread earner. During the period under review, 14 corneas were sent to LRBT for corneal transplants. We are deeply indebted and grateful to APPNA for their unflinching support.

Eyecare Health Tip

"To slow down the rate of vision loss caused by glaucoma, patients should follow a series of preventative measures to keep the situation under control. Regular eye exams are key to catching the disease at its earliest stages. It is imperative that patients who have been diagnosed with glaucoma use medication as directed by their doctor, and - for further treatment - seek information about laser treatments and other surgical options to prevent irreversible blindness."

Dr Afshan Ali,
Head of Glaucoma Department.
LRBT

HUMAN RESOURCE DEVELOPMENT

1. HUMAN RESOURCE DEVELOPMENT

DOCTORS QUALIFICATIONS

The attached list of doctors have recently acquired the following qualifications.

1. Dr. Moomal Naseer	-	Lahore Township Hospital	FCPS
2. Dr. Fahad Hussain Akram	-	Lahore Township Hospital	FCPS
3. Dr. M. Usama Manzoor	-	Lahore Township Hospital	FCPS
4. Dr. M. Zeeshan Azhar	-	Lahore Township Hospital	FCPS

At present **46 FCPS** and **11 MCPS**, trainees are undergoing postgraduate training.

CONTINUOUS MEDICAL EDUCATION

106 of our doctors at the Tertiary and Secondary Hospitals are presently undergoing various types of procedural training.

2. TRAINING & DEVELOPMENT

LRBT School of Ophthalmic Paramedicine



SESSION 2024: An advertisement for admissions has been published in the local newspaper. The collection of applications and the selection process for Ophthalmic Assistant, Ophthalmic Technician, Ophthalmic Operation Theatre (OT) Technician, and Refractionist Courses have also been completed. A total of 30 new candidates were selected from all over Pakistan while 10 candidates from the second year Ophthalmic Assistant Diploma are already participating in these courses. Classes commenced from 1st January 2024.

SESSION 2023: Students from Punjab and Sindh completed their academic session in December 2023 and appeared in their final exam at Sohail University. Their results are awaited.

OTHER TRAINING PROGRAMS

- 19 staff members from our Central Office, Tertiary and Secondary Eye Hospitals attended online training on:
- Financial Policies & Procedures on 7th October 2023.
- Procurement Policies & Procedures on 7th November 2023.
- Safeguarding on 11th November 2023.

34 IT Incharges and Computer Operators from our Tertiary and Secondary Eye Hospitals attended an online training session on MIS Applications on 15th November 2023.

27 Counselors from all LRBT Hospitals attended one-day online training on Patients Zakat Evaluation on 2nd December 2023, conducted

by our Shariah Advisor.

12 staff members from our Central Office, Tertiary and Secondary Eye Hospitals attended one-day training on the Protection against Harassment of Women at Workplace (PHWWP) on 12th December 2023 at Camp Office of Provincial Ombudsman Sindh in Karachi.

56 identified key employees from our Central Office, Tertiary and Secondary Eye Hospitals attended one-day online training on LRBT's Policy on Anti-Money Laundering (AML) & Countering the Financing of Terrorism (CFT) on 7th October 2023.

17 IT Incharges from our Tertiary and Secondary Hospitals attended one-day online training on MIS Operations on 4th October 2023.

3. APPOINTMENTS

Dr. Khalid Masood Ashraf from our Mandra Hospital was appointed as Facilitator for Phacoemulsification Wet Lab Workshop on 14th December 2023 at Rawalpindi Medical University.

Dr. Syed Shameem Ahmed from our Korangi Hospital was appointed as Examiner for MCPS (Ophthalmology) TOACS & Clinical Examination Session September 2023 on 11th November 2023 at CPSP Karachi.

Dr. Omar Ilyas from our Akora Khattak Hospital attended MCQs Review Session on 3rd November 2023 at CPSP Peshawar.

Dr. Jawad Bin Yammin Butt from our Lahore Township Hospital was appointed as Assessor for FCPS-II (Vitreous Retinal Ophthalmology)

Session Sep-2023 on 18th October 2023 at CPSP Lahore.

Prof. Dr. Zeeshan Kamil from our Korangi Hospital was appointed as:

- Examiner for FCPS-II (Paediatric Ophthalmology and Strabismus) TOACS & Clinical Examination Session September 2023 on 02nd December 2023 at CPSP Karachi.
- Examiner for FCPS – II (Orbit & Oculoplastic) TOACS & Clinical Examination Session September 2023 on 25th November 2023 at CPSP Karachi.
- External Examiner for MBBS 4th Year Annual Batch-25 from 15th to 16th November 2023 at Ziauddin University, Karachi.
- TOACS & Paper Setter for FCPS – II (Orbit & Oculoplastic) TOACS & Paper Setting Session September 2023 & March 2024 from 1st to 2nd November 2023 at CPSP Karachi.
- Examiner for FCPS-II (Ophthalmology) TOACS & Clinical Examination Session August 2023 from 9th to 12th October 2023 at CPSP Karachi.
- External Examiner for Eye OSCE Examination for Class of 2025 on 7th October 2023 at Aga Khan University Hospital.

Prof. Dr. Syed Fawad Rizvi from our Korangi Hospital was appointed as:

- External Examiner for MBBS 4th Year Annual Batch-25 from 15th to 16th November 2023 at Ziauddin University, Karachi.
- TOACS Setter for FCPS – II (Vitreous Retinal Ophthalmology) TOACS Setting Session September 2023 from 3rd to 4th November 2023 at CPSP Karachi.
- Examiner for CHPE Examination at Jinnah Medical & Dental College at 13th October 2023.
- Examiner for FCPS-II (Ophthalmology) TOACS & Clinical Examination Session August 2023 from 9th to 11th October 2023 at CPSP Karachi.

4. WORKSHOPS

Dr. Muhammad Khalid Mahmud, Dr. Hammad Asghar, and Dr. Hamama Barry attended skills development workshops at CPSP.

Dr. Hunain Razzak Ghoghari and Dr. Muhammad Omar Hassan from our Korangi Hospital attended the Certificate Program in Health Professions Education (CHPE) 4th to 8th December 2023 at Sohail Trust Hospital, Karachi.

Prof. Dr. Zeeshan Kamil from our Korangi Hospital attended the OSP Presentation of POA (Pakistan Oculoplastic Association) on 18th November 2023 at Indus Hotel, Karachi.

Prof. Dr. Syed Fawad Rizvi from our Korangi Hospital attended the ROP workshop on 28th October 2023 at Aga Khan University Hospital, Karachi.

5. CONFERENCE / MEETINGS

The 41st Lahore Ophthalmology/ 7th APOTS (Asia Pacific Ophthalmic Trauma Society) Conference was held in PC Hotel, Lahore, from 8th to 10th December 2023. Dr. Fatima Ahmed from our Korangi Hospital and various doctors from the Lahore Township Hospital participated in the conference. The following doctors won awards:

- a. Dr. Hamza Ali Tayyab won the first prize for the video competition of challenging cases. His topic was "Management of premature cataract with subsequent scleral fixation."
- b. Dr. Usama Qazi secured a medal for 2nd position in the Poster Presentations. He presented a poster with details for a case study done at LRBT Township with the title "Mystery Maculopathy" which explored the effects of dengue virus on the human eye and retina, as well as the procedure followed to treat this condition.
- c. Dr. M. Abdullah Mazhry received a trophy for 3rd position in the ophthalmology picture competition.



Eyecare Health Tip

Encourage children to follow the 20-20-20 rule: look at something 20 feet away every 20 minutes for 20 seconds. This will provide screen breaks and prevent irritation.

Dr. Amina Ali
Pediatric Ophthalmology Department
LRBT

Highlights from Around the World

PAKISTAN



World Sight Day 2023

World Sight Day was an occasion to remember this year as the entire LRBT network took part the event on October 12th. Each hospital marked the occasion with a celebration and talks about the important of the #LoveYourEyes campaign, with a session on safe practices at work.

The campaign was also featured on television, in print, and on the radio:

- Featured in Dawn news, article by Shazia Hasan's 'Every Day is World Sight Day at LRBT'. – October 12th.
- Dr. Rizwan Rasheed invited on FM 105's 'Jaan Hai to Jahan Hai' from 10-11am - October 12th.
- Dr. Fawad Rizvi and LRBT Korangi were featured on Dawn News' 'Zara Hat Kay' – October 13th.
- Lar Multan awareness session featured in Press Club Lar Multan on October 16th.
- The LRBT team visited the Center for Autism Rehabilitation and Training, Sindh (C-ARTS) to spend the day with children with physical and mental disabilities, where they conducted free eye scans and held an awareness session with teachers and parents to inform them of safe eye health practices.



World Sight Day Fundraiser

LRBT held a musical fundraiser in honor of World Sight Day 2023 on October 15th 2023 at the Movenpick Hotel, Karachi. Global Goodwill Ambassador HSY attended the event to share his journey with LRBT and introduce our 54 millionth patient. Celebrated singer Shafqat Amanat Ali was invited to lead a musical performance to celebrate the Love Your Eyes campaign. LRBT would like to thank Ms. Pomme Amina Afzal and the team at Phenomena for helping make the event a rousing success.



'Virsa' Honored at the Gourmand Awards, Riyadh

LRBT is proud to congratulate Shehar Bano Rizvi on being honored once again at the Gourmand Awards in Riyadh for her cookbook, Virsa. All proceeds have been donated to our cause to fight curable blindness.



Celebrating 38 Years of Service

LRBT celebrated 38 years of providing free eye care to the poor on November 15th. Celebrations were held at hospitals and clinics across the LRBT network with staff members and patients, with images of the festivities shared on social media.



Special Olympics Pakistan Opening Eyes Program, Malaysia

Dr. Mahwash Khan, Head of Community Eye Care at LRBT and Regional Trainer for SOP's Opening Eyes Program, lead an eye screening session for special children at the Special Olympics Healthy Athletes Program in Malacca,

Highlights from Around the World

Malaysia. Over 130 participants attended from around the country.



Congratulations to HSY

LRBT congratulates our Global Goodwill Ambassador, HSY, on celebrating 30 years as an icon in the fashion world. His dedication to our cause has been invaluable, and LRBT thanks him for being a beacon of hope by using his platform to champion our cause to eradicate curable blindness.



CAS Internship

Twenty students from the CAS School participated in this year's LRBT Winter Internship Program from December 11-22. They engaged closely with patients to create patient stories, learned about each element of patient care from our doctors, and held their own fundraising initiatives to raise funds for LRBT. We thank them for their dedication to their work with LRBT and wish them the best for the future.

Graham Layton Trust GLT

South Coast Ultra challenge

The Graham Layton Trust participated in South Coast Ultra Challenge trek to raise £11,000 for sight restoration surgeries for the underprivileged in Pakistan. We thank the fantastic team for undertaking the 25k trek. GLT would like to thank: Masarrat Husain, Adiba Zaheen, Aslam Aziz, Haris Sufi, Altaf Malick, Nafeesa Zulfiqar, Omar Malick, Martin Giullomet, Rehana Mir, Shahid Mir, Zara Zaheen, and Nusrat Mirza.



Dr. Samir Jivanjee, Lead Optometrist at Western Eye Hospital, London, visits LRBT Korangi

Dr. Jivanjee met with staff and spoke about his work in adult and pediatric optometry. This valuable session motivated and empowered our optometrists, refractionists, and biomedical technologists to enhance their expertise in their respective area. We extend our gratitude to Dr. Jivanjee for this insightful and inspiring session.



KORT Eye Camp

Through GLT's collaboration LRBT arranged an eye screening camp at Kashmir Orphans Relief Trust (KORT). Approximately 500 children and staff members were screened, and 35 children were provided free glasses. Choudhry Mohammed Akhtar, the founder of KORT, was grateful to GLT for providing the complimentary eye camp for orphaned children. By ensuring eye problems are detected and treated early, every child can look forward to a future of opportunities.



USA



LRBT USA was presented with an acknowledgement award at LRBT Global Goodwill Ambassador, New York. The fashion show was part of a weekend full of activities including APPNA New York's annual banquet. The award was recognized LRBT's life-changing work to provide free and accessible eye care to 80% of Pakistan's population. Members of LRBT USA's Board of Trustees Dr. Noaman Sanni (President, LRBT USA), Erik Flynn and Laila Waheed received the award at the event.



During this quarter, 14 corneal grafts were carried out at LRBT hospitals. We are thankful to APPNA (Association of Physicians of Pakistani descent of North America) for donating the corneas. Organ donation as a whole is still a challenge in Pakistan due to a hesitant donor base. Endorsements of organ donation in the light of Islamic literature and fatwas from national and international Islamic scholars and councils can be found on:

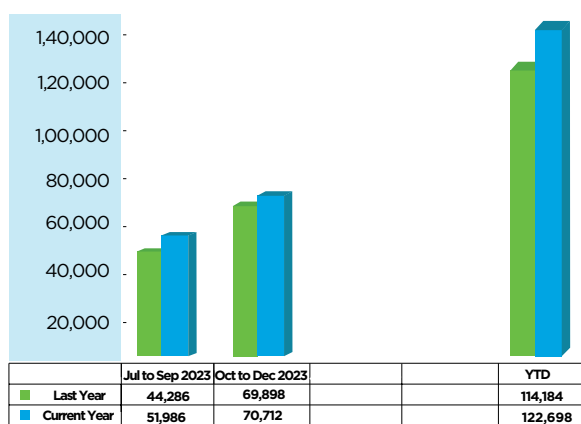
<https://lr-bt.org.pk/how-you-can-help/cornea-donation/>.

If you are residing in Karachi, Lahore or Quetta and would like to become a cornea donor, please visit: <https://www.lrbt.org.pk/wp-content/uploads/2018/05/CorneaDonation.pdf>

Performance data



OPDs VISITS

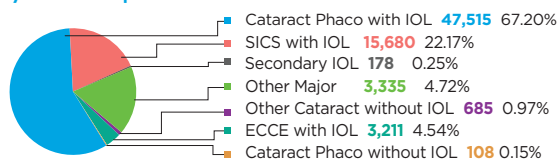


Major Surgeries



Minor Surgeries

MAJOR SURGERIES July 2023 to Sept 2023



Total Major Surgeries **70,712**

Total Cataract Surgeries **67,377 (95% of Total Major Surgeries)**

Cataract Surgeries with IOLs **66,584 (99% of Total Cataract Surgeries)**

Cumulative Summary of Total OPDs & Surgeries Since Inception to 31st Dec 2023

Hospital	Commencement Date	Total OPD Patients	Total Surgeries	Total
KORANGI	26 th Oct 1986	9,248,319	944,460	10,192,779
LAHORE	14 th May 1987	8,937,219	912,850	9,850,069
AKORA KHATTAK	20 th Oct 1990	2,982,622	319,865	3,302,487
ARIFWALA	15 th Dec 2008	1,530,996	138,544	1,669,540
ODIGRAM	26 th Sep 2013	2,339,328	288,183	2,627,511
GAMBAT	20 th Mar 1988	2,878,911	431,247	3,310,158
KHANEWAL	2 nd Jan 2006	1,588,466	161,491	1,749,957
LAR	15 th Feb 1999	3,079,045	354,785	3,433,830
MANDRA	15 th Mar 2005	1,771,818	239,154	2,010,972
MANSEHRA	8 th Nov 2005	1,392,570	130,262	1,522,832
PASRUR	17 th Mar 2008	1,183,427	149,437	1,332,864
QUETTA	23 rd Oct 2000	1,890,780	145,025	2,035,805
RASHIDABAD Tando Adam 01/02/87 to 01/06/08)	2 nd June 2008	2,568,349	316,148	2,884,497
SHAHPUR SADDAR	4 th Nov 2004	2,010,531	269,658	2,280,189
TANDO BAGO	15 th Nov 1985	2,167,889	257,360	2,425,249
NORTH KARACHI	2 nd Jan 2012	1,165,191	112,989	1,278,180
SIBI	1 st Jul 2015	223,370	14,535	237,905
KALAKALAY	1 st Jul 2015	452,534	47,337	690,883
CHINIOT	1 st Jan 2015	452,534	42,881	495,415
LAHORE-MULTAN ROAD	Aug 2015	784,992	67,610	852,602
TURBAT (MALC)	15 th Nov 1985	34,301	3,154	37,455
GAWADAR (MALC)	15 th Nov 1985	45,916	4,709	50,625
KHEWRA (ICI)	May 1991	172,900	19,788	192,688
SADIQABAD CBM BMZ Project		162,529	1,534	164,063
Tando Adam		36,057	1,516	37,573
TOTAL		49,291,606	5,374,522	55,070,038

EYE SCREENING CAMPS

- 2 x Akora Khattak, with HelpAge International & Idea
- 2 x Khanewal, with Pakistan Inclusive Eye Health (PIEH)
- 5 x Korangi, with **K-Electric, Lucky Core Foundation, NOWPDP** and **Lucky Cement**
- 3 x Gambat & Lar Multan, with **PAK-ARAB REFINERY LIMITED** and **Lal pir AES**

A total of **5,672 patients** were examined, out of which **4,595** were medicated, **2,078** refracted and **1,186** were referred to LRBT hospitals for detailed examination and surgery.

Help us help them become productive members of society

Cost	Treatment
PKR 7,800	The cost of Sight Restoration Cataract Surgery with an Intra-Ocular Lens Implant
PKR 67,500	The cost of Adult Retinal Detachment Surgery
PKR 15,400	The cost of Child Sight Restoration Surgery

LRBT Pakistan Bank Details

Please deposit your zakat / donation at any of the following banks:

ZAKAT BANK ACCOUNTS	DONATION BANK ACCOUNTS
<p>Account Title The Layton Rahmatulla Benevolent Trust</p> <hr/> <p>Bank Al Habib - Conventional Account No. 1102-0081-000400-02-0 Branch Code : 1102 Khayaban-e-Ittehad Branch</p> <hr/> <p>Meezan Bank Limited – Islamic Account No. 01130100221205 Branch Code : 0113 Khayaban-e-Sehar Branch</p>	<p>Account Title The Layton Rahmatulla Benevolent Trust</p> <hr/> <p>Bank Al Habib - Conventional Account No. 1102-0081-000400-01-9 Branch Code : 1102 Khayaban-e-Ittehad Branch</p>

(Exempt under Section 61 of IT Ordinance 2001)

Zakat Online: <https://www.lrbt.org.pk/online-donate>

LRBT WORLDWIDE



PAKISTAN:

The Layton Rahmatulla Benevolent Trust (LRBT)

37-C, Sunset Lane No. 4, Phase II Extension,
DHA, Karachi - 75500

UAN: 0800-44441

T: 021-35396600-5

M: 0315-8679600

E: lrbt@lrbt.org.pk

W: www.lrbt.org.pk



CANADA

LRBF

Online Donation: www.lrbfoundation.ca

Cheques in favour of: **OBAT Canada**

In the memo on the cheque mention for **LRBT**

Mail Cheque to: Mr. Ashfaque Azad

1 Bloor Street East , Unit 304 , Toronto, ON

M4W 0A8 , Canada.

T: 1-289-217-1186 **M:** 416-939-0426

E: ashazad@icloud.com

W: lrbfoundation.ca



UNITED KINGDOM

GRAHAM LAYTON TRUST (GLT) - A SISTER CHARITY TO LAYTON RAHMATULLA BENEVOLENT TRUST (LRBT).

T: 44 (0) 203 397 1433

E: enquiries@glt.org.uk

W: www.glt.org.uk/donate

HSBC Bank: Graham Layton Trust

Sort code: 40-05-18

Account Number: 72684977

Foundation (Account LRBT)

Send a cheque to:

GLT, 24 Bedford Row, London WC1R, 4TQ

(GLT - UK registered charity no. 290464)



USA

LRBT USA

Chase

ROUTING: 021000021

Account: 196066705

A: 1815 State St , Watertown, NY 13601

W: www.Lrbtusa.com

E: info@lrbtusa.com

T: 315-779-8044